



Johns Hopkins Medicine
Patient and Family Advisory Councils



NEWSLETTER



Updated September 7, 2023

The Reason Behind the PFAC Newsletter



To the Patients, Family Members, Parents, Caregivers, and Staff of the Patient and Family Advisory Councils across Johns Hopkins Medicine,

We hope that you are all safe and well, and we sincerely wish you continued good health.

We are dedicated to collaborating and making sure that our PFAC members are staying up to date with:

- Information produced by Johns Hopkins
- PFCC events
- Opportunities to engage PFAC members
- Best practices and events from outside National PFCC Organizations
- Helpful resources

Our hope is that this will be an easy way to share valuable information. If you have questions or additions, please reach out to patientfamilycouncil@jhmi.edu



★ **Announcements & Updates!** ★

Johns Hopkins Hospital Food Update



Six new retail food venues have opened at The Johns Hopkins Hospital this year — and more are on the way. Here's the latest on food and drink options at JHH.

- **AJ's Deli:** A new venue selling made-to-order deli sandwiches has opened in the Cobblestone Café between Umami Sushi and Takiza Tacos. Daily hours: 11:30 a.m.–7 p.m.
- **Starbucks:**
 - JHH's first Starbucks has opened at the Wolfe Street entrance
 - Weinberg location is set to open by late September. This location will be for mobile order pickup only
 - Construction underway: The Grand Grounds coffee bar and Women's Board gift shop in the Levi Watkins Jr., M.D. Outpatient Center is closed, and construction is underway to convert the space into a Starbucks. That venue is scheduled to open early next year.
 - A coffee cart serving brewed coffee and pastries has opened across from the gift shop to serve people during construction.
- **Coffee is also available at the following locations:**
 - Starbucks, Wolfe Street entrance, 6:30 a.m.–8 p.m. Monday–Friday
 - The Greens Project, Monument Street entrance, 6:30 a.m.–2 p.m. Monday–Friday (brewed coffee only)
 - Subway, Cobblestone Café, 24/7 (brewed coffee only)
 - Balducci's, Zayed Tower Arcade, 6 a.m.–3 p.m., Monday–Friday and 7 a.m.–1 p.m., Saturday–Sunday

Outpatient Center Named in Honor of Cardiac Surgeon Levi Watkins Jr.



Johns Hopkins University and Johns Hopkins Medicine have paid tribute to trailblazing cardiac surgeon Levi Watkins — Johns Hopkins' first Black chief resident and full professor — by re-dedicating the Johns Hopkins Outpatient Center in his name.

[Read in the Hub](#) about the celebration of the newly renamed Levi Watkins Jr., M.D., Outpatient Center, when more than 150 people gathered to mark the occasion.



Johns Hopkins Howard County Medical Center



Howard County General Hospital has changed its name to Johns Hopkins Howard County Medical Center. The transition comes as the organization celebrates its 50th anniversary as a hospital and 25th anniversary as a member of Johns Hopkins Medicine. “Being part of Johns Hopkins Medicine is who we are and who we have been,” says Shafeeq Ahmed, president of the medical center. “We are proud of our 25-year legacy, and our new name reflects that ongoing connection.”



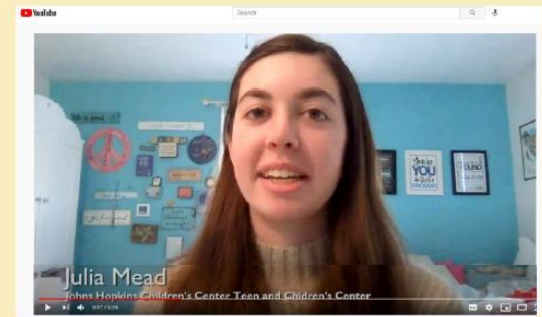
Our JHM PFAC Recruitment Video

We encourage you to share this video with your PFAC members, hospital staff, and community networks!

Click the photo below or follow this link to watch! <https://youtu.be/BSRief4hXHY>



PFAC members shared their insights into what it means to be a PFAC volunteer to create a video recording that will be used to recruit new PFAC members.





Committees/Projects Looking for PFAC Participation



If you are interested in joining, please email
patientfamilycouncil@jhmi.edu

Study: Dissemination and Implementation of a CHW Intervention for Disparities in Palliative Care



African American patients are less likely than white patients to access palliative and hospice care, achieve adequate symptom control, etc. The goal of this study is to evaluate the effectiveness of a Community Health Worker (CHW) palliative care intervention for African American patients with advanced cancer.

As part of this study, a Community Advisory Board (CAB) is being created. The specific role of the CAB will be to:

- Hear about the study and its progress from doctors and study coordinators
- Provide advice and guidance on local customs and recommendations on how to address patients in a culturally respectful way
- Review and provide feedback on: the palliative care brochure, recruitment and retention approaches, data collection procedures, intervention content and delivery, interpretation of results, dissemination of findings

Looking to recruit African American patients/caregivers who have had a personal experience with cancer to the CAB. If you are interested in joining, please email amabry3@jhmi.edu. You can also share this opportunity with others

Principle Investigator: Dr. Fabian Johnston
Program Manager: Olivia Monton

JHHS Virtual Nurse Design Summit



JH Nursing has extended an invite to PFAC for the JHHS Virtual Nurse Design Summit.

The Virtual Nurse System allows a nurse to monitor multiple patients electronically, maximizing nursing staff effectiveness, ensuring a higher-quality of care, and improving efficiency with patient admissions and discharges. A Virtual Nurse trial will soon be held at Hopkins and the summit will be an introduction to the program as a part of JHHS Care Delivery Model.

- **Date:** September 20-21, 9AM – 4PM
- **Location:** DoubleTree by Hilton Columbia 5485 Twin Knolls Road, Columbia MD 21045

If you are interested in attending, please let me know and tell me which day(s) you anticipate going. amabry3@jhmi.edu

International Tracheostomy Symposium



Seeking patients and family members with tracheostomy experience to participate in a conference session!

- **Date & Location:** Friday, October 20, 2023, 1:00 – 4:00 PM, Johns Hopkins University School of Medicine, Turner Bldg., Baltimore, MD
- This will be a patient and family session to discuss successes, challenges, and increase awareness around tracheostomies. **If you and/or a care partner has the lived experience and would like to be engaged as a speaker for this session, please contact amabry3@jhmi.edu.**
 - Please note, you did not have to receive tracheostomy care at Hopkins. This applies to any and all people who have undergone (or provided care to someone with) this procedure.
- [More information about the 7th International Tracheostomy Symposium](#)

Sign up to be a JHM Virtual Advisor



Johns Hopkins Medicine Virtual Advisors is a group of individuals who share their insights about the care experience. One to two times per month, Virtual Advisors receive a link to short, interactive surveys.

During the pandemic, there have been a few opportunities to complete surveys and provide feedback. Most recently, Virtual Advisors has asked about telemedicine.

If you are interested in additional ways to participate and provide feedback, you may register through this link:

<https://www.hopkinsmedicinevirtualadvisors.org/Portal/default.aspx>



Events, Webinars, Best Practices



JHH First Ever Sepsis Awareness Month!

Thursday, September 7th from 12-1 p.m.

- [Virtual webinar with Armando Nahum](#) that is focused on engaging patients and families in quality and safety to prevent infections. If we can prevent infections, we can prevent sepsis! Mr. Nahum is the Co-Founder and President of Safe Care Campaign, an organization dedicated to infection prevention. He is a champion for sepsis awareness and a patient advocate whose family has been forever altered by this serious condition.



September 13th from 11 a.m.-3 p.m.

- JHH/JHCC will be celebrating World Sepsis Day through interactive activities around the East Baltimore Campus
 - 3 tables set up at different parts of the Hospital (one specifically in the Children's Center) with question and answer sessions in interactive formats and hand-out resources about prevention, detection, and timely intervention in sepsis

National Coalition for Cancer Survivorship (NCCS) – 2023 Virtual Symposium



September 8th at 1:00 PM ET

[Register here](#)

The Virtual CPAT Symposium is an opportunity to network with other advocates, develop advocacy skills, and learn about cancer policy issues in the comfort of your own home. The Symposium will showcase topics such as advocating for health care policy that impacts cancer patients, addressing survivorship and health equity needs in your local cancer community, and improving your career networking skills after a cancer diagnosis.

Join on for the following sessions:

- Health Care Policy 2023 Outlook
- Elevating Survivorship: Implementing Health Equity in the Community
- Elevating Survivorship: Exploring Community Survivorship Programs
- Keynote: Finding the Hope in Cancer Survivorship
 - Richard L. Deming, MD is the Medical Director of MercyOne Cancer Center in Des Moines, Iowa. Dr. Deming is known in the community for the compassionate care he provides cancer patients and their families.
 - The Art of Career Networking

APP-supported Blood Drive at JHH in recognition of Sickle Cell Awareness Month



September is Sickle Cell Disease Awareness Month. The American Red Cross emphasizes the importance of a diverse blood supply to help meet the treatment needs of those with sickle cell disease, the most common inherited blood disorder in the U.S.

The Advance Practice Provider Diversity & Outreach subcommittee, in partnership with Johns Hopkins Medical Institutions and the American Red Cross, are hosting an upcoming blood drive. [Please schedule an appointment today](#) and/or consider passing this information along to encourage other colleagues and community members to do so as well!

Drive Details:


- Date: Tuesday, September 12, 2023
- Time: 07:00 AM - 06:00 PM
- Site: Johns Hopkins Hospital - Turner Concourse
- Address: 720 Rutland Avenue, Baltimore, MD, 21205
- Room Name: Turner Concourse

If you are unable to donate blood at this time, look out for future blood drives in Turner auditorium, which typically happen two mornings per month.

A Woman's Journey: Age-Related Hearing Loss

To register, please [use this link](#)

HEALTHY CONVERSATIONS THAT MATTER
GIVING VOICE TO WOMEN'S HEALTH




Listen Up! Age – Related Hearing Loss

Tuesday, September 12, 2023 | 7 – 8p.m. (EDT)

As we age, some changes, including diminished hearing, are inevitable.

Otolaryngologist **Carrie Nieman** defines age-related hearing loss, treatment options including over-the counter hearing aids, and which option may be best suited for various types of hearing lost.




Carrie Nieman, M.D., M.P.H.
*Associate Professor of Otolaryngology -
Head and Neck Surgery*

REGISTER NOW for this complimentary monthly live webcast discussion between Johns Hopkins faculty physicians and moderator Kelly Geer Ripken, national chair of A Woman's Journey.

www.hopkinsmedicine.org/awomansjourney/webcasts.html

Brought to you by Johns Hopkins Medicine's A Woman's Journey



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Hispanic Heritage Month Keynote



- September 15th - Keynote 2–3 p.m.; Reception 3–4 p.m.
- Location: East Baltimore Campus, Chevy Chase Auditorium (and via webcast)
- [Register to attend](#)

Join the Hopkins Familia ERG and Allies, in collaboration with the JHM Office of Diversity, Inclusion and Health Equity, for this kickoff and keynote event in honor of Hispanic Heritage Month with [Dr. Alfredo Quiñones-Hinojosa](#), chair, department of neurologic surgery, Mayo Clinic, Jacksonville, Florida.

The poster features a grid of 20 national flags on the left, including those of Spain, Mexico, Colombia, Cuba, and the United States. In the center is a portrait of Dr. Alfredo Quiñones-Hinojosa, a man with glasses wearing a blue suit and a patterned bow tie. To the right, the text reads: "Johns Hopkins Medicine Celebrates Hispanic Heritage Month", "Keynote Speaker: Alfredo Quiñones-Hinojosa, M.D. Noted neurosurgeon, author, and researcher.", "Friday, Sept. 15 • 2 – 4 P.M.", "Chevy Chase Auditorium (Reception immediately following)", "or via webcast: hopkins.org/hhmkeynote", and "2023 Hispanic Heritage Month Kickoff". A QR code is located in the bottom right corner.

JHM Office of Diversity, Inclusion and Health Equity in Collaboration with Hopkins Familia ERG

A Woman's Journey



[You may register using this link](#)

A Woman's Journey

An Evening with
Johns Hopkins Medicine Experts
Wednesday, September 27
Green Spring Station

This special evening will feature a 'Sip n' Shop' to benefit Johns Hopkins A Woman's Journey, Cocktail Reception and Inspiring Program.

PRESENTATIONS

PREVENTING SUICIDE IN ADOLESCENTS
AND ADULTS

NEW RESEARCH ABOUT CANNABIS
WHAT WE KNOW ABOUT PSILOCYBIN



Registration fee is \$45.

Register online at

hopkinsmedicine.org/awomansjourney/tarks

or scan the QR code.

Sponsored by Green Spring Station and Tark's Grill & Bar to support A Woman's Journey, Johns Hopkins consumer education program.



IPFCC Webinar: Strengthening DEI in Children's Hospital PFACs



Wednesday, September 27th, 2:00 - 3:30 pm EDT

[Register here](#)

If you are unable to attend the webinar live but are interested in hearing the recording, please register and you will receive an email with a link to the recording. If you have further questions, please email us at events@ipfcc.org.

Patient and family advisory councils (PFACs) have a long history and presence in children's hospitals and other health care organizations. Unfortunately, many PFACs are not representative of the patient populations served and thus, lack diversity. This means hospitals may not be capturing the values, needs, and preferences of all populations served.

The Institute for Patient- and Family-Centered Care (IPFCC), in collaboration with the Cincinnati Children's Hospital Medical Center (CCHMC), conducted an 18-month project to identify best practices within children's hospitals for strengthening the representativeness of PFACs and partnering with patient and family advisors on diversity, equity, and inclusion (DEI) initiatives. The project was funded by the Lucile Packard Foundation for Children's Health (LPFCH).



2023 Henrietta Lacks Memorial Lecture

On Saturday, October 7th at 10 am EST, we will honor the legacy of Mrs. Henrietta Lacks at the 13th Anniversary of the Henrietta Lacks Memorial Lecture. The goal of the Henrietta Lacks Memorial Lecture is to describe the reach and complexity, both biomedically and ethically, of the story of Mrs. Henrietta Lacks and HeLa cells, as well as to provide some insight into the past, present, and future of the conduct of clinical research. By honoring Mrs. Lacks and the positive global impact of HeLa cells through this lecture series, the ICTR hopes to acknowledge, thank and honor everyone who participates in the clinical research process.

This year, we invite guests to join either in-person or virtually by [registering here](#).

In-person details:

- Turner Auditorium - 720 Rutland Avenue Baltimore, MD 21205
- Free parking is available in the Washington Street garage, located at 701 N. Washington Street, Baltimore 21205.
- Check-in begins at 9:00 am and the program starts at 10:00 am.



11th Annual William S. Perper Faith-Health Symposium



Save the Date! The Symposium will return to Baltimore this year on Thursday, November 2, from 9AM – 1 PM. Participants will have the option to join in person on the campus of Johns Hopkins Bayview Medical Center or virtually via Zoom.

This year's program, "Understanding Depressive and Alcohol Use Disorders: Promoting Healing and Recovery," is geared toward individuals and families impacted by depressive or alcohol use disorders, and those who care for them.

Speakers include:

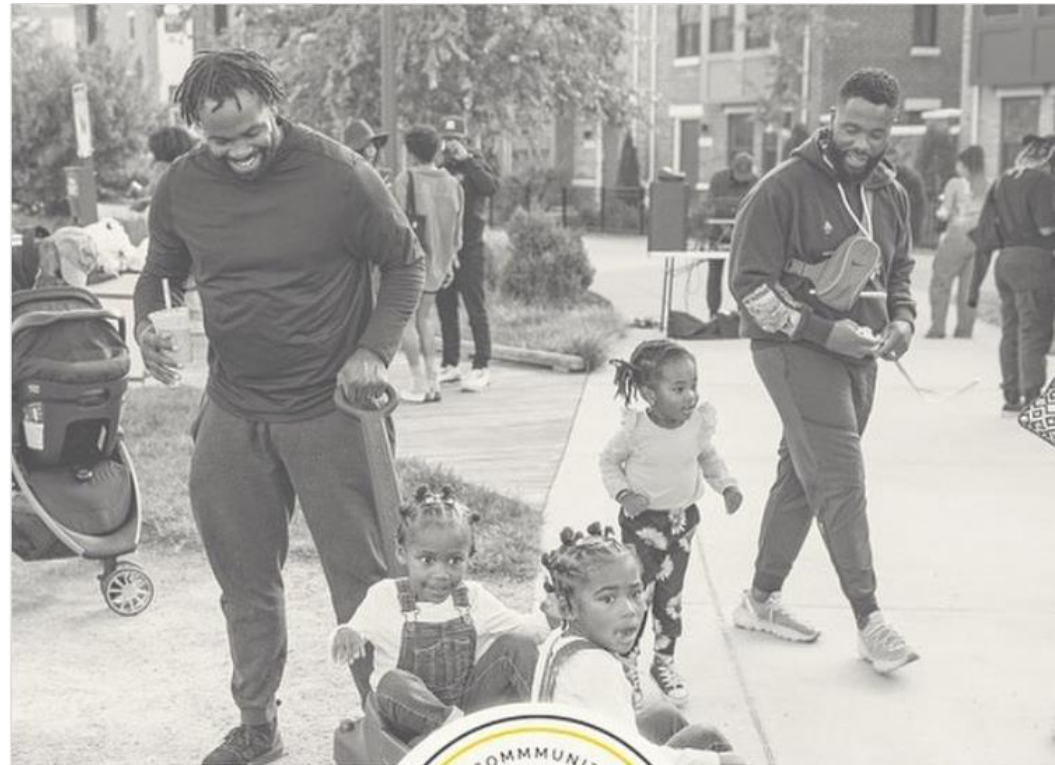
- Denis Antoine, MD – Assistant Professor of Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine
- Rev. Dr. Steve Dutton – Manager of Pastoral Services, ChristianaCare
- Karen Swartz, MD – Professor of Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine
- Rev. Pamula Yerby-Hammack – Executive Pastor, City of Abraham Church & Ministries

The East End Bazaar

This evening market, which is open to the public, will focus on local-, minority- and women-owned hot food vendors, food trucks and local wellness product vendors as well as a free fresh produce stand, resource tables and entertainment. Additionally, the East End Bazaar will support education efforts for youth through vendor support and shadowing opportunities. They'll have free produce while supplies last.

You can RSVP here if you'd like, although it's not required:

<https://www.eventbrite.com/e/east-end-bazaar-tickets-598611191187>



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Equity and Innovation Resource Hub



[The Equity and Innovation Resource Hub](#) is a searchable repository, curated by AcademyHealth, that contains tools, templates, literature, and other resources that highlight successful innovations, best practices, and proven methods for changing organizational culture to promote representation and scientific innovation.

The Resource Hub was developed as an output of AcademyHealth's ongoing diversity, equity, inclusion and accessibility (DEIA) and science innovation work designed to drive change in organizations with the ultimate goal of achieving a high-impact, equitable health services and policy research field.

This collection of actionable, open access resources is relevant to professionals across the health services and policy research ecosystem including researchers and practitioners in public health, health systems, and academia as well as funders.

Start exploring the Equity and Innovation Resource Hub [here](#) and be sure to reach out to resourcehub@academyhealth.org with any questions.



COVID-19 & Community Resources

(These items are ongoing and may be featured in multiple editions of the newsletter)



MyIR Mobile



Maryland residents can get a state certification of their COVID-19 vaccinations at:
<https://app.myirmobile.com/auth/sign-in>

MyIR Mobile in partnership with your State Health Department allows you to review your immunization history, get reminders for future immunizations, and even print your own official records for free!



Medicaid Renewal



During the COVID-19 public health emergency, patients enrolled in Medicaid and the Children's Health Insurance Program (CHIP) were able to retain their health care coverage without the usual re-enrollment – or redetermination – process. As the public health emergency will soon expire, individuals with Medicaid coverage must re-enroll so states can determine if patients are still eligible for coverage.

Beginning in April, individuals must reapply or renew their Medicaid benefits as was required prior to the public health emergency. Patients who no longer qualify for Medicaid and those who do not go through the redetermination process may lose their Medicaid coverage.

All states, including Maryland, DC and Florida, have shared their plans on how they will require patients to complete this process between April 1, 2023 and May 31, 2024. As this will be a rolling process across the 14-month period, Johns Hopkins Medicine has identified strategies to ensure that the estimated ~300,000 impacted patients across the health system will continue to receive adequate access to care, either through retaining their Medicaid coverage or by connecting the patient with financial counseling and assistance resources if they no longer qualify. **For more information & resources: hopkins.org/Medicaid**

Hopkins Spiritual Care Resources



The [Department of Spiritual Care and Chaplaincy](#) chaplains meet you where you are in your spiritual journey or religious faith to provide emotional and spiritual support.

- All Children's: 727-767-4258
- Howard County: 410-740-7898
- Johns Hopkins Bayview Medical Center: 410-550-4345 (pager)
- Johns Hopkins Hospital: 410-434-0909 (pager)
- Sibley Memorial Hospital: 202-537-4084
- Suburban Hospital: 301-896-3178

JHM COVID19 Updates & Resources



- As our response to the pandemic evolves, we encourage you to visit and share the Johns Hopkins Medicine website where you can find the most up-to-date resources and guidelines: <https://www.hopkinsmedicine.org/coronavirus>
- The Healthy Community Partnership and Medicine for the Greater Good at Johns Hopkins Bayview hosts a COVID-19 update call led by Dr. Panagis Galiatsatos. Various physicians, community leaders, etc. also join the call to share updates
 - Every Friday, 11:00 AM
 - To join the call:
 - Click on the Zoom link and enter passcode 907739
<https://jhjhm.zoom.us/j/94256166273>
 - Or, you may dial in by calling (301) 715-8592.
 - You can email the team at mgg@jhmi.edu with your questions and they answer during the call. You can also ask to be included on their email list.
- The Hope Registry Community provides COVID-19 news and resources. Access the latest updates here: <https://sway.office.com/SIBPGY9xKiVQaUmu?ref=Link>

Launch of 988 Suicide and Crisis Lifeline



Provided 24/7, free and confidential support to people in suicidal crisis or behavioral-health related distress. Starting July 16, 2022, the National Suicide Prevention Lifeline (1-800-273-8255) and the Baltimore Here2Help Hotline became 988. (Although both numbers will be available for the foreseeable future.) This is the first-ever 3-digit dialing code for suicide prevention and mental health crisis.

How do the calls work?

- Dial 988 – press 1 for veteran assistance or 2 for Spanish
- If no prompt entered, call is routed to nearest call center
 - If local crisis center unable to answer, call is routed to national backup network
 - 8 crisis centers in Maryland; over 200 in the U.S.