Maternal Fetal Medicine

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DIABETES GLUCOSE LOG SHEET

CURRENT MEDICATION REGIMEN:

Name of drug, dose, frequency *(ex. glyburide 5mg twice a day)*_____

INSULIN	BREAKFAST	LUNCH	DINNER	BEDTIME
NPH				
Regular/aspart/lispro				

DATE	Before breakfast FASTING		2 hours AFTER BREAKFAST		2 hours AFTER LUNCH		2 hours AFTER DINNER		NOTES
	Time	Result	Time	Result	Time	Result	Time	Result	

To print an extra copy of the log sheet, please go to www.sibley.org/MFM