



## The Johns Hopkins Cancer Rehabilitation Program

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Physical Medicine and  
Rehabilitation

### Frequently Asked Questions

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Reviewed by JHH Pt  
Ed Committee

**What is the Cancer Rehabilitation Program?**

This program is designed to address your desire to achieve an active life. Your rehab will continue outside of the hospital setting.

**Why would I come to the Cancer Rehabilitation Program?**

This is for patients who want to work hard to do more on their own. Our goal is to help you live your life as you did before you came to the hospital. Whether you are newly diagnosed or long finished with treatment, if you want to increase your independence and continue working on your rehab goals, then the Cancer Rehabilitation Program may be right for you!

**Where is the Cancer Rehabilitation Program?**

We are located in Meyer 1-130 of The Johns Hopkins Hospital. Please contact 410-614-3234 for directions.

**What kind of therapy will I receive?**

You will receive Physical Therapy, Occupational Therapy, and Physiatry. We also have other services, such as Rehabilitation Psychology and Speech-Language Pathology, if you need them.

**Why do I need to see a Physical Therapist?**

A physical therapist will help you address feeling tired, feeling weak, having pain, and having bad balance.

**Why do I need to see an Occupational Therapist?**

An occupational therapist will address doing daily activities like dressing/grooming/bathing, increasing your fine motor skills, saving your energy, and improving memory and sight.

**Why do I need to see a Physiatrist?**

A physiatrist is a doctor with special training in physical medicine and rehab. They are experts in creating the best rehab programs and directing medical care. This doctor will perform an evaluation and manage medical problems associated with cancer such as fatigue, pain, and weakness.

**What type of diagnoses do you see?**

We see a wide range of diagnoses, including but not limited to: prostate cancer, lung cancer, breast cancer, spine and brain tumors, leukemia, head and neck cancer, lymphoma, bladder cancer, and colon and rectum cancer.

**What if I have more questions?**

If you have any questions, please **call 410-614-3234** and we will be happy to assist you.