



**Be a CHAMPION for a healthy lifestyle. We are looking for youth to join our research study to help build skills to eat healthy and exercise.**

We are looking for children and teens who are:

- Between the ages of 8-18
- Receiving mental health services and
- Think they may have extra weight or
- Interested in learning to manage a healthy weight

Receive up to \$200 for completing all study-related appointments over 12 months.

Contact Us Today!

Call or Text us (443) 509-5320

Email us [CHAMPION1@jhmi.edu](mailto:CHAMPION1@jhmi.edu)



Visit our website [www.championstudy.org](http://www.championstudy.org)

Gail Daumit, MD, MHS

Principal Investigator

Protocol No. IRB00130511

CHAMPION Study (IRB000130511)  
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