



GOING VIRTUAL!

9th Annual Johns Hopkins Critical Care Rehab Conference *November 5 - 7, 2020*

- 100 presentations (46 hours of content)
- More than 60 expert speakers
- View at your convenience:
 - presentations are recorded and available immediately *before & after* the 3-day conference
- Workshops and Q&A sessions are "live"
 - recordings available after the conference

Virtual Exhibitor Hall:

A showcase of ICU
Rehab products &
professional
organizations

Abstract Presentations:

Virtual oral &
poster presentations,
with live discussion



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Registration Information

Virtual 9th Annual Johns Hopkins Critical Care Rehab Conference

Conference Options

Pre-Conference (Nov 5)

- ICU Follow-Up Clinics*

Foundations Courses (Nov 5):

- Adult ICU Rehabilitation*
- Pediatrics ICU Rehabilitation*
- Combating the Hospital Immobility Harm*

Main Conference Tracks (Nov 6-7)

- Adult ICU Rehabilitation*
- Pediatric ICU Rehabilitation*

* see following pages for list of presentations



Conference Packages	Hours of Content	Pay before Sep 30	Pay Oct 1 onward
"ICU Follow-Up Clinics" Pre-Conf (Nov 5)	7.75 hrs	\$245	\$295
Pick 2 Foundations Courses (Nov 5)	14 hrs	\$245	\$295
Pick 1 Main Conference Track (Nov 6-7), AND 1 Foundations Course (Nov 5)	16 hrs	\$425	\$495
All conference content: Pre-Conference (Nov 5), AND 3 Foundations Courses (Nov 5), AND 2 Main Conference Tracks (Nov 6-7)	46 hrs	\$670	\$790



ICU Follow-Up Clinic Pre-Conference

8:10 - 8:15 **Welcome and Conference Goals by Ann Parker, MD, PhD**

Session 1

ICU Survivorship

- 8:15 - 8:45 **Patient Interview**
Tammy Eaton, MSN, RN, FNP-BC, ACHPN
- 8:45 - 9:00 **Post-Intensive Care Syndrome (PICS)**
Ann Parker, MD, PhD
- 9:00 - 9:15 **Patient Expectations for Recovery**
Alison Turnbull, DVM, MPH, PhD
- 9:15 - 9:35 **Question and Answer**

Session 2

Rationale and Palliative Care Considerations

- 9:35 - 9:50 **Rationale for ICU Follow-Up**
Carla Sevin, MD
- 9:50 - 10:05 **Role of Palliative Care in ICU Follow-Up**
Tammy Eaton, MSN, RN, FNP-BC, ACHPN
- 10:05 - 10:20 **Question and Answer**
- 10:20 - 10:50 **Break**

Session 3

Clinician Roles in ICU Follow-Up Clinics

- 10:50 - 11:05 **Role of Psychiatry**
O. Joseph Bienvu, MD, PhD
- 11:05 - 11:20 **Psychologist's Experience**
James Jackson, PsyD
- 11:20 - 11:35 **Social Worker's Experience**
Cynthia Reynolds, LCSW, LCAC
- 11:35 - 11:50 **Role of the Pharmacist**
Mike Kenes, PharmD, BCPS, BCCCP
- 11:50 - 12:05 **Role of Physiatry**
Miguel Escalón, MD, MPH, FAAPMR
- 12:05 - 12:30 **Question and Answer**
- 12:30 - 2:00 **Break**

Session 4

Clinician Roles and Experience in ICU Follow-up Clinics

- 2:00 - 2:15 **Role of Physical Therapy**
Jennifer Zanni, PT, DScPT, CCS
- 2:15 - 2:30 **Occupational Therapist's Experience**
Maria Shoemaker, OTR/L
- 2:30 - 2:45 **Role of Speech Language Pathology**
Martin Brodsky, PhD, ScM, CCC-SLP, F-ASHA
- 2:45 - 3:00 **Challenges for Organizing a Follow-Up Clinic**
Brad Butcher, MD
- 3:00 - 3:20 **The Indiana University Experience**
Babar Khan, MBBS
- 3:20 - 3:45 **Question and Answer**
- 3:45 - 4:15 **Break**

Session 5

Experiences with ICU Follow-Up Clinics

- 4:15 - 4:35 **The Vanderbilt Experience**
Carla Sevin, MD
- 4:35 - 4:55 **The University of Pittsburgh Experience**
Brad Butcher, MD
- 4:55 - 5:15 **The Geisinger Experience**
Karen Korzick, MD, MA, FCCP, FACP
- 5:15 - 5:45 **Panel Discussion and Question and Answer**
- 5:45 - 5:50 **Day 1 Wrap-Up by Ann Parker, MD, PhD**

Adult ICU Rehabilitation Foundations

8:10 - 8:15 **Welcome and Conference Goals by Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM**

Session 1

Rationale and Evidence for Early Rehabilitation

- 8:15 - 8:30 **ICU-Acquired Weakness and Long-Term Physical Outcomes**
Dale Needham, FCPA, MD, PhD
- 8:30 - 8:50 **Culture Change to Promote Early Rehabilitation in the ICU**
Jennifer Zanni, PT, DScPT, CCS
- 8:50 - 9:05 **Safety Criteria for Mobilization of ICU Patients**
Jennifer Zanni, PT, DScPT, CCS
- 9:05 - 9:25 **Evidence for Early Rehabilitation in the ICU**
Dale Needham, FCPA, MD, PhD
- 9:25 - 9:40 **Overview of Sedation and Delirium in the ICU**
Karin Neufeld, MD, MPH
- 9:40 - 10:00 **Cognition and Delirium: Assessment and Intervention**
Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM and
Therese Kling-Cole, MA, CCC-SLP, BCS-S

10:00 - 10:20 **Question and Answer**

10:20 - 10:55 **Break**

Session 2

Implementing and Sustaining an ICU Rehabilitation Program

- 10:55 - 11:10 **Role of Physical Therapy**
Kerry Lammers, PT, DPT, CCS, CCI
- 11:10 - 11:25 **Role of Occupational Therapy**
Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM
- 11:25 - 11:40 **Role of Speech-Language Pathology**
Therese Kling-Cole, MA, CCC-SLP, BCS-S
- 11:40 - 11:55 **Role of Respiratory Therapy**
Deadria Clarke, RRT
- 11:55 - 12:10 **Role of Nursing**
Sam Young, MS, RN
- 12:10 - 12:30 **Question and Answer**
- 12:30 - 2:00 **Break**

Session 3

Specialized Assessment and Intervention

- 2:00 - 2:25 **Integrated Therapy Care in the ICU**
Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM;
Therese Kling-Cole, MA, CCC-SLP, BCS-S;
Deadria Clarke, RRT; Kerry Lammers PT, DPT
- 2:25 - 2:55 **Functional Assessment Measures**
Annette Lavezza, OTR/L and Daniel Young, PT, DPT, PhD
- 2:55 - 3:20 **Advancing Mobility Through Safe Patient Handling**
Danny Ludwig, PT, DPT, NCS
- 3:20 - 3:45 **Question and Answer**
- 3:45 - 4:15 **Break**

Session 4

Medical Interventions

- 4:15 - 4:35 **Critical Care Medications**
Kerry Lammers PT, DPT, CCS, CCI
- 4:35 - 5:05 **Understanding Mechanical Ventilation**
Jennifer Zanni, PT, DScPT, CCS
- 5:05 - 5:25 **Lines, Tubes, Drains, and ICU Monitoring Systems**
Danny Ludwig, PT, DPT, NCS
- 5:25 - 5:45 **Question and Answer**
- 5:45 - 5:50 **Day 1 Wrap-Up by Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM**

Pediatric ICU Rehabilitation Foundations

8:10 - 8:15 **Welcome and Conference Goals by Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MEd, PCS**

Session 1

Pediatric ICU Rehab: Using The Evidence Base to Get Started

- 8:15 - 8:35 **Peds ICU Rehab: Where We've Come and Where We're Headed**
Sapna Kudchadkar, MD, PhD
- 8:35 - 8:50 **Changing PICU Culture: Creating the Multidisciplinary ICU Rehab Team**
Judith Ascenzi, DNP, RN
- 8:50 - 9:10 **Optimizing Sedation in the PICU**
Meghan Shackelford, MSN, CRNP-AC
- 9:10 - 9:30 **Creating a Healing PICU Environment: Sleep and Delirium Issues**
Sean Barnes, MD, MBA
- 9:30 - 9:50 **Starting a PICU Early Mobilization Program: Getting to "Yes"**
Beth Wieczorek, DNP, CRNP
- 9:50 - 10:05 **What Metrics Matter for PICU Early Mobility Program**
Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MEd, PCS
- 10:05 - 10:20 **Question and Answer**
- 10:20 - 10:55 **Break**

Session 2

Therapy Champions: The Key to Success in Rehab for Critically Ill Children

- 10:55 - 11:25 **The Collaborative Therapy Team: PT, OT, and SLP**
Hallie Lenker, PT, DPT; Yun Kim, MS, OTR/L;
Yiota Senekkis-Florent, PhD, CCC-SLP
- 11:25 - 11:40 **Starting an Augmentative and Assistive Communication Program**
Yun Kim, MS, OTR/L and Emily Warren, MSN, RN, CCRN-K
- 11:40 - 11:55 **Optimizing Therapy Care Using Static Resources**
Julie Quinn, PT, MEd, PCS
- 11:55 - 12:10 **Family Engagement: A Key Resource for ICU Rehab**
Emily Carlton, CCLS
- 12:10 - 12:30 **Question and Answer**
- 12:30 - 2:00 **Break**

Session 3

The Pediatric ICU Team: Translating Mobility Programs Into Practice

- 2:00 - 2:20 **Supporting Team Research in PICU Rehab**
Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MEd
- 2:20 - 2:40 **PICU Nurses as Early Rehab Champions**
Emily Warren, MSN, RN, CCRN-K
- 2:40 - 2:55 **The Role of Child Life Specialists**
Caroline Potter, MS, CCLS, CIMI and Emily Carlton, CCLS
- 2:55 - 3:10 **Respiratory Therapy and Pediatric Mobility Programs**
Krista Hajnik, BHSc, RRT-NPS and Stephanie Hazen, BSc, RRT-NPS
- 3:10 - 3:30 **Mobilizing the Complex Patient: Case Studies**
Meghan Moore PT, DPT, NCS and Amy Bayliss, MS, OTR/L
- 3:30 - 3:45 **Question and Answer**
- 3:45 - 4:15 **Break**

Session 4

Nuts and Bolts: Key Logistical Issues in PICU Mobility

- 4:15 - 4:35 **Critical Care Meds in Pediatrics**
Sapna Kudchadkar, MD, PhD and Hallie Lenker, PT, DPT
- 4:35 - 4:55 **Optimizing Mobility Using Equipment and Positioning Aids**
Hallie Lenker, PT, DPT and Julie Patterson, MSOT, OTR/L
- 4:55 - 5:35 **Case Studies: Putting it All Together**
Sapna Kudchadkar, MD, PhD
- 5:35 - 5:50 **Question and Answer, Panel Discussion and Wrap-Up**

Combating the Hospital Immobility Harm Foundations

8:10 - 8:15 **Welcome and Conference Goals by Michael Friedman, PT, MBA**

Session 1

Rationale and Evidence Supporting Hospital Mobility

- 8:15 - 8:35 **The Rationale for Developing Formal Hospital Mobility Programs**
Michael Friedman, PT, MBA
- 8:35 - 8:55 **Designing, Conducting, and Sustaining Quality Improvement**
Dale Needham, FCPA, MD, PhD
- 8:55 - 9:10 **The Evidence Supporting Hospital Mobility**
Erik Hoyer, MD
- 9:10 - 9:15 **Question and Answer**

Session 2

Inter-Disciplinary Functional Measurement in the Hospital

- 9:15 - 9:30 **Functional Measurement Strategy**
Michael Friedman, PT, MBA
- 9:30 - 9:55 **JH-HLM and AM-PAC Principles and Properties**
Daniel Young, PT, DPT, PhD
- 9:55 - 10:25 **AM-PAC and JH-HLM Implementation**
Annette Lavezza, OTR/L
- 10:25 - 10:30 **Question and Answer**
- 10:30 - 10:55 **Break**

Session 3

Clinician Workflows

- 10:55 - 11:15 **Johns Hopkins Daily Mobility Goal Calculator**
Lisa Klein, MSN, RN, AGCNS-BC, CNRN
- 11:15 - 11:30 **Data Design – From Bedside to Electronic Health Record**
Kelly N. Daley, PT, MBA
- 11:30 - 11:55 **The Role of Nursing**
Eleni Flanagan, DNP, MBA, RN-BC
- 11:55 - 12:15 **Engaging Rehabilitation: Targeting Resources**
Holly Russell, MS, OTR/L and John Probasco, MD
- 12:15 - 12:30 **Question and Answer**
- 12:30 - 2:00 **Break**

Session 4

Barriers

- 2:00 - 2:20 **Assessing Barriers**
Jason Seltzer, PT, DPT and Eleni Flanagan, DNP, MBA, RN, NEA-BC
- 2:20 - 2:45 **Addressing Barriers**
Ashley Pleiss, BS, RN
- 2:45 - 3:05 **Integration - The Tension Between Mobility and Falls**
Sowmya Kumble, PT, MPT, NCS
- 3:05 - 3:25 **Patient Engagement: Overcoming Patient Refusals**
Nicole Schechter, PsyD, ABPP-RP
- 3:25 - 3:45 **Question and Answer**
- 3:45 - 4:15 **Break**

Session 5

Evaluate and Execute

- 4:15 - 4:35 **Sustainable Education and Training**
Ashley Pleiss, BS, RN
- 4:35 - 4:55 **Using Data to Drive Culture and Accountability**
Michael Friedman, PT, MBA and Erik Hoyer, MD
- 4:55 - 5:15 **Project Management and Sustainability**
Michelle Cvach, MS
- 5:15 - 5:35 **Implementation Tools and Resources**
Michael Friedman, PT, MBA
- 5:35 - 5:50 **Question and Answer & Wrap-Up by Michael Friedman, PT, MBA**

Combined Adult and Pediatric Content

Welcome and Opening Remarks

- 8:30 - 8:45 **Primer on Social Media**
8:45 - 9:00 **Welcome by Dale Needham, FCPA, MD, PhD**

Session 1

A Patient and Family Perspective

- 9:00 - 9:25 **Patient & Family Interview**
9:25 - 9:40 **Question and Answer**
9:40 - 10:15 **Break**

Simultaneous Tracks

Adult ICU Rehabilitation

Session 2

Recent Advances in Research and Practice for ICU Mobilization

- 10:15 - 10:35 **Updates in ICU Rehabilitation**
Dale Needham, FCPA, MD, PhD
- 10:35 - 10:55 **Clinical Decision-Making for Safe Mobilization in the ICU**
Danny Ludwig, PT, DPT, NCS
- 10:55 - 11:15 **ICU Nurses as Early Mobilization Champions**
Elizabeth Zink, MS, RN, CCNS, CNRN
- 11:15 - 11:30 **Question and Answer**
11:30 - 12:45 **Break**

Session 3

Recent Advances in Research and Practice for OT and SLP

- 12:45 - 1:05 **OT Interventions in the ICU**
Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM
- 1:05 - 1:25 **Swallowing and Voice in the ICU**
Martin Brodsky, PhD, ScM, CCC-SLP, F-ASHA
- 1:25 - 1:45 **Tracheostomy and Communication in the ICU**
Therese Kling-Cole, MA, CCC-SLP, BCS-S
- 1:45 - 2:05 **Question and Answer**

Session 4

Psychological Considerations for ICU Rehabilitation

- 2:05 - 2:35 **Recent Advances in Sedation and Delirium**
Dale Needham, FCPA, MD, PhD
- 2:35 - 3:00 **Rehabilitation Psychology in the ICU**
Megan Hosey, PhD
- 3:00 - 3:20 **Question and Answer**
3:20 - 3:50 **Break**

Pediatric ICU Rehabilitation

Session 2

What's New and Different in PICU Mobility

- 10:15 - 10:30 **Exploring the Landscape of PICU Rehabilitation: Insights from PARK-PICU**
Sapna Kudchadkar, MD, PhD
- 10:30 - 10:50 **Post-Intensive Care Syndrome in Pediatric ICU Survivors**
Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MEd, PCS
- 10:50 - 11:00 **Taking the Next Step: Pediatric ECMO & Mobility**
Jennifer Snider, MSN, CPNP-AC
- 11:00 - 11:15 **Assessing ICU Acquired Weakness: The PICU Perspective**
Katherine Denlinger, PT, DPT, PCS
- 11:15 - 11:30 **Question and Answer**
11:30 - 12:45 **Break**

Session 3

Special Considerations for PICU Mobility

- 12:45 - 1:15 **Treating the PICU Patient with Multi-System Injury**
Meghan Moore, PT, DPT, NCS and
Katherine Denlinger, PT, DPT, PCS
- 1:15 - 1:30 **Facilitating Communication and Cognition in the ICU**
Yiota Senekkis-Florent, PhD, CCC-SLP
- 1:30 - 1:45 **The Nuts and Bolts of Trauma-Informed Care: Considerations in the PICU**
Julie Quinn, PT, MEd, PCS
- 1:45 - 2:05 **Question and Answer**

Session 4

The Critically Ill Infant & Toddler

- 2:05 - 2:30 **Evidence-Based Approaches to Feeding & Swallowing**
Yun Kim, MS, OTR/L and Yiota Senekkis-Florent, PhD, CCC-SLP
- 2:30 - 2:45 **Mobilizing the Critically Ill Infant: What Does It Mean?**
Emily Rogers, PT, DPT
- 2:45 - 3:05 **Optimizing the Healing Environment to Foster Neuro Development**
Yun Kim, MS, OTR/L and Kerry Vela, PT, DPT, PCS
- 3:05 - 3:20 **Question and Answer**
3:20 - 3:50 **Break**

Combined Adult and Pediatric Content

Session 5

Abstract Presentations, Part 1

- 3:50 - 4:50 **Abstract Presentations and Question and Answer**
4:50 - 5:00 **Day 2 wrap-Up by Dale Needham, FCPA, MD PhD**

Saturday, November 7, 2020

Combined Adult and Pediatric Content

Welcome and Opening Remarks

- 8:25 - 8:35 **Social Media Update by Sapna Kudchadkar MD, PhD**
8:35 - 8:40 **Welcome by Dale Needham, FCPA, MD, PhD**

Session 1

A Patient and Family Perspective

- 8:40 - 9:05 **Patient & Family Interview**
9:05 - 9:20 **Question and Answer**

Session 2

Next Steps for Post-Conference Success

- 9:20 - 9:35 **Helpful Resources for ICU Rehabilitation**
Dale Needham, FCPA, MD, PhD
9:35 - 9:40 **Question and Answer**
9:40 - 10:15 **Break**

Session 3

Workshops with Multi-Disciplinary ICU Rehabilitation Experts

- 10:15 - 12:15 **Workshop 1 - Culture Change to Advance Sedation, Delirium and Mobility Practice**
Facilitator: Dale Needham, FCPA, MD, PhD
Workshop 2 - Balancing Productivity and Innovative Therapist Practice
Facilitator: Michael Friedman, PT, MBA
Workshop 3 - Neuropsychiatric Issues in the ICU and Beyond
Facilitators: Megan Hosey, PhD
Workshop 4 - Rehabilitation Issues in a Pediatric ICU
Facilitators: Sapna Kudchadkar, MD, PhD and Julie Quinn, PT, MEd, PCS
Workshop 5 - Rehabilitation Issues in Adult Surgical and Cardiac ICUs
Facilitator: Paul Ricard, PT, DPT, CCS
Workshop 6 - Rehabilitation Issues in an Adult Medical ICU
Facilitator: Stephanie Hiser, PT, DPT, CCS
Workshop 7 - Rehabilitation Issues in a Neuro ICU
Facilitator: Sowmya Kumble, PT, MPT, NCS

12:15 - 1:30 **Break**

Session 4

Abstract Presentations, Part 2

1:30 - 2:30 **Abstract Presentations and Question and Answer**

Session 5

ICU Patients After the ICU

- 2:30 - 2:50 **Activity and Mobility Promotion Throughout the Hospital**
Michael Friedman, PT, MBA
2:50 - 3:10 **Updates in ICU Survivorship**
Dale Needham, FCPA, MD, PhD
3:10 - 3:30 **Current State of Practice for Post-ICU Follow-Up Clinics**
Carla Sevin, MD
3:30 - 3:45 **Question and Answer**
3:45 - 3:50 **Conference Wrap-Up by Dale Needham, FCPA, MD, PhD**



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Director of Pediatric Nursing Program

Sean Barnes, MD, MBA

Assistant Professor

Amy Bayliss, MS, OTR/L

Occupational Therapist

O. Joseph Bienvenu, MD, PhD

Associate Professor

Martin Brodsky, PhD, ScM, CCC-SLP, F-ASHA

Associate Professor

Emily Carlton, CCLS

Child Life Specialist

Kelly Casey, OTD, OTR/L, BCPR, ATP, CPAM

Clinical Specialist

Deadria Clarke, RRT

Adult Respiratory Care Practitioner

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Speech Language Pathologist

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Clinical Resource Analyst

Kerry Lammers, PT, DPT, CCS, CCI

Clinical Specialist

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Rehabilitation Team Coordinator

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Nurse Manager

Beth Wieczorek, DNP, CRNP

Nurse Practitioner Manager

Daniel Young, PT, DPT, PhD

Visiting Scientist

Sam Young, MS, RN

Clinical Nurse Specialist

Jennifer Zanni, PT, DScPT, CCS

Physical Therapist

Elizabeth Zink, MS, RN, CCNS, CNRN

Clinical Nurse Specialist

GUEST SPEAKERS

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