



MEMORANDUM

TO: Sibley Memorial Hospital Volunteers Sibley
FROM: Occupational Health and Safety
SUBJECT: Medical Requirements for Volunteers

At the recommendation of the Johns Hopkins Hospital Epidemiology and Infection Control (HEIC) Department, Sibley Memorial Hospital now requires proof of measles, mumps, rubella and varicella immunity in addition to documentation of TDaP administration of all hospital staff and volunteers.

Patient safety is the key goal of this requirement. Some of our patients are too young to be immunized against vaccine preventable diseases and are at increased risk of complications from these diseases and many others are at increased risk due to acute or chronic illnesses. Immunizing hospital staff helps to safeguard patients from the risks and complications of these potentially deadly diseases.

Under this policy, all Sibley Memorial Hospital employees and volunteers must provide:

- Documented proof of immunity to Measles, Mumps, Rubella, TDaP and Varicella
- Documented proof of Hepatitis B immunity is strongly encouraged, although not required

A medical clearance form will be provided to all volunteers. **The form must be completed by a licensed independent provider. Self-reporting will not be accepted.** Requirements are listed below.

- 1) Documented proof of Measles, Mumps and Rubella exposure.
 - If you were born **BEFORE 1957** you have acceptable evidence of measles, mumps and rubella immunity. This needs to be indicated by checking the box on the form.
 - If you were born **AFTER 1957**, one of the following must be indicated on your form:
 - Dates of measles, mumps and rubella vaccines or MMR combo vaccine (2 doses required).
 - Documentation of measles, mumps and rubella illnesses. This must be noted in your medical record, not self-reported.
 - Laboratory evidence of immunity by titer.
- 2) Documented proof of Varicella (chicken pox) exposure. You must submit one of the following acceptable forms of proof:
 - Date of VariVax (chickenpox vaccine).
 - Documentation of being ill from chicken pox or shingles. This must be noted in your medical record, not self-reported.
 - Laboratory evidence of immunity by titer. Blood can be drawn for varicella zoster virus antibodies.
 - Documentation of receiving Zostavax (shingles vaccine).
- 3) Documented proof of TDAP (Tetanus, Diphtheria, Pertussis) vaccination.
- 4) **SEASONAL INFLUENZA VACCINE AND TUBERCULOSIS SCREENING WILL CONTINUE TO BE REQUIRED ANNUALLY.**

Volunteers may request an exemption to vaccine requirements based on certain medical conditions or on the basis of sincerely held religious beliefs. Volunteers must submit documentation of any medical contraindications to receiving vaccines to Occupational Health and Safety. Requests for religious accommodations should be submitted to Human Resources (Refer to HR Policy #03-21-81 Religious Accommodations).

Please feel free to contact Sibley Occupational Health at **(202) 537-4265** with any questions or concerns.