Sleep Disorders Center
Sibley Memorial Hospital

PHYSICIAN’S ORDER FOR SLEEP STUDY

Patient Name: ___________________________ Home Ph: ___________________________ Cell/Wk Ph: ___________________________
Address: ________________________________ City: ________________________________ State/Zip: _________________________

Type of Study Requested  □ Please schedule patient for consult with sleep physician.
☐ Polysomnogram (NPSG) 95810    ☐ CPAP titration study 95811
☐ Split night study (NPSG/CPAP)    ☐ Bi-level titration study 95811
☐ NPSG with Multiple Sleep Latency Test (MSLT) 95805    ☐ Maintenance of Wakefulness Test (MWT) 95805
☐ Comprehensive NPSG, CPAP (if AHI > 5 on NPSG) & Placement with CPAP for home use if medically necessary.

Reason for Study (i.e. daytime sleepiness, snoring, apnea): ________________________________

Special Instructions/Needs: ________________________________

I AUTHORIZE THE SLEEP DISORDERS CENTER AT SIBLEY MEMORIAL HOSPITAL TO PERFORM A SLEEP STUDY ON THE
ABOVE PATIENT ACCORDING TO THEIR PROTOCOLS, INCLUDING URGENT INITIATION OF OXYGEN & CPAP

Physician Name: ___________________________ Signature: ___________________________ Date: ___________________________
NPI: ___________________________ License #: ___________________________
Address: ___________________________ City: ___________________________ State/Zip: ___________________________
Phone: ___________________________ Fax: ___________________________ Speciality: ___________________________

For Government Payors Only (Medicare, Medicaid, Tricare)
Medicare requires documentation of face to face evaluation from the ordering physician that clearly includes H&P, BMI, sleep symptoms and medical
necessity for a polysomnogram. Insomnia is not an acceptable indication in and of itself.
021027MR
Directions

Go to www.sibley.org for detailed directions to Sibley.

Parking

- Paid parking is available in the new garage now open for patients and visitors. The garage is accessible from both Loughboro Road and the new entrance off Dalecarlia Parkway and is staffed by an attendant from 8:30 a.m. – 9:30 p.m.
- Handicapped parking spaces are available in the surface parking lot across from the new medical building.
- Parking is available for the Sullivan Breast Center adjacent to the Renaissance Building. Use entrance from Loughboro Road. (△ in map key above.)

Public Transportation

Sibley is served by the D6 and M4 Metrobus routes, and the Montgomery County Ride-On. For more information call Metro Information at 202-637-7000.

Free Metro/Sibley Shuttle Service

Sibley Memorial Hospital provides patients and visitors complementary shuttle service between the Tenleytown Metro station, located on the red line, and Sibley’s campus. The shuttle runs from 6:00 a.m. to 5:30 p.m.

Shuttle Locations:

Tenleytown Metro Station

The Sibley shuttle stop at the Tenleytown Metro is located on Fort Drive N.W., near the intersection of Fort Drive & Albemarle Street behind Whole Foods and Sears. To ride the shuttle: exit at either side of the Metro station, turn left onto Albemarle Street (towards 40th Street), then turn left on Fort Drive. The shuttle will be parked along the sidewalk on the right hand side of the street. The first departure is at 6:00 a.m. and the last shuttle leaves at 5:00 p.m.

Sibley Memorial Hospital – Sibley Medical Building

The shuttle stop on Sibley’s campus is located in the circle in front of the Sibley Medical Building at 5215 Loughboro Road, N.W. The shuttle leaves every hour on the half-hour. The first departure is at 6:30 a.m. and the final shuttle leaves at 5:30 p.m.