



Psychiatry Admission Office
600 N. Wolfe St. | Meyer 143
Baltimore, MD 21287
410-955-5104

Greetings,

We are pleased that you are considering the Johns Hopkins Department of Psychiatry and Behavioral Sciences for treatment. During your stay we will work to help you meet your personal goals while also ensuring a safe environment for all our patients. You can help us by being mindful of what items you bring to the hospital when you are admitted.

Included below is a recommended list of what to bring and what not to bring with you. It is not a comprehensive list but one we hope will serve as a guide to you and your family as you prepare for your stay with us.

Please pack lightly. A few specific suggestions are included. Very important are the items that *cannot* be brought by patients or visitors. We ask that you limit the amount of what you bring to the hospital to what would fit into a piece of airline carry-on luggage. Washing machines and dryers are available.

We are always happy to discuss a specific item with you should you have any questions.

Kind regards,

The Nursing Staff for the Department of Psychiatry and Behavioral Sciences
The Johns Hopkins Hospital

INPATIENT ADMISSIONS

For safety and convenience... What to bring and what NOT to bring with you

IMPORTANT: Items must be able to fit in one medium-sized suitcase

Suggested Items:

- Between 3-7 changes of clean clothing (washer and dryer on unit)
- Pajamas (no drawstrings)
- Bras (no underwire; sports bras recommended)
- Gym shoes with no laces (Velcro closures recommended)
- Books, crossword puzzles, Sudoku, and/or coloring books
- Clothes for PT (no drawstrings or metal clips)

Items that CANNOT be brought by the patient or guest:

- Plastic bags
- Heating pads
- Glass (including flower vases and picture frames)
- Gym equipment (weights, ropes, etc.)
- Knives
- Lighters
- Cigarettes, e-cigarettes, and other vapor smoking devices
- High heels and wedges
- Expensive jewelry and irreplaceable items

Permitted on unit, but kept in a locked closet:

- Cords
- Razors
- Sharp objects (nail clippers, tweezers, etc.)
- Blow dryers
- Curling or flat irons
- Clippers (electric razors)
- Canned drinks
- Glass (perfume, drinks, etc.)

Packages may be delivered to inpatients; however, the size limitation imposed on personal items should be adhered to. Exceptions will be made for flower arrangements.