Day of Surgery Checklist

☐ Bring a valid Photo ID and your insurance card.

☐ Bring any forms or X rays requested by your physician.

☐ If you have an advanced directive, living will, or power of attorney, bring a copy with you to the hospital.

☐ Leave all valuables at home, including cash and credit cards, unless advanced payment is required.

☐ Remove all jewelry and body piercings.

☐ Wear loose and comfortable clothing.

☐ Bring a case for your dentures, hearing aids, glasses, or contacts.

☐ Bring information regarding any existing implant.

☐ Bring a complete list of your medications, vitamins, and herbal supplements. Include your dosages and the most recent time taken.

☐ If you use inhalers for respiratory disease, please bring your them with you to the hospital.

☐ If you have sleep apnea and use a CPAP machine, please bring it with you to the hospital.

☐ If you are having anesthesia, do not eat or drink anything, including water, chewing gum, or breath mints.

☐ Take only medications your physician has instructed, with a small sip of water.

☐ Stop smoking.

☐ Arrive on time.