Be a CHAMPION for a healthy lifestyle. We are looking for youth to join our research study to help build skills to eat healthy and exercise.

We are looking for children and teens who are:
- Between the ages of 8-18
- Receiving mental health services and
- Think they may have extra weight or
- Interested in learning to manage a healthy weight

Receive up to $200 for completing all study-related appointments over 12 months.

Contact Us Today!
Call or Text us (443) 509-5320
Email us CHAMPION1@jhmi.edu
Visit our website www.championstudy.org

Gail Daumit, MD, MHS
Principal Investigator
Protocol No. IRB00130511