The mission of the Johns Hopkins Behavioral Sleep Medicine Program is to study the causes, consequences and treatments of insomnia and sleep loss. Our research is funded by the National Institutes of Health.

Principal Investigator
Michael Smith, Ph.D.

ARE YOU INTERESTED?

Call 410-550-7906
FOR MORE INFORMATION

Sleep Disruption and Pain Research Study

Johns Hopkins
Bayview Medical Center
5510 Nathan Shock Drive
Suite 100
Baltimore, MD 21224

PI: Michael Smith, Ph.D.
Protocol No.: NA_00071465

Approved May 20, 2013

Are you a HEALTHY, GOOD SLEEPER?

Help us unravel the mysteries of sleep!

A New Sleep Disruption and Pain Research Study

Johns Hopkins Behavioral Sleep Medicine Program
SLEEP DISRUPTION AND PAIN STUDY

WHAT IS THE PURPOSE OF THIS STUDY?
This study is being conducted to better understand sleep disruption and pain, which may help to develop new approaches to pain management.

AM I ELIGIBLE?
To be eligible for the ESP study, you must be:
- 18-48 Years Old
- Healthy, with no trouble sleeping
- Non-smoker/nicotine user
- Low caffeine user (2 cups or less per day)
- No lifetime history of drug or alcohol abuse

WHAT IS INVOLVED?
- 2 outpatient visits
- 2 inpatient visits (1-5 days)
- Sleep evaluations
- Sleep disruptions
- Sensory testing
- Possible pain medication administration
- Blood draws

HOW MUCH DOES IT COST?
There is no charge to you for participating in this study.

WILL I BE COMPENSATED?
You may earn up to $1,250 for completing all study related visits and components.

CONTACT INFORMATION
If you have any comments, questions or concerns about the ESP study, please contact the study coordinator listed below.

Volunteer and Make a Difference!

Please Contact:
Mercedes Robinson
Research Program Coordinator
410-550-7912
mrobin75@jhmi.edu