Tips for your journey to find a living kidney donor

Find support
It can be tough to talk about your need for living donation. Find a friend, family member, or other support system on your journey.

Share your story
If you are comfortable using social media, share your story on Facebook, Twitter, and/or Instagram

- On Facebook, make your post public, if you like, to reach a wider audience.
- On Instagram and Twitter, take advantage of tagging people / organizations and using hashtags.

Some helpful accounts and hashtags are:
@hopkinsmedicine
@donatelifeamerica
@donor.app
#livingdonor
#organdonation

Write your story
The first step in getting your story out is to write it! You can also get creative and record a video that can be shared.

Talk to your coordinator about the Live Donor Champion program or the Donor App to help.

Identify your resources
If you are comfortable using social media, find related Facebook Groups, Twitter accounts, and Instagram accounts to find other patients or previous patients.

Social media can be a great way to expand your support network and get more information!

Prepare for FAQs
Donors cannot be paid for donating an organ

- All medical expenses are covered by the patient’s insurance
- If donors contact the transplant center, it is 100% confidential.

Let the transplant team determine if someone is a suitable donor

For any questions, always feel free to contact your nurse coordinator.

For more information • www.hopkinsmedicine.org/transplant/programs/kidney