



Surviving Survivorship: Living with Cancer

A free conference for patients & caregivers

Saturday, October 26, 2019

12:00 PM – 4:00 PM

Free Parking

BWI Airport Marriott Hotel

1743 West Nursery Road

Linthicum, MD 21090

Luncheon Speaker
“Call the Nurse! Your
Partner in Survivorship”



Deborah J. Baker
Senior Vice President
For Nursing
Johns Hopkins Health System
Vice President for
Nursing and Patient Care
The Johns Hopkins Hospital

An outstanding leader,
Dr. Baker earned her
bachelor’s, master’s and
doctoral degrees at JHU
School of Nursing, and began
her career in 1992 as a
clinical surgery nurse at JHH.

This free annual
conference is designed
to address your unique
needs, as a cancer
survivor or caregiver.
Make plans now
to join us!

- 11:30 AM Registration
- 12:00 – 1:30 PM Complimentary Seated Lunch & Featured Speaker
- 1:30 - 1:45 PM Break / Exhibitors
- 1:45 – 2:45 PM Workshop #1
- 2:45 – 3:00 PM Break
- 3:00 – 4:00 PM Workshop #2

Your Workshop Choices:

- **Yoga for Everyone**, led by Kelley Cohill, LCSW-C, Clinical Social Worker, The Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins
- **A Doctor’s Perspective on Survivorship**, led by Joe Murray, MD, PhD The Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins
- **Hope and Faith: Spiritual Resources for Life’s Journey**, led by Rev. Tamekia Milton, MDiv Chaplain and ACPE Pastoral Educator, The Johns Hopkins Hospital
- **Bow Wow Pals: Pets as Healing Therapy**, led by Stephanie Cooper Greenberg and our Pet Therapy friends at Johns Hopkins Hospital
- **Laughter is the Best Medicine!** led by Laura Baer, Certified Laughter Leader
- **Knowing your Health Insurance Appeal Rights**, led by Adrian Redd, MA, MPA Ombudsman, Office of Attorney General, State of Maryland

Space is Limited – Click [here](#) to register by October 7
or go to bit.ly/SurvivorshipConference2019 - or call 410-955-8934

While there is no cost to register, we ask for your full commitment to attend.
If unable to attend, please notify us at your earliest convenience.

Hosted by

*The Johns Hopkins Hospital • The Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins
Howard County General Hospital • Sibley Memorial Hospital • Suburban Hospital •
The Johns Hopkins Bayview Medical Center • Johns Hopkins Community Physicians*

Sponsored by The Harry J. Duffey Family Patient and Family Services Program

You become a cancer survivor the day of your diagnosis.

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Surviving Survivorship: Living with Cancer Workshops – October 26, 2019



Yoga for Everyone, led by Kelley Cohill, LCSW-C

Clinical Social Worker, The Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins

Learn simple tools to relieve stress and promote well-being, including seated yoga, breathing techniques, and mindfulness practices that will lift your mood. No previous experience required; all are welcome!



A Doctor's Perspective on Survivorship, led by Joe Murray, MD, PhD

The Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins

Would you like to hear the doctor's point of view on survivorship? Dr. Murray will share his perspectives as a physician and researcher, as well as respond to your questions.



Hope and Faith: Spiritual Resources for Life's Journey, led by Tamekia Milton, MDiv

ACPE Certified Chaplain Educator, The Johns Hopkins Hospital

Hope may be considered the essence of one's spirituality and at the heart of faith. This session will bring together the participants' spiritual wisdom about living with hope.



Bow Wow Pals: Pets as Healing Therapy, led by Stephanie Cooper Greenberg

Coordinator, Pet Therapy Program, The Johns Hopkins Hospital

Interact with certified Pet Therapists and their trusty "bow wow pals", to experience first hand and learn about the human-animal interactions that can become positive therapeutic interventions in survivors' lives.



Laughter is the Best Medicine! led by Laura Baer, Certified Laughter Leader

Laughter is a safe, healthy and fun therapy for anyone dealing with daily stress of living, including living with an illness. This session will be unlike any other as you laugh with Laura and your new friends!



Knowing your Health Insurance Appeal Rights, led by Adrian Redd, MA, MPA

Health Ombudsman, Office of the Attorney General, State of Maryland

The Health Education and Advocacy Unit has assisted thousands of consumers, and Ms. Redd is well versed in the "ins and outs" of your right to appeal health insurance decisions and the steps involved.

You are invited to choose two of these workshops during registration.

To register click [here](#) or go to bit.ly/SurvivorshipConference2019

For information call 410-955-8934.