

# AUDIO CD ORDER FORM

## A Woman's Journey

November 14, 2009

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Baltimore, Maryland

*Please circle selected session number(s).*

### PLENARY SESSION

PL-01 "One Woman's Journey"  
Pamela Paulk

### LUNCHEON SESSION

LF-01 Lunch with Faculty  
*It Was Brain Surgery* Jayne Miller

### LIVING WELL

LW1 Exercise to Stay Healthy  
LW2 Integrating Traditional Healing with  
Modern Medicine  
LW4 Coping With Stress

### PRESCRIPTION FOR HEALTH

P1 Heart to Heart  
P2 Overcoming De-FEET  
P3 The Skinny on Weight Loss  
P4 Common Symptoms Women Shouldn't  
Ignore

### FOOD FOR THOUGHT

F1 Preventing Cancer:  
You Are What You Eat  
F2 Antioxidants, Vitamins and Supplements  
F3 The Inside Tract  
F4 Food Busters

### OUR BODIES, OUR SELVES

OB1 Saving Face  
OB2 The Color of Beauty  
OB3 Why Do I Hurt? - Arthritis 2009  
OB4 Autoimmune ALERT

### MEDICAL ROUNDS

M1 Top 10 Infections  
M3 Behind Closed Doors: What Women  
Should Know About Erectile Dysfunction  
M4 Medicine Cabinet

### ANATOMY OF HEALTH

AH2 Balancing New Solutions for Hearing  
Loss  
AH4 Brain Wise

### DISCOVERY

D1 The Future of Stem Cells  
D2 An Insider's View  
D3 Cutting Edge

### AGING GRACEFULLY

AG1 Successful Aging  
AG2 Preserving Your Memory  
AG3 Eye to Eye  
AG4 Leaking Bladders and Falling Vaginas:  
Are These the Inevitable Mantra of Aging

#### Session Cost

Audio CD Cost per Session \_\_\_\_\_ x \$ 16.00 = \$ \_\_\_\_\_  
Cost on 8 or more Sessions \_\_\_\_\_ x \$ 14.00 = \$ \_\_\_\_\_  
Complete Set of Recordings \_\_\_\_\_ x \$371.20 = \$ \_\_\_\_\_

#### Purchased by November 14, 2009

#### Purchased after November 14, 2009

\_\_\_\_\_ x \$ 19.00 = \$ \_\_\_\_\_  
\_\_\_\_\_ x \$ 17.00 = \$ \_\_\_\_\_  
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**Session Cost \$** \_\_\_\_\_

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