

Outpatient Medication Access Program (OMAP)

Ambulatory Care Clinical Pharmacy Specialist Resource

Ambulatory Care Clinical Pharmacy Specialists:

- Ambulatory Care Clinical Pharmacy Specialists are advanced practitioners who have a Doctorate of Pharmacy (PharmD) and post-graduate training (1 or 2 years) in ambulatory care practice.
- These specialists have additional certifications in pharmacotherapy, ambulatory care pharmacotherapy, diabetes, geriatrics, and anticoagulation.
- The Clinical Pharmacy Specialists currently provide on-site clinical pharmacy services at the following Johns Hopkins Hospital and Johns Hopkins Community Physicians sites:
 - Canton Crossing
 - East Baltimore Medical Center
 - Greater Dundalk
 - Johns Hopkins Outpatient Center
 - Wyman Park
 - White Marsh
- Clinical pharmacy services include managing chronic disease state medication therapy by choosing cost-effective treatment options, optimizing dosing, streamlining therapy to improve adherence, and providing patient education.
Note: For a full listing of services provided, please see attached handout.

Services provided for OMAP:

- Suggest cost-effective alternatives to costly medications (if available)
- Complete medication assessment: identify potential drug-drug interactions, poly-pharmacy, safety, efficacy, adverse effect assessment

When to contact the Clinical Pharmacy Specialist:

- OMAP vouchers provide patients with a maximum of 30 days of requested medication (few exceptions apply). Clinical Pharmacy Specialists can assist with suggesting alternative treatment options for long term management
- For OMAP medication requests unavailable through patient assistance programs or discount retailers, consider pharmacist referral for additional guidance.

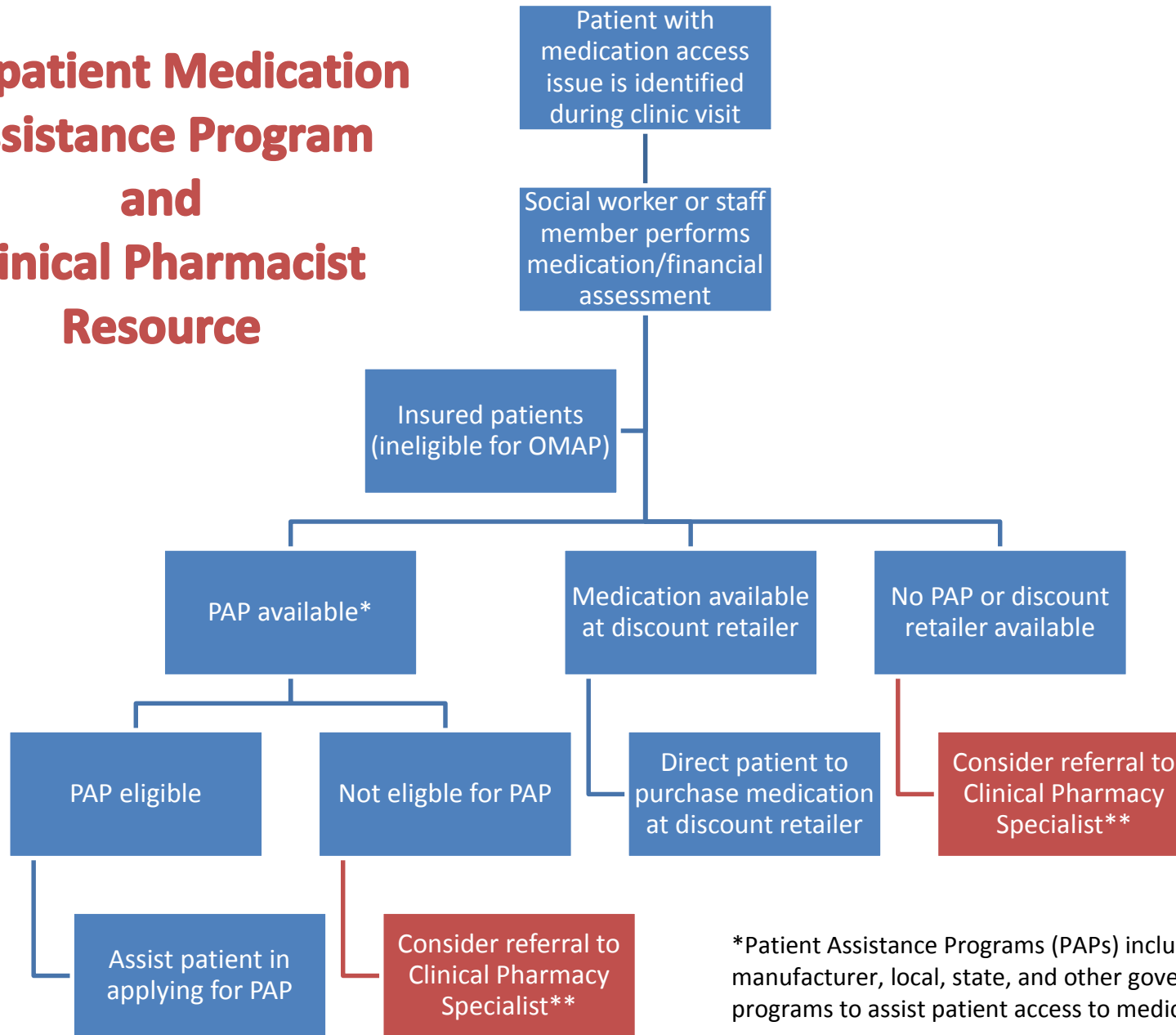
How to contact the Clinical Pharmacy Specialists for OMAP assistance:

- We have a dedicated team of Ambulatory Care Clinical Pharmacy Specialists available to assist with medication management. Please send requests to jhcpharmd@jhmi.edu
- All requests should include the following information:
 - Patient name
 - Patient medical record number (MRN) or date of birth
 - Brief description of patient medication issue

Clinical Pharmacy Specialist OMAP Liaison:

- For general questions about the ambulatory care clinical pharmacy specialists services, contact the OMAP liaison:
Alona Crowder, PharmD, BCPS, CDE
Email: awill163@jhmi.edu
Office Phone: 410-955-8761
Pager: 410-283-0225

Outpatient Medication Assistance Program and Clinical Pharmacist Resource



*Patient Assistance Programs (PAPs) include manufacturer, local, state, and other government programs to assist patient access to medications.

**Clinical Pharmacy Specialists Contact Information:
Email: jhcpharmd@ihmi.edu
Phone: 410-955-1775



JOHNS HOPKINS
M E D I C I N E

JOHNS HOPKINS
COMMUNITY PHYSICIANS

Clinical Pharmacy Specialist Medication Management Visit Components

- Provide focused attention to chronic disease states for management, patient education, and self-monitoring of:
 - Pre-diabetes, Gestational Diabetes, Type 1 and 2 Diabetes
 - Hypertension
 - Heart Failure
 - Dyslipidemia
 - Asthma / COPD
 - Obesity
 - Smoking or alcohol addiction
 - Pain management
 - Other disease states identified by the site providers
- Conduct physical assessment (orthostatic blood pressure assessment, heart rate, edema assessment, diabetic foot exam, etc.)
- Perform point of care testing (blood glucose, hemoglobin A1C, lipids, urinalysis, etc.)
- Conduct thorough medication review and reconciliation
- Assess medication adherence, identify barriers, and develop plan with patient to improve adherence
- Review effectiveness of medication therapy
 - Alignment with evidence based guidelines
 - Accomplishment of patient specific treatment goals
- Assess for medication side effects
- Provide recommendations to prescriber regarding medication optimization
 - Discontinuation of inappropriate/unwarranted therapy
 - Addition of therapy
 - Titration of medications
 - Modification of dose, route, or frequency
- Educate patients on:
 - Disease state principles
 - Use of medications and devices (insulin syringe and pen, glucometer, inhaler, etc.)
 - Lifestyle modifications
 - Self-monitoring
- Document encounter in electronic medical record and route to provider for co-signature
- Perform follow up via phone or in person as needed

- Provider and staff education
 - Formal presentations at staff meetings (drug updates, guideline updates, etc)
 - Drug-information resource for provider-specific questions
- Assistance with patient prescription insurance rejections or formulary alternatives
- Collaboration with social work services to provide resources for patient prescription assistance programs
- Coordination of group patient education programs, as needed
- Participation in safety and quality improvement projects