

Title: Adult Simultaneous Pancreas & Kidney Transplant (Synonyms: Renal Transplant, Deceased Donor Pancreas and Kidney Transplant)	Education Sheet	Krames direct link	Video
<p>Topic: Living with My Transplant  Point: Follow-Up After Transplant  Description: Educate the patient/family about when to call the post-transplant coordinator and contact information for additional transplant team members (pharmacist, social worker, home care coordinator).</p>	Kidney Handbook page 3-4		<ul style="list-style-type: none"> <li>• Kidney Transplant (Deceased Donor)</li> <li>• Kidney Transplant (Living Donor)</li> <li>• Kidney Transplant-Living with a New Kidney</li> </ul>
<p>Description: Educate the patient/family about blood work and clinic visit schedules, including appropriate locations for blood work, clinic location, and expectations for clinic visits.</p>	Kidney Handbook page 5		
<p>Description: Educate the patient/family about ureteral stent and incision and drain care, including logging of output and signs/symptoms to report to Transplant Coordinator.</p>	<p>Kidney Handbook page 15, 31(log)</p> <p>SURG010 Appendix C: Jackson-Pratt (JP) Drain Care at Home: Handout</p>		<ul style="list-style-type: none"> <li>• JP drain</li> </ul>
<p>Point: Lifestyle Changes  Description: Educate patient/family/caregiver about general list of lifestyle changes after transplant (including activity considerations, taking care of teeth and gums, herbal supplements, prescription refills, safer sex/contraception, international travel, skin cancer risk, social concerns, and hydration)</p>	Kidney Handbook page 6, 16-18		
Topic: Avoiding Infection after Transplant	Kidney Handbook page 7-11		

<p>Point: Risk for Infection after Transplant  Description: Educate patient/family/caregiver about immunocompromised status after transplant and expectations regarding logging vital signs and monitoring incision daily.</p>	Kidney Handbook page 27 (log)		
<p>Description: Educate patient/family/caregiver about common infections after transplant (Cytomegalovirus and Epstein-Barr virus) including symptoms and level of risk.</p>	Kidney Handbook page 11		
<p>Point: Infection Prevention Strategies  Description: Educate patient/family/caregiver about infection prevention practices including hand washing, immunization, nutrition and food safety.</p>	Kidney Handbook page 7-10		
<p>Description: Educate patient/family/caregiver about anti-infection medications (Bactrim, Valcyte, Nystatin)</p>	Kidney Handbook page 12		
<p>Topic: Organ Rejection after Transplant  Point: Signs and Symptoms  Description: Educate patient/family/caregiver about signs and symptoms of infection and when to notify Transplant Coordinator.</p>	Kidney Handbook page 13-14		
<p>Description: Educate patient/family/caregiver about types of transplant rejection (cellular rejection and antibody-mediated rejection) including typical treatment plans.</p>	Kidney Handbook page 13		
<p>Point: Anti-rejection medications  Description: Educate patient/family/caregiver about anti-rejection medications (Prograf, CellCept, Prednisone)</p>	Kidney Handbook page 14		
<p>Topic: Other Potential Complications  Point: Common Complications After Pancreas and Kidney Transplant  Description: Educate patient/family/caregiver about common complications after pancreas and kidney transplant, including delayed graft function (DGF), low or high blood pressure, high cholesterol, and diabetes.</p>	Kidney Handbook page 20-23		