In 2016, the Comprehensive Health Needs Assessment (CHNA) was conducted to identify and prioritize the community’s health needs. The CHNA process, which is required every three years by the State of Maryland, helps to guide the hospital’s community benefit activities and investments. The results of the CHNA are shared with the community, and a report is prepared to document the findings and actions taken. The CHNA is a data-driven process that involves collecting and analyzing information from a variety of sources, including community surveys, public health data, and input from community members and stakeholders. The CHNA process helps to ensure that the hospital’s community benefit efforts are focused on the most pressing health needs in the community.

The CHNA process is designed to be inclusive and participatory, with input from a wide range of community members and stakeholders. The process includes an initial data collection phase, followed by a data analysis phase, and finally a report development phase. The data collection phase involves gathering information from a variety of sources, including community surveys, public health data, and input from community members and stakeholders. The data analysis phase involves analyzing the data to identify the most pressing health needs in the community. The report development phase involves preparing a report that documents the findings and actions taken.

The CHNA process is an ongoing and iterative process that helps to ensure that the hospital’s community benefit efforts are focused on the most pressing health needs in the community. The CHNA process is an important tool for ensuring that the hospital’s community benefit efforts are aligned with the needs of the community.
Torx® 2016 CHNA Top Health Priorities

The 2016 Community Health Needs Assessment (CHNA) identifies—through primary and secondary data—community strengths and issues to focus on.

Comprehensive services for Community health improvement
Support groups to help community members who are living with or affected by illnesses or conditions

We face an epidemic of opioid and heroin use that is killing young people and destroying families throughout our community.

Extending care and compassion to the community has been a goal of Suburban Hospital for nearly 75 years. On a daily basis, Suburban’s Addictions Treatment Center dedicates their time and expertise to addressing behavioral health issues through various community improvement initiatives.

Below are examples of hospital colleagues who have made an impact in our community beyond the hospital walls.

Dr. Beth Bane-Davidson, director of Suburban’s Addiction Treatment Center, has taken hundreds of calls each year to Interface and fostered relationships with their loved ones.

We must do everything we can to protect our community from the epidemic in all of its forms.

Suburban Hospital remains committed to fostering its mission of improving the health of all communities through a healthy, vibrant, and resilient community.

The following report takes us on a look into the various and complex challenges we face as we address behavioral health. It also outlines the outcomes we are able and how we can use the expertise of our professional care providers to address behavioral health concerns.

Some of our initiatives include:

- Comprehensive services for individuals with emotional problems, mental illness and addictions disorders, as well as care designed to foster overall well-being
- Support groups to help community members understand issues associated with chronic and acute health conditions
- Community health improvement programs to foster social support particularly in the senior population

There is a significant need for such services in our community and I am proud of the approach Suburban Hospital takes in providing behavioral health care.

Dr. Beth Bane-Davidson, director of Suburban’s Addiction Treatment Center

For the entire 2016 CHNA and associated implementation plans for all five health priorities, log on to suburbanhospital.org/CHNA.

Caring for Our Community

FY16 Update

Community Benefit

Another diabetes-focused initiative is the Diabetes Champion program since January 2015.

Financed.

Another diabetes-focused initiative is the Diabetes Champion program since January 2015.

Another diabetes-focused initiative is the Diabetes Champion program since January 2015.
Strengthening a Culture of Health

Behavioral Health

By the Numbers

- 16.2% of adults experienced a mental health crisis in the past year
- 8.9% of adolescents and adults use illegal drugs each month
- 1,720 ER visits per 100,000 are related to behavioral health-related conditions
- 7.0 deaths per 100,000 are due to suicide

Challenges

- Health Inequities
- Stigma
- Language
- Access to Care
- Cost
- Lack of Support
- Lack of Information

A Collecti ve Approach

As an integral stakeholder in the local health care system, Suburban Hospital addresses behavioral health needs with the support of strong and long-standing partnerships in Montgomery County. These partners work across sectors to address the complex health and social challenges of behavioral health by aligning their individual agendas into one, with a clear, common and measurable outcome.

The Change We Want to See

Healthy Behaviors

- Foster social and emotional support

By supporting aging in place of our seniors through educational and community-based programs and by providing positive parenting resources that will nurture stronger families

Access to Health Care Services

Increase knowledge of behavioral health resources in Montgomery County and facilitate access to available services

Activities

- Art Therapy
- Village On Call
- Support Groups
- Suburban Girls on the Run
- Alcohol and Other Drug Education Seminars
- Parenting Seminars
- Mediation Classes
- Behavioral Inpatient/Outpatient Services
- Severe Mental Illness Services
- National Alliance on Mental Illness
- Montgomery County Public Defender
- Montgomery County Police Department
- YMCA Youth and Family Services

Behavioral Health Includes Mental Health and Addiction and Transcends Race, Culture, Socioeconomic Status and Life Stages in Montgomery County. With this expansion of health issues comes a multitude of challenges that Suburban Hospital is dedicated to addressing.

Health Inequities are differences in health status or in the distribution of health resources between different population groups, arising from the social conditions in which people are born, grow, live, work and age.

— World Health Organization
Behavioral Health

By the Numbers

- 8.9% of adolescents and adults use illegal drugs each month.
- 16.2% of adults experienced mental illness in the past year.
- 1,720 ER visits per 100,000 are related to behavioral health-related conditions.
- 7.0 deaths per 100,000 are due to suicide.

Challenges

- Health Inequities
- Stigma
- Low income
- Language
- Access to care
- Cost
- Lack of operational support
- Lack of information

Healthy Behaviors

- Foster social and emotional support
- Increase knowledge of behavioral health resources in Montgomery County and facilitate access to available services

Activities

- Art Therapy
- Alcohol and Other Drug Education Seminars
- Substance Abuse Support Groups
- Parenting Seminars
- Behavioral inpatient/outpatient Services
- Mindfulness Meditation Classes
- Parenting Encouragement Program (PEP)
- Mindfulness Center
- National Alliance on Mental Illness of Montgomery County
- Montgometry County Stroke Association
- Montgometry County Police Department
- Montgometry County Narcotics Anonymous
- YMCA Youth and Family Services
- Outpatient Behavioral Health Services

The Change We Want to See

- By supporting aging in place of our seniors through educational and community-based programs and by providing positive parenting resources that will nurture stronger families.
- By linking patients in need of behavioral health services to appropriate community resources.

Suburban Hospital is dedicated to addressing behavioral health needs with the support of strong and long-standing partnerships in Montgomery County. These partners work across sectors to address the complex health and social challenges of behavioral health by aligning their individual agendas into one, with a clear, common and measurable outcome.

Health Inequities are differences in health status or in the distribution of health resources between different population groups, arising from the social conditions in which people are born, grow, live, work, and age.

— World Health Organization
Behavioral Health

By the Numbers

- 16.2% of adults experienced mental illness in the past year.
- 1,720 ER visits per 100,000 are related to behavioral health-related conditions.
- 8.9% of adolescents and adults use illegal drugs each month.
- 7.0 deaths per 100,000 are due to suicide.

CHALLENGES

A Collective Approach

As an integral stakeholder in the local health care system, Suburban Hospital addresses behavioral health needs with the support of many and long-standing partnerships in Montgomery County. These partners work across sectors to address the complex health and social challenges of behavioral health by aligning their individual agendas into one, with a clear, common and measurable outcome.

The Change We Want to See

Healthy Behaviors

By supporting aging in place of our seniors through educational and community-based programs and by providing positive parenting resources that will nurture stronger families.

Access to Health Care Services

Increase knowledge of behavioral health resources in Montgomery County and facilitate access to available services.

ACTIVITIES

- Art Therapy
- Village On Call
- Alcohol and Other Drug Education Seminars
- Medication Classes
- Parenting Seminars
- Support Groups
- Senior Fitness Programs
- Magellan Care Coordination Services
- Community Health and Wellness
The 2016 Community Health Needs Assessment (CHNA) process identified—through primary and secondary data—community needs and input from public health experts and community priorities. They are cancer, obesity, cardiovascular disease, diabetes and behavioral health. As a result of these finding, strategies have been developed to address and evaluate each health need. They also explore with local state and national priorities as well as Suburban’s FY16 C H N A .

Between 2012 and 2015, there has been a 12 percent increase in the suicide rate in Montgomery County. “We face an epidemic of opioid and heroin use that is killing young people and destroying families throughout our community,” notes Beth Kane-Davidson, director of Suburban’s Addiction Treatment Center. “Treatment and prevention of substance abuse are more critical now than ever before in less than 30 years of working in this field,” she says. “Opioid overdoses kill more people than cancer and gun violence combined. We must take hundreds of calls each year from devastated parents and loved ones seeking help for their loved one. We must do everything we can to help our community and prevent this crisis from spreading. We recently joined forces with our community partners to help prevent the opioid crisis from spreading through a collective impact approach on the next page. We face an epidemic of opioid and heroin use that is killing young people and destroying families throughout our community.”

The 2016 Community Health Needs Assessment (CHNA) process has been a great success for Suburban Hospital. Over 158,800 people participated in the assessment, representing a 45 percent increase from the previous year. The process included a survey of Montgomery County residents, focus groups, and input from public health experts and community partners. The findings were used to develop strategies to address the identified health needs within the community. The CHNA process has been a collaborative effort between Suburban Hospital and the community, and it has resulted in a greater understanding of the community’s health needs and priorities. The process has helped to guide the development of new programs and services to address these needs.

The CHNA process has also helped to strengthen relationships between Suburban Hospital and the community. The hospital has been working closely with community partners to develop and deliver programs and services that meet the needs of the community. This includes partnerships with local organizations such as Montgomery County Public Health and the Montgomery County Health Department to address issues such as obesity, diabetes, and mental health.

The CHNA process has also helped to increase awareness of the community’s health needs and priorities. The results of the CHNA process have been used to inform the development of new programs and services, as well as to educate the community about the importance of addressing these needs. The CHNA process has been a great success for Suburban Hospital and the community, and it has helped to improve the health of the residents of Montgomery County.