

# Did your patient get out of bed today?

Even if your patient cannot walk far, encourage them to get out of bed as much as possible.



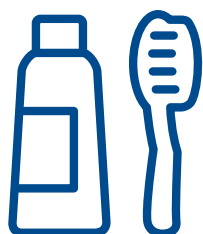
**Stand beside bed**



**Move to chair**



**Eat in chair**



**Stand while brushing teeth**

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