

The Johns Hopkins Memory & Alzheimer's Treatment Center presents

# *Journey to Hope*



**Saturday, October 31, 2009**

**9 a.m. to 2 p.m.**

A free conference to learn about the diagnosis and treatment of memory loss, and tips to manage Alzheimer's disease and its associated behaviors.

Features keynote presentation, "A Journey to Hope," by **Peter Rabins, M.D., MPH**, The Richman Family Professor for Alzheimer's and Related Diseases; vice chair for academic affairs, The Johns Hopkins University School of Medicine; and co-author of "The 36-Hour Day."

Asthma & Allergy Center Atrium  
Johns Hopkins Bayview Campus

**For more information, call 410-550-8146.**

*Nursing: The Institute for Johns Hopkins Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission of Accreditation.*

*This 3.0 contact hour Educational Activity is provided by The Institute for Johns Hopkins Nursing.*

*Social Work: This program meets the requirements for three (3) Category 1 continuing education units (CEUs) for social workers.*



**JOHNS HOPKINS**  
M E D I C I N E

*Sponsored by the Johns Hopkins Institute for Clinical and Translational Research, Johns Hopkins Memory & Alzheimer's Treatment Center, Johns Hopkins Alzheimer's Disease Research Center, Johns Hopkins GGEAR, and the Johns Hopkins Bayview Community Psychiatry Program.*

# Agenda

Saturday, October 31, 2009



9 - 9:30 a.m.	<i>Registration &amp; continental breakfast</i>
9:30 - 9:45 a.m.	<i>Welcome: conference overview and goals</i>
9:45 - 10:15 a.m.	<i>Keynote presentation: "A Journey to Hope"</i> Peter Rabins, M.D., MPH, professor of psychiatry and behavioral sciences, and co-author of "The 36-Hour Day"
10:15 - 10:45 a.m.	<i>"What If It's Not Alzheimer's?": Overview of Non-Alzheimer Dementias</i> Chiadi Onyike, M.D., MHS
10:45 - 11:15 a.m.	<i>Tips to Manage Alzheimer's Disease: A Case Presentation</i> A discussion about medication management Esther Oh, M.D.
11:15 - 11:30 a.m.	<i>Break: exhibitors and networking</i>
11:30 a.m. - Noon	<i>Maximizing Your Effectiveness as a Caregiver: What to Do, When and Why</i> Ann Morrison, RN, Ph.D.
Noon - 1 p.m.	<i>Lunch</i>
1 - 2 p.m.	<i>Panel Discussion with Research Experts: Q &amp; A</i> Moderator: Constantine Lyketsos, M.D., MHS Ben Lee, M.D. Paul Rosenberg, M.D. Richard O'Brien, M.D. Gwenn Smith, Ph.D. Research Participant: BJ Shaneman
2 p.m.	<i>Adjourn</i>

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## Driving Directions

### Directions to Johns Hopkins Bayview

*From points South (including BWI Airport):*

Take I-295 north or I-95 north to the Harbor Tunnel Thruway (I-895). After exiting the tunnel, take exit 12 (Lombard St.). At the first stop light, proceed straight onto Bayview Blvd. Follow signs to Mid-Campus Parking Lot.

*From points North and East:*

Take I-95 south to I-895 south to exit 12 (Lombard St.). At the first stop light, turn right onto Bayview Blvd. Follow signs to Mid-Campus Parking Lot.

*From East Baltimore or Dundalk Area:*

Take Eastern Ave. At the first stoplight, turn onto Bayview Blvd. (Make left if coming from East Baltimore, right from Dundalk). Follow signs to Mid-Campus Parking Lot.

*Direction Line: 410-550-5748*