

JOHNS HOPKINS GI & HEPATOLOGY DIVISION

PREP INSTRUCTIONS FOR COLONOSCOPY

MoviPrep SPLIT-DOSE

5 DAYS BEFORE	2 DAYS BEFORE	DAY BEFORE	DAY OF PROCEDURE
Day: Date:	Day: Date:	Day: Date:	Day: Date:
<p>READ: Prep Instructions</p> <p>STOP: Herbals Iron supplements Anti-inflammatory: Motrin Ibuprofen Advil Aleve Celebrex</p> <p>MAY take Tylenol</p> <p>CONTACT Physician if taking: Lantus Humalog 70/30 Insulinfor instructions</p> <p>Confirm ride</p>	<p>OBTAIN MoviPrep script from pharmacy</p> <p>MoviPrep kit contains:</p> <ul style="list-style-type: none"> . Small box with 2 identical clear plastic pouches with A & B packets . Disposable plastic container 	<p>NO SOLID FOODS NO ALCOHOL Clear Liquids all day <i>see attached list</i></p> <p>DRINK extra 8oz of clear liquid every hour all day (Gatorade is preferred)</p> <p>4PM - open 1st pouch & empty both A & B packets into plastic container. - add lukewarm water to the top line of container. - mix well to dissolve. May add tea bag, crystal light, tea mix to enhance taste then refrigerate.</p> <p>5PM - begin drinking down to the next line of container every 15 min. until complete (approx. 8oz for every line) You should be done by 6pm. - drink 16oz of clear liquid of your choice.</p> <p>7PM - prepare the 2nd pouch just like the 1st then store in refrigerator.</p>	<p>MAY take the following meds Blood pressure meds Seizure meds Prednisone Long acting insulin NPH - 1/2 prescribed dose</p> <p>NO: Fluid pills & sugar pills</p> <p>TAKE with you: Regular insulin Sugar pills</p> <p>TIME: _____</p> <p>Begin drinking the MoviPrep mixture from the refrigerator down to the next line every 15 min until complete. You should be done in an hour (approx. 8oz for every line) then NOTHING to drink until after the procedure</p>

