

Health Care and Research Resources

Ingrid Pretzer-Aboff, PhD, R.N.
University of Delaware, Newark, DE
302-831-3327
iaboff@udel.edu

Becky Dunlop, R.N., B.S.N.
Johns Hopkins University, Baltimore, MD
410-955-8795
rdunlop@jhmi.edu

Ilene Shevrin, MPH
University of Maryland School of Medicine
410-328-3333
ishevrin@som.umaryland.edu

Suzanne Reichwein, B.A.S.W.
University of Pennsylvania Hospital, Philadelphia, PA
215-829-7273
sreichwein@pahosp.com

Susan Curry, R.N., B.S.
Crozer Chester Medical Center, Upland, PA
610-447-2911
susan.curry@crozer.org

Christopher Knight
University of Delaware, Newark, DE
302-831-6175
caknight@udel.edu

Tara E. Trout
Neuropulmonary Technician
Nanticoke Memorial Hospital, Seaford, DE
302-629-6611 ext. 3815
trout@nanticoke.org

Carla Smith
MSPT, NCS
Shore Health Rehabilitation, Easton, MD
410-822-3080
carsmith@shorehealth.org

Christine Virion, MA, CCC/SLP
Christiana Care Health System, Newark, DE
302-428-6730
cvirion@christianacare.org

Regional Parkinson Medical Centers

University of Pennsylvania Hospital
Parkinson's Disease & Movements Disorder Ctr.
Philadelphia, PA 215-829-7273

Johns Hopkins University
Parkinson's Disease & Movements Disorder Center
Baltimore, MD 410-955-8795

University of Maryland, Baltimore
Maryland Parkinson's Disease & Movements
Disorder Center
Baltimore, MD 410-328-7797

Georgetown University
Movements Disorder and Parkinson's Center
Washington, DC 202-444-2333

Virginia Commonwealth University
Parkinson's Disease and Treatment Center
Richmond, VA 804-828-9720

National Parkinson Support Organizations

Parkinson's Action Network
800-850-472/www.parkinsonsaction.org

National Parkinson's Foundation
800-327-4545/www.parkinsons.org

Michael J. Fox Foundation
800-708-7644/www.michaeljfox.org

American Parkinson's Disease Association
800-223-2732/www.apdaparkinsons.org

Parkinson's Disease Foundation
800-457-6676/www.pdf.org

<http://www.delmarvaparkinsonsalliance.org>

Chairman: Art Cooley
410-749-8511/art.cooley@gmail.com

Vice-Chairman: Dennis Leebel
302-644-3465/blleebel@verizon.net

Secretary: Kent Kimmel
410-749-3617/knkimmel@comcast.net



Delmarva Parkinson's Alliance

Resources for the Delmarva area

The purpose of the Delmarva Parkinson's Alliance is to promote communication and provide resources that improve the quality of care for Parkinson's Disease support group members and their caregivers throughout the Delmarva Parkinson's community.

Organized in January 2010, the Delmarva Parkinson's Alliance is a collaborative effort of local support groups throughout the Delmarva Peninsula. Regional Health Care and Research Resources, Regional Parkinson's Medical Centers, and National Parkinson Support Organizations also provide extensive support to people with Parkinson's.

Delaware Support Groups

Dover

Bayhealth/Kent General Hospital
640 S. State Street (*Free Valet Parking*)
Dover Support Group
1st Friday monthly, 5:00 pm - 6:30 pm
Paula Bodner: 302-744-6997
paula_bodner@bayhealth.org
Cindy Clark: 302-734-1200 x186
mmc_caregiver@hotmail.com

Newark

Newark Senior Center
200 White Chapel Drive
Moving Ahead with Parkinson's Support Group
1st Thursday monthly, 10:15 am - 11:45 am
David Kaplan: 302-239-1190
PDyodah@yahoo.com
Website: <http://mysite.verizon.net/vzez42oh>

Parkinson's Caregiver Program (same location)
Tuesdays at 10:30 am & Thursdays at 9:30am
Alexis Morris: 302-737-2336, ext. 12
amorris@newarkseniorcenter.com

New Castle

New Castle Library
424 Delaware St.
3rd Saturday monthly, 10:00 am to 12:00 pm
Gary Chard: 302-325-9803
Chard.Gary@faodv.com

State Director of Parkinson's Action Network (PAN)
P.O. Box 3945, Wilmington, DE 19807

Wilmington

Presbyterian Church of the Covenant
503 Duncan Road
Parkinson's Educational Program of Delaware
4th Sunday monthly, 1:30 pm (Sept. to June)
Bob and Nancy Cordrey: 610-497-3891
bob@cordrey.org

Wilmington, con't

Kirkwood Library
6000 Kirkwood Highway
2nd Sunday monthly, 2:00pm to 3:30pm
David Kaplan: 302-239-1190
PDyodah@yahoo.com

Rehoboth Beach/Lewes

Tunnel Cancer Center, Beebe Hospital
18947 John J. Williams Hwy., Del. Rt. 24
Parkinson Education and Support Group of Sussex County
1st Monday monthly, 2:00 pm - 3:30 pm
Dennis Leebel: 302-644-3465 blleebel@verizon.net
Kathy Woolman: 302-854-2886
CHEER Caregiver Coordinator

Seaford

Nanticoke Senior Center
1001 N. Locust Street
Nanticoke Parkinson's Support Group
3rd Monday monthly, 10 am - 11:30 am
Dennis Leebel: 302-644-3465
Kathy Woolman: 302-854-2886
CHEER Caregiver Coordinator

Maryland Support Groups

Easton

Immanuel Lutheran Church
7215 Ocean Gateway, Easton MD 21601
Mid Shore Parkinson's Support & Education Group
2nd Tuesday monthly, 1:30 pm to 3:00 pm.
Bailey Vernon: 410-616-2811
bvernon1@jhmi.edu

Salisbury

MAC, Inc.
909 Progress Circle
Lower Shore Support Group
3rd Wednesday monthly 2:00 pm - 3:30 pm
Art Cooley: 410-749-8511
pdlowershore@gmail.com

Caregivers Support Group (same location)
1st Wednesday monthly 2:00 pm - 3:30 pm
Kent Kimmel: 410-749-3617
knkimmel@comcast.net

Virginia Support Groups

Onancock

Eastern Shore of VA, Parkinson's Support Group
Hospice & Palliative Care of the Eastern Shore
165 Market Street
Last Monday monthly, 3:00 pm- 4:30 pm
Ernest Martin: 757-789-0992
emartin38@msn.com
Betty Armsey: 757-787-3310 barmsey@hpces.org

Exercise Classes

Rehoboth Beach/Lewes

Monday 10:00 am to 11:00 am Exercise
Wednesday 10:30 am to 11:30 am Exercise
Friday 10:00 am to 11:30 am Exercise
Elks Club, Beaver Dam Rd./Rt. 23, Lewes
Friday Dance class also available

Dover

Modern Maturity Center
Tuesday 5:00 pm—6:00 pm, room 42
Peter Liberto: 302-359-3065
mrpete@pdandmefitness.org <http://pdandmefitness.org>



