

Prior Authorization Request Form for  
**phentermine/topiramate ER (Qsymia)**



JOHNS HOPKINS  
 HEALTHCARE

7231 Parkway Drive, Suite 100, Hanover, MD 21076

**USFHP Pharmacy Prior Authorization Form**

| To be completed by Requesting provider |                      |
|--|----------------------|
| Drug Name:                             | Strength:            |
| Dosage/Frequency (SIG):                | Duration of Therapy: |

**FAX Completed Form and  
 Applicable Progress Notes to:  
 (410) 424-4037**

**Questions?** Contact the Pharmacy Dept at: (888) 819-1043, option 4

Clinical Documentation must accompany form in order for a determination to be made.

**Step 1** Please complete patient and physician information (please print):

|                        |       |                 |       |
|------------------------|-------|-----------------|-------|
| <b>1</b> Patient Name: | _____ | Physician Name: | _____ |
| Address:               | _____ | Address:        | _____ |
| Sponsor ID #           | _____ | Phone #:        | _____ |
| Date of Birth:         | _____ | Secure Fax #:   | _____ |

**Step 2** Please complete the clinical assessment:

|   |   |   |
|---|---|---|
| 1. Has the patient received this medication under the TRICARE benefit in the last 6 months? <i>Please choose "No" if the patient did not previously have a TRICARE approved PA for Qsymia</i>   | <input type="checkbox"/> Yes<br>(subject to verification)<br><br>Proceed to question 14 | <input type="checkbox"/> No<br><br>Proceed to question 2                |
| 2. Is the patient GREATER THAN or EQUAL to 18 years of age?   | <input type="checkbox"/> Yes<br><br>Proceed to question 3                               | <input type="checkbox"/> No<br><br><b>STOP</b><br>Coverage not approved |
| 3. Has the patient tried and failed generic phentermine?  | <input type="checkbox"/> Yes<br><br>Proceed to question 4                               | <input type="checkbox"/> No<br><br><b>STOP</b><br>Coverage not approved |
| 4. Has the patient tried and failed to achieve a 5 percent reduction in baseline weight after a 12 week course of phentermine?  | <input type="checkbox"/> Yes<br><br>Proceed to question 5                               | <input type="checkbox"/> No<br><br><b>STOP</b><br>Coverage not approved |
| 5. Does the patient have a history of cardiovascular disease (e.g., arrhythmias, coronary artery disease, heart failure, stroke, uncontrolled hypertension), hyperthyroidism, or other significant contraindication to the requested agent? | <input type="checkbox"/> Yes<br><br><b>STOP</b><br>Coverage not approved                | <input type="checkbox"/> No<br><br>Proceed to question 6                |
| 6. Does the patient have BMI GREATER THAN or EQUAL to 30, or a BMI GREATER THAN or EQUAL to 27 for those with risk factors in addition to obesity (diabetes, impaired glucose tolerance, dyslipidemia, hypertension, sleep apnea)?          | <input type="checkbox"/> Yes<br><br>Proceed to question 7                               | <input type="checkbox"/> No<br><br><b>STOP</b><br>Coverage not approved |

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| <p>7. Has the patient has engaged in a trial of behavioral modification and dietary restriction for at least 6 months and has failed to achieve the desired weight loss, and will remain engaged throughout course of therapy?</p>   | <p><input type="checkbox"/> Yes<br/>Proceed to question 8</p>                 | <p><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p>8. Is the patient an Active Duty Service Member?</p>  | <p><input type="checkbox"/> Yes<br/>Proceed to question 9</p>                 | <p><input type="checkbox"/> No<br/>Proceed to question 10</p>                |
| <p>9. Is the individual enrolled in a Service-specific Health/Wellness Program AND adhere to Service policy, AND will remain engaged throughout course of therapy?</p>   | <p><input type="checkbox"/> Yes<br/>Proceed to question 10</p>                | <p><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p>10. Is the patient pregnant?</p>  | <p><input type="checkbox"/> Yes<br/><b>STOP</b><br/>Coverage not approved</p> | <p><input type="checkbox"/> No<br/>Proceed to question 11</p>                |
| <p>11. Will the prescriber abide by and has the patient been informed of the REMS and the following safety concerns associated this medication; Use in combination with other products intended for weight loss has not been established, Use in patients with increased cardiovascular risk has not been established, Qsymia is pregnancy category X and is associated with increased risk of teratogenicity?</p> | <p><input type="checkbox"/> Yes<br/>Proceed to question 12</p>                | <p><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p>12. Does the patient have impaired glucose tolerance or diabetes?</p>   | <p><input type="checkbox"/> Yes<br/>Proceed to question 13</p>                | <p><input type="checkbox"/> No<br/><b>Sign and date below</b></p>            |
| <p>13. Has the patient tried metformin first, or is concurrently taking metformin?</p>   | <p><input type="checkbox"/> Yes<br/><b>Sign and date below</b></p>            | <p><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p>14. Is the patient currently engaged in behavioral modification and on a reduced calorie diet?</p>  | <p><input type="checkbox"/> Yes<br/>Proceed to question 15</p>                | <p><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p>15. Has the patient lost GREATER THAN or EQUAL to 5 percent of baseline body weight since starting medication?</p>  | <p><input type="checkbox"/> Yes<br/>Proceed to question 19</p>                | <p><input type="checkbox"/> No<br/>Proceed to question 16</p>                |
| <p>16. Is the patient currently receiving Qysmia at a dose of 7.5 mg / 46 mg daily?</p>  | <p><input type="checkbox"/> Yes<br/>Proceed to question 17</p>                | <p><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p>17. Has the patient lost GREATER THAN or EQUAL to 3 percent of baseline body weight since starting medication?</p>  | <p><input type="checkbox"/> Yes<br/>Proceed to question 18</p>                | <p><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |
| <p>18. Will the dose of Qsymia be escalated to 15 mg/ 92 mg?</p>   | <p><input type="checkbox"/> Yes<br/>Proceed to question 19</p>                | <p><input type="checkbox"/> No<br/><b>STOP</b><br/>Coverage not approved</p> |

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|--|--|---|
| 19. Is the patient pregnant?   | <input type="checkbox"/> Yes<br><b>STOP</b><br>Coverage not approved | <input type="checkbox"/> No<br>Proceed to question 20               |
| 20. Is the patient an Active Duty Service Member?  | <input type="checkbox"/> Yes<br>Proceed to question 21               | <input type="checkbox"/> No<br><b>Sign and date below</b>           |
| 21. Does the individual continue to be enrolled in a Service-specific Health/Wellness Program AND adheres to Service policy, AND will remain engaged throughout course of therapy? | <input type="checkbox"/> Yes<br><b>Sign and date below</b>           | <input type="checkbox"/> No<br><b>STOP</b><br>Coverage not approved |

**Step 3** I certify the above is true to the best of my knowledge. Please sign and date:

\_\_\_\_\_ Prescriber Signature

\_\_\_\_\_ Date

[28 August 2019]

| <b>For Internal Use Only</b>               |                                    |
|--|------------------------------------|
| <input type="checkbox"/> Approved:         | Duration of Approval: ____month(s) |
| <input type="checkbox"/> Denied:           | Authorized By:                     |
| <input type="checkbox"/> Incomplete/Other: | PA#:                               |
| Date Faxed to MD:                          | Date Decision Rendered:            |