

Welcome to the Johns Hopkins Hospital Birthing Center!

We understand that there are many birthing centers for you to choose from to deliver your baby. We are glad you chose Johns Hopkins! Our primary goal is for you to be 100% satisfied with your birthing experience. Here is a handout to assist you when you arrive to the hospital for the birth of your baby.

Parking:

The quickest way up to Labor and Delivery is from the Main Hospital Entrance on Wolfe Street.

- Valet Parking is available at Wolfe Street: Monday - Friday from 5:30 am to 7 pm. However, there is no other parking available at this entrance.
- Parking is available at the Outpatient Center, in the McElderry Garage, off of Caroline Street. They also offer valet parking Monday-Friday from 8 am to 7 pm, at the Caroline Street entrance.
- Any questions about valet parking please call 410-502-4567.

Visiting Policies:

For the security of our babies, every visitor must present a valid driver's license or a government approved photo ID to enter the unit. No exceptions.

Visiting Hours in Labor and Delivery are 24 hours. Each patient is allowed two visitors during active labor and delivery. Up to 5 visitors may be allowed during the immediate post-delivery period. There is a waiting room by the security desk for all other visitors. Children under the age of 16 are not allowed to visit in Labor and Delivery.

If you are having a Cesarean birth, in most cases you are allowed to have 1 support person in the operating room with you. You are also allowed only 1 person visiting you in the recovery room at a time to allow adequate time for recovery.

Once you reach your postpartum room, you are allowed 1 overnight visitor. Otherwise, visiting hours are 10 am to 10 pm with up to 5 visitors at a time. Siblings of the baby are allowed to visit on the postpartum unit. No other children are allowed to visit so we can keep our newborns healthy.

We will do everything possible to keep you in a private room. However, in the event of a sudden increase in our unit census, please understand that you may have a roommate for a period of time. We understand everyone's desire for a private room and will do everything possible to maintain your privacy and assign you to a private room as quickly as possible.

Prepared Childbirth Education:

If you are interested in taking Prepared Childbirth Classes please call **410-955-5502**. Classes are held on Tuesday and Thursday evenings. Individual Consultations, Sibling Preparation Classes, and Breastfeeding classes also available. If you are interested in having a birthing companion, please contact the Johns Hopkins School of Nursing Birth Companions Program at 410-614-6458. There is no fee for this service.

Infant Safety:

The Johns Hopkins Children's Safety Center offers 3 services to help you with your car safety needs: Infant seat loaner program and a low-cost sales program (for families with limited income) and car seat installations and checks for a minimal fee. Please call 410-614-5587 for further information.

Please let us know how we can assist you with any special needs.