



The Johns Hopkins Memory & Alzheimer's Treatment Center
and Alzheimer's Disease Research Center invite you to

Journey to Hope

A free virtual conference for caregivers

Join us to learn about the research and treatment of memory loss, and coping tips to manage during challenging times. You also will have an opportunity to "Ask the Expert" your questions about memory-related disorders.

Saturday, November 14, 2020

9 to 11:30 a.m.

Virtually, from the comfort of your home or office

Featuring:

Update on Alzheimer's Care and Research – *Sevil Yasar, M.D., Ph.D.*

Coping and Resilience in Isolation –

Panel Discussion Moderated by Andrea Nelson, MSN, RN

Ask the Expert – *Constantine Lyketsos, M.D., MHS*

**For more information or to register,
visit bit.ly/JourneytoHope2020.**



JOHNS HOPKINS BAYVIEW MEDICAL CENTER

Agenda

- 9 a.m.** **Welcome: Conference Overview and Goals**
Constantine Lyketsos, M.D., MHS
Director, Johns Hopkins Memory & Alzheimer's Treatment Center;
Director, Department of Psychiatry and Behavioral Sciences, Johns Hopkins Bayview
- Introduction of Patient-Family Advisory Council**
Andrea Nelson, MSN, RN
Director, Memory Care Programs, Johns Hopkins Memory & Alzheimer's Treatment Center
Director, Patient-Family Advisory Council
- 9:10 - 9:30 a.m.** **Update on Alzheimer's Care and Research**
Sevil Yasar, M.D., Ph.D.
- 9:30 - 9:40 a.m** **Q&A with Dr.Yasar**
Moderated by Andrea Nelson, MSN, RN, and Jennifer Mason, MSN, RN
- 9:40 - 9:45 a.m** **Break**
- 9:45 - 10:30 a.m** **Panel Discussion: Coping and Resilience in Isolation**
Moderated by Andrea Nelson, MSN, RN, and Jennifer Mason, MSN, RN
Janet Michel, *Caregiver and Patient-Family Advisory Council Member*
Pam South, *Caregiver and Patient-Family Advisory Council Member*
Yolanda Wright, MSW, *Alzheimer's Association*
Jessica Young, *Ferretto Eldercare Consulting, Inc.*
- 10:30 a.m.** **Presentation of Awards** *(pre-recorded)*
Caring Hands Award – Presented by Jane Marks, MS, RN, Johns Hopkins Geriatric Workforce Enhancement Program
Trailblazer Award – Kathy Rostkowski, Memory Center volunteer
Trailblazer Award – Tyrone Qualls, MACAB president
Pioneer Award – Reba Cornman, MSW
- 10:45 - 11:30 a.m.** **Ask the Expert**
Constantine Lyketsos, M.D., MHS
- 11:30 a.m.** **Closing Remarks**
Constantine Lyketsos, M.D., MHS
- Call to Action**
Mary Ann Esfandiari and Helen Hovdesven
Co-chairs, Memory Center Patient-Family Advisory Council

