

## Policy on Medical Student work hours during clinical years:

In an effort to address the effects of fatigue and sleep deprivation on learning and patient care, the Subcommittee of clinical clerkship directors of the Educational Policy Committee, adopted a policy on student work hours in October 2004. Student duty during the clinical clerkships will be designed with these requirements in mind and clinical course directors will monitor and document student duty hours.

Duty hours must be limited to 80 hours per week, averaged over a four-week period, inclusive of all in-house call activities.

Continuous on-site duty, including in-house call, must not exceed 24 consecutive hours. Students may remain on duty for up to 6 additional hours to participate in didactic activities, transfer care of patients, conduct outpatient clinics, and maintain continuity of medical and surgical care.

Students must be provided with 1 day in 7 free from all educational and clinical responsibilities, averaged over a 4-week period, inclusive of call.

One day is defined as one continuous 24-hour period free from all clinical, educational, and administrative activities.

Adequate time for rest and personal activities must be provided. This should optimally be a 10 hour time period provided between all daily duty periods and after in-house call.