

The Johns Hopkins Hospital Acute Comprehensive Inpatient Rehabilitation Unit

Our rehabilitation services involve one-to-one meetings and treatment sessions with a team of experts that may include physical, occupational, respiratory and recreation therapists, speech-language pathologists, psychologists, rehabilitation nurses, social workers, dietitians, orthotists and physicians. Our therapies and activities are geared toward building the skills needed for everyday life. Because the focus is on wellness, the atmosphere of the Rehab Unit may seem quite different from other hospital units. Patients have more responsibility for directing or performing their own care, which helps them prepare for independent living.

Our Services and Program Activities Include

- **Daily team conferences** that review the patient's rehabilitation progress and discuss discharge goals/plans.
- **Patient/family conferences** are held at least once during a patient's stay to discuss continued rehabilitation and equipment needs after discharge and any family/caregiver concerns and questions.



Our team of experts working with a patient to help him return to a previous lifestyle.

- **Family/caregiver training** is usually arranged days in advance of discharge, with the pertinent therapist, to review techniques and adaptations with those who will be caring for the patient.
- **Welcome/orientation book** is given to patient/families upon admission. This binder contains unit-specific information and can serve as a central location for the educational and therapeutic materials that staff share with the patient.

The Johns Hopkins Hospital Acute Comprehensive Inpatient Rehabilitation Unit is CARF accredited. This process of comprehensive rehabilitation care (along with the provision of counseling and support systems, evening and weekend programming, education and training/support for family members) contributes to the thorough management of complex medical care issues and adds to the excellent service that is the hallmark of The Johns Hopkins Hospital.

**For more information,
please contact**

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