The Johns Hopkins Hospital
Department of Psychiatry and Behavioral Sciences
Division of Child and Adolescent Psychiatry
Fellowship Program
Prospectus 2017 – 2018

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Welcome to The Johns Hopkins Hospital

Introductory Letter from Dr. Potash

Welcome to the Department of Psychiatry & Behavioral Sciences at The Johns Hopkins Hospital. For over 100 years, our department has been home to some of the brightest, most innovative medical minds in the world. Our department was established in 1909 with a generous financial gift from Henry Phipps, a Philadelphia steel magnate and major benefactor to Hopkins, in response to the horrifying conditions in American insane asylums at the time. Dr. Adolf Meyer, the Swiss-born pathologist and psychobiologist, became the new department’s director and built the Phipps Clinic, which opened in 1913. In 1930, the renowned Dr. Leo Kanner founded our Division of Child & Adolescent Psychiatry, the first of its kind in the world. These two gifted clinicians and leaders are part of a longstanding Hopkins legacy that includes a faculty of nationally renowned clinicians, teachers, and researchers.

Our department has won many national and international accolades, including being voted the best clinical Department of Psychiatry in America by U.S. News 2011 and 2012 surveys. Our Division of Child & Adolescent Psychiatry is a particular source of pride and, under the gifted leadership of Dr. Robert Findling, is quickly transforming itself into an international powerhouse in the areas of research and clinical care.

It is no overstatement to say that Johns Hopkins is at the forefront of our rapidly developing field. As new methods to study the brain advance, our psychiatrists continue to reshape and redefine the clinical and human face of mental health as we know it. Our programs represent medical expertise practiced within a comprehensive, systematic, and logical Meyerian approach to patient care. We at Hopkins aim to graduate physicians with the knowledge, skills, and compassion to recognize need in the world, and the initiative to bring about change.

In the early 20th century, Hopkins physicians transformed our field and forever changed our understanding of the mind. We are committed to continuing this rich history of service, innovation, and discovery and hope you will join us in furthering our cause.

Sincerely,

James B. Potash, M.D., M.P.H.
Director, Department of Psychiatry and Behavioral Sciences
Johns Hopkins University School of Medicine
Psychiatrist-in-Chief, The Johns Hopkins Hospital
Welcome to Child & Adolescent Psychiatry at Hopkins! I am delighted to have you learn more about our program. Here at Hopkins we are committed to combining outstanding patient care with academic excellence, a mission that has defined our institution since its beginning. Our division, founded by Dr. Leo Kanner, is the oldest division of Child & Adolescent Psychiatry in the country. The division represents the blending of three programs: The Johns Hopkins Hospital, The Johns Hopkins Bayview Medical Center, and the Kennedy Krieger Institute. The combination of these institutions has enabled us to create a division where the total is greater than the sum of its individual parts.

This is an exciting, dynamic time of positive change for us as we are constantly looking for ways to better our program and ourselves. Some of these changes include hiring additional full-time faculty for our newly expanded inpatient unit and outpatient services, developing strong collaborations with other disciplines, broadening our reach into the surrounding communities, initiating new areas of research, and cementing our historical relationship with the Kennedy Krieger Institute through the addition of our Collaborative Continuity Clinic.

Under the guidance of Program Director Dr. Roma Vasa and Associate Program Director Dr. Esther Lee, our child fellowship has also gone through a positive transformation. The results include comprehensive and cutting-edge didactics and enriching, immersive, and evidence-based clinical experiences. Our culture is thriving and we strive to continuously improve our clinical and research programs.

Our top priority here at Hopkins is to provide outstanding medical care to the youngsters and families who come through our doors. We believe that creating a friendly and supportive learning environment where colleagues can combine strengths and learn from one another is absolutely vital towards this end.

In our future fellows, we are looking for physicians who bring a sense of compassion, dedication, and clinical curiosity to the work they do with children and their families. We are committed to training residents who will become leaders in the areas of clinical service, research, and administration.

If you share this commitment to serve and the vision to lead, we do hope we will hear from you.

Sincerely,

Robert L. Findling, M.D., M.B.A.
Leonard and Helen R. Stulman Professor of Child & Adolescent Psychiatry
Director of Child & Adolescent Psychiatry, The Johns Hopkins Hospital
Vice President of Psychiatric Services and Research – Kennedy Krieger Institute
Thank you for your interest in the Child & Adolescent Psychiatry fellowship training program at The Johns Hopkins Hospital. We are delighted that you are considering our program for further training. The Division of Child & Adolescent Psychiatry is steeped in the very history of American psychiatry, starting with our founding father, Dr. Leo Kanner, who established our division in 1930. Our program is built upon the unmatched intellectual resources of Hopkins and the unwavering commitment to the education and training of the next medical generation.

Our program begins the first year with a thorough grounding in acute care, experienced through state-of-the-art inpatient units that treat a wide range of ages and diagnostic categories. Trainees rotate through our inpatient unit and day hospital program. Our consult-liaison rotation is designed to maximize exposure to medically ill children with psychiatric illnesses, as well as provide exposure to a range of pediatric neurological issues. The first year also includes two months of elective rotations designed to supplement clinical knowledge in the areas of substance abuse and treatment, developmental disorders, school-based psychiatry, forensics, and pediatric neurology. From an outpatient perspective, residents have a weekly clinic allowing for a longitudinal outpatient experience throughout the two-year fellowship.

The second year of training is focused solely on outpatient care. Trainees rotate through the Children’s Mental Health Clinic in downtown Baltimore as well as the Developmental Disabilities Clinic at the world-renowned Kennedy Krieger Institute. Learning experiences in basic psychotherapy are also included in this year, as is one elective day per week in which trainees can pursue their own professional interests in any area within the specialty.

Child & Adolescent Psychiatry here at Hopkins is on the cutting edge of our field. In addition to preparing our fellows to be excellent clinicians, we also aim to graduate inquisitive, lifelong learners who will make profound and positive differences in the lives of the children they treat. We are pleased with your interest in becoming a part of the Hopkins legacy and we look forward to meeting you soon.

Sincerely,

Roma A. Vasa, M.D.
Director of Education and Training
The Johns Hopkins Hospital

Esther S. Lee M.D.
Associate Director, Education and Training
The Johns Hopkins Hospital
Processes and Policies

**Application Process**
Applications for six first-year child and adolescent psychiatry fellowship positions are accepted through the [Electronic Residency Application Services](http://eras.aamc.org) (ERAS).

**Resident Contracts and Policies**
Information about the resident contract, benefits, salary, and the Johns Hopkins Graduate Medical Education Policies for Interns and Residents can be found at the link listed below. These policies also include our policy on criminal background checks. Links to all of the policies listed in the last page of the resident contract are included on the website.

[http://www.hopkinsmedicine.org/som/gme/residents/index.htm](http://www.hopkinsmedicine.org/som/gme/residents/index.htm)

**Anti-Discrimination Policy**
The Johns Hopkins University is committed to equal opportunity for its faculty, staff, and students. To that end, the university does not discriminate on the basis of sex, gender, marital status, pregnancy, race, color, ethnicity, national origin, age, disability, religion, sexual orientation, gender identity or expression, veteran status or other legally protected characteristic. The university is committed to providing qualified individuals access to all academic and employment programs, benefits and activities on the basis of demonstrated ability, performance and merit without regard to personal factors that are irrelevant to the program involved.
Founding of Child and Adolescent Psychiatry at Hopkins

Leo Kanner, M.D. (1894-1981) was a man of many firsts. Born in Austria and educated in Germany, he immigrated to the United States in 1924. In 1930, shortly after coming to The Johns Hopkins University School of Medicine, Professors Adolf Meyer, Director of Psychiatry, and Edwards A. Park, Director of Pediatrics, selected Dr. Kanner to develop our nation’s first child psychiatry service in a pediatric hospital.

Dr. Kanner was the first physician in the United States to be identified as a child psychiatrist. His textbook, *Child Psychiatry* (1935), was the first English language textbook of child psychiatry. His first use of the term “child psychiatry” in the title aptly captured the scope of the field and identified child psychiatry as a medical discipline. In 1943, Dr. Kanner first described the syndrome of infantile autism. His concise and cogent clinical descriptions of children with autism continues to inform, and is the standard against which current diagnostic criteria are based. Dr. Kanner continued as the Director of Child and Adolescent Psychiatry at The Johns Hopkins Hospital until his retirement in 1959, although he remained active until his death at age 87.

The division strives to continue the work started by Dr. Kanner by integrating empirically-based state-of-the-art clinical care, commitment to education and training, and the development and dissemination of new knowledge. The Johns Hopkins Division of Child & Adolescent Psychiatry Residency Program is a two-year program dedicated to training academic leaders, master clinicians, productive researchers, and public mental health leaders of the future. All child and adolescent psychiatry residents are called Kanner residents to honor the legacy and mission of Dr. Leo Kanner.

Building upon the vision of its founders, the Division of Child and Adolescent Psychiatry remains at the forefront of patient care, professional education, and research. The division is comprised of three sites – Charlotte R. Bloomberg Children’s Center, Kennedy Krieger Institute, and The Johns Hopkins Bayview Medical Center.
Training Locations

Charlotte R. Bloomberg Children’s Center

Three hospital-based intensive evaluation and treatment programs are offered at the Bloomberg Children’s Center. There are two inpatient units. The Child and Adolescent Psychiatry Inpatient Unit is a 15-bed unit that offers comprehensive diagnostic evaluation and treatment of children and adolescents (typical age ranges from 5-16 years old) with a variety of emotional and behavioral problems including mood disorders, anxiety disorders, psychotic disorders, severe disruptive behavior, and suicide attempts. The Day Hospital (Partial Hospitalization) has 12 openings and serves patients ages 5-17 years old. It serves as a 'step-up' program for patients in outpatient programs who need more intensive treatment and as a 'step-down' program for patients on inpatient units who are transitioning back to outpatient care. Finally, the Consultation Liaison Service provides clinical assessments, treatment, and referrals for any child in The Johns Hopkins Children’s Center. The service focuses on the collaborative relationship with primary care teams in pediatrics like the emergency department, the inpatient pediatric services, and some outpatient pediatric settings as well.
The Kennedy Krieger Institute

The Kennedy Krieger Institute is an internationally recognized institution dedicated to improving the lives of children and adolescents with pediatric developmental disabilities and disorders of the brain, spinal cord, and musculoskeletal system. Areas of specialization include: autism spectrum disorders, behavioral disorders, bone disorders, brain injury, cerebral palsy, developmental disorders, Downs Syndrome, feeding disorders, learning disorders, muscular dystrophy, rehabilitation, sleep disorders, spina bifida, spinal cord injury and paralysis, and Sturge-Weber syndrome.

Highly trained professionals from various disciplines and departments collaborate to design treatment plans specific to each patient’s needs throughout all stages of care.

The inpatient programs consist of the Neurobehavioral Unit (NBU), Brain Injury Responsiveness Program, Pediatric Feeding Disorders Inpatient Program, Pediatric Pain Rehabilitation Program, and Pediatric Rehabilitation Unit.

The outpatient programs consist of 55 outpatient clinics, including the Center for Autism and Related Disorders (CARD), the outpatient psychiatry clinic for children with a wide range of developmental disabilities, and several home and community programs.

A nationally recognized “Blue Ribbon School of Excellence”, Kennedy Krieger School is a leader in innovative education for children, adolescents, and young adults with a wide range of learning, emotional, physical, neurological, and developmental disabilities to unlock the potential inside every student. The programs offered include: kindergarten through 8th grade, Kennedy Krieger High School, LEAP Program, Montgomery County Campus, Public School Partnership Program, and the Physically Challenged Sports & Recreation Program.

Finally, The Maryland Center for Developmental Disabilities at Kennedy Krieger Institute provides a wide range of community-oriented programs and projects to increase services to individuals with developmental disabilities to achieve their potential in work, school, and community life. Project HEAL is Maryland's only comprehensive medical-legal partnership. A community-based program of the Maryland Center for Developmental Disabilities (MCDD) at Kennedy Krieger Institute, Project HEAL (Health, Education, Advocacy and Law) provides comprehensive advocacy and legal services for children with intellectual and developmental disabilities and their families. Project HEAL attorneys collaborate with Kennedy Krieger health care professionals and trainees to ensure that patients receive the medical and legal care they need.
The Department of Psychiatry and Behavioral Sciences at The Johns Hopkins Bayview Medical Center offers a wide variety of outpatient, inpatient, and emergency mental health services for children, adolescents, and adults.

Children, adolescents, and young adults are treated at Bayview in a variety of settings from emergency care to intensive outpatient programs, outpatient clinics, and community programs that reach into neighborhoods and schools.

Outpatient appointments are made through each of the individual clinics or programs. Some of the outpatient services include:

- Case Management
- Children’s Center Intensive Outpatient Program
- Co-Occurring Disorders in Adolescence Program (CODA)
- Deaf and Hard-of-Hearing Clinic
- Early Psychosis Intervention Clinic
- General Child Psychiatry Outpatient Clinic
- Intensive Outpatient Program for Adolescents
- Latino Family Clinic
- Mobile Treatment
- Overeating and Obesity Clinic (CHOC)
- Preschool Clinical Programs
- Psychiatric Rehabilitation Program
- School-Based Mental Health Services
Program Overview

The fellowship in Child and Adolescent Psychiatry at The Johns Hopkins Hospital is designed to provide a comprehensive and broad-based education in psychiatric diagnosis and treatment of children, adolescents, and young adults. The program focuses on developing skills in diagnostic interviewing, case formulation, treatment planning, and psychotherapeutic and pharmacologic management in the context of a strong knowledge base in child development, principles of research, and familiarity with the function and organization of health, education, and welfare institutions.

A two-year program is offered with six residents per year led by faculty dedicated to teaching, clinical care, and individual research pursuits. Strengths include a large full-time faculty, a dynamic educational program, and a diverse clinical portfolio that reflects the expertise of our varied faculty members. Access to the myriad resources in the Department of Psychiatry, the Bloomberg Children’s Center, the Department of Pediatrics, specialists in the School of Medicine, the Bloomberg School of Public Health, the Kennedy Krieger Institute, and other University programs contribute to a robust learning environment.
First Year of Fellowship

The first year of training focuses on the principles of diagnosis and treatment of children and adolescents who present primarily in the hospital setting. Residents learn specific interviewing techniques and adaptations of the principles of psychopharmacology to children and adolescents. They learn about manualized psychotherapeutic techniques (including cognitive behavior therapy, parent management training, and dialectical behavioral therapy) and non-manualized psychotherapeutic techniques (including psychodynamically informed psychotherapy, supportive psychotherapy, and family therapy), as well as the systems of care surrounding children, the interactions between development and pathology, and the obstacles to care.

First Year Rotations

First year clinical rotations include:
Inpatient Unit – Four months
Day Hospital Unit – Four months
Consultation-Liaison Service – Two months
Outpatient Rotation – Two months (includes child neurology, school-based psychiatry, forensics, substance abuse)
Collaborative Continuity Clinic (i.e., outpatient experience) – one half-day per week
Home-Call Coverage - once every 14 days throughout all rotations.

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<th>Fellow</th>
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<td>Consults</td>
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Inpatient Unit: The inpatient unit assesses and stabilizes acute psychiatric dysfunction through pharmacologic, behavioral, and systems-oriented interventions. Over 400 children are treated annually on this service with an average length of stay of approximately 8 days. The interdisciplinary staff consists of attending physicians, child and adolescent psychiatry fellows, adult psychiatry residents, psychology fellows, social workers, occupational therapists, nurses, and clinical care technicians.

Day Hospital: The day hospital provides “step-down” care from the inpatient service and “step-up” care from outpatient programs. The length of stay ranges from 1-3 weeks. Ongoing medication management, family work, individual treatments, and coordination of services are offered. The interdisciplinary staff consists of an attending physician, child and adolescent psychiatry fellows, adult psychiatry residents, psychology fellows, social workers, occupational therapists, nurses, and clinical care technicians.
**Consultation Liaison Service:** The Consultation Liaison Service provides clinical assessments, treatment, and referrals for any child in the Johns Hopkins Children's Center. The service focuses on the collaborative relationship with pediatric primary care teams, including the emergency department, the inpatient pediatric services, and some outpatient pediatric services as well.

**Outpatient Months:** This rotation was created to supplement the first-year clinical experience and includes additional experiences in child neurology, school-based psychiatry, forensics, and substance use disorders.

**Collaborative Continuity Clinic:** The collaborative continuity clinic provides an opportunity for trainees to work in a longitudinal outpatient setting with patients and their families. All cases are assigned by the Training Director and attention is paid to balancing age, gender, diagnoses, and treatment modality. Direct supervision is available on-site and indirect supervision occurs with a longitudinal supervisor who meets with the resident weekly.

**Home-Call:** The home-call experience helps fellows develop competency at performing rapid assessments of severely ill youth requiring inpatient admission and at covering inpatient issues that arise. An attending physician discusses all cases with the fellow. Home-call coverage occurs approximately once every 14 days.

**First Year Didactics**

The clinical experience is enhanced by didactics specifically tailored to the knowledge base of the first-year fellow. A Summer Session provides information about the policies and procedures for documentation, communication, the differences between working with adult patients and with child patients and their families, the initial assessment, engagement strategies when working with youth and families, skills in managing a crisis situation, and the attitude expected towards patients, families, and multidisciplinary teams. In addition, throughout the year there are didactics on critical journal reading, the consultation process, general psychopharmacology, child and adolescent psychopharmacology, ethics, forensics, influences on development, and normal development. Also, there are lectures on psychotherapy techniques including family therapy, cognitive behavior therapy, parent management training, and dialectical behavioral therapy.
Second Year of Fellowship

The second year focuses upon the diagnosis and treatment of children, adolescents, and their families who present primarily in the outpatient setting. Residents develop a deeper understanding of therapeutic interventions in outpatient clinics and have the opportunity to pursue a variety of electives. In addition, there are also opportunities to develop research skills and participate in ongoing research with faculty guidance.

Second Year Rotations

Second year clinical rotations include:
- Collaborative Continuity Clinic (CCC) – one half-day per week
- Scholarly Activity/ Administrative Day or Post-Call – 1.5 days per week
- Children’s Mental Health Clinic (CMHC) – one day per week
- Elective/Psychotherapy clinic – one day per week
- Kennedy Krieger Institute (KKI) Center for Autism and Related Disorders (CARD) or Outpatient Psychiatry Clinic – one half-day per week
- Home-call coverage - once every 14 days throughout the year

<table>
<thead>
<tr>
<th>Fellow</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tr>
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<td>Elective</td>
<td>Lecture/ CARD</td>
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<td>2</td>
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<td>Post-Call</td>
<td>CMHC</td>
<td>Elective</td>
<td>Lecture/ CARD</td>
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<td>3</td>
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<td>CCC/ Call</td>
<td>Post-Call</td>
<td>CMHC</td>
<td>Lecture/ KKI</td>
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<td>4</td>
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<td>Post-Call</td>
<td>Elective</td>
<td>Lecture/ KKI</td>
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<tr>
<td>5</td>
<td>Elective</td>
<td>CMHC</td>
<td>CCC/ Call</td>
<td>Post-Call</td>
<td>Lecture/ KKI</td>
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<tr>
<td>6</td>
<td>Elective</td>
<td>CMHC</td>
<td>CCC/ Call</td>
<td>Post-Call</td>
<td>Lecture/ CARD</td>
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Home-Call Coverage starts at 6:00pm on Monday - Wednesday

Collaborative Continuity Clinic: The collaborative continuity clinic provides an opportunity for trainees to work in a longitudinal outpatient setting with patients and their families. All cases are assigned by the Training Director and attention is paid to balancing age, gender, diagnoses, and treatment modality. Direct supervision is available on-site and indirect supervision occurs through a longitudinal supervisor that meets weekly with the resident.

Scholarly Activity/ Administrative Day: On a scholarly activity/ administrative day, residents have time to work on scholarly activities and quality improvement projects. This time can also be used for completing notes, returning phone calls, and communicating with other providers to coordinate care.

Children’s Mental Health Clinic: The Children’s Mental Health Clinic is dedicated to serving the mental health needs of youth and families in the local East Baltimore community. It is staffed by psychiatric therapists who provide a wide range of services including individual, family, and group work. Second-year fellows work with 1-2 therapists for the year, with weekly team supervision by child psychiatry faculty. Close collaboration with primary care providers
and others involved in a youngster’s care is a critical element of the work. Emphasis is placed on the knowledge, skills, and attitudes necessary to be an effective child psychiatrist in a community care setting.

**Kennedy Krieger Institute - Center for Autism and Related Disorders (CARD):** At the Center for Autism and Related Disorders (CARD), fellows do intake evaluations to determine if a child has autism spectrum disorder and help manage co-occurring psychiatric illnesses in children with an established autism spectrum disorder diagnosis. Fellows work in collaboration with other providers that include neurology, occupational therapy, speech-language pathology, developmental pediatrics, neuropsychology, clinical psychology, genetic counseling, and social work.

**Kennedy Krieger Institute – Outpatient Psychiatry Clinic:** Fellows that attend the Kennedy Krieger Institute work side-by-side with full-time faculty members in specialty clinics that include preschool-aged children, children with genetic syndromes such as Fragile X, and behavioral teratology. They help diagnose and manage psychiatric conditions associated with a wide range of developmental disabilities in children and adolescents.

**Elective:** Over the course of the second year, residents have a fully protected day to pursue longitudinal elective experiences in a specific clinical or research setting guided by specific faculty members. Faculty members work with individual residents to set up an experience that meets the fellow’s educational goals and broadens their training. Examples include:
- Johns Hopkins University Student Mental Health
- Mental health services in the Adolescent Medicine Clinic
- Substance Abuse and Mental Health Services Administration Fellowship
- State or federal advocacy with AACAP
- Research in various fields
- Medical Psychology Consultation in the Pediatric Clinic
- Young Adult and Adolescent Eating Disorders
- Forensics
- Rural Community Psychiatry
- Substance Abuse at the Mountain Manor Treatment Center
- Child and Adolescent Psychiatry Clinics at The Johns Hopkins Bayview Medical Center:
  - Early Psychosis Intervention Clinic (EPIC)
  - Co-Occurring Disorders in Adolescence (CODA) Substance Dependence Clinic
  - Intensive outpatient services
  - Transitional-Aged Youth Clinic
  - Spanish Language Clinic
  - Binge Eating Clinic
  - Early Childhood/Preschool Clinic
  - Mobile Treatment Clinic
- Psychotherapy electives:
  - Family Therapy
  - Dialectical Behavioral Therapy
  - Cognitive Behavioral Therapy
Second Year Didactics

The second year didactics focus on advanced topics of child and adolescent psychiatry and build on the material learned in the first year of fellowship. Expert faculty members are invited to speak on topics including developmental disabilities, neuropsychology, neuroscience, genetics, evidence-based practice, and psychiatric formulation.

Divisional Conference Topics

In addition to the first and second year didactics, additional teaching occurs at the Divisional Conference held on Wednesdays. This weekly conference is a combination of faculty presentations, case discussions, and lectures by invited faculty from the divisions of Pediatrics, Neurology, and the School of Public Health, as well as current second-year child and adolescent psychiatry fellows. The conference covers a variety of “hot topics”, challenging issues, and complex clinical situations.

Divisional Conference Schedule, 2016-2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker</th>
<th>Title</th>
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<tbody>
<tr>
<td>September 7</td>
<td>Chiquita Collins, M.D.</td>
<td>Cultural Diversity</td>
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<td>14</td>
<td>Hoover Adger, M.D., M.P.H., M.B.A.</td>
<td>Motivational Interviewing</td>
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<tr>
<td>21</td>
<td>No Conference</td>
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<td>28</td>
<td>Faculty Appreciation Lunch</td>
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<td>October 5</td>
<td>Fernando Espi, M.D.</td>
<td>Monsters, Demons and Psychopaths: Psychiatry and Horror Film</td>
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<tr>
<td>12</td>
<td>Mark Reader, Ph.D.</td>
<td>Gender Dysphoria</td>
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<td>Andrea Young, Ph.D.</td>
<td>Research</td>
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<tr>
<td>26</td>
<td>NO CONFERENCE</td>
<td>AACAP Meeting</td>
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<tr>
<td>November 2</td>
<td>Tasha Johnson, Ph.D.</td>
<td>Consideration Without Pity: Do We Have the STEAM to Leave No Student Behind?</td>
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<tr>
<td>9</td>
<td>Elizabeth LeTourneau, Ph.D.</td>
<td>Child Sexual Abuse is a Preventable Public Health Problem</td>
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<tr>
<td>16</td>
<td>Bob Findling M.D. M.B.A.</td>
<td>The Pharmacotherapy of Conduct Disorder and Related Disorders</td>
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<tr>
<td>23</td>
<td>NO CONFERENCE</td>
<td>THANKSGIVING HOLIDAY</td>
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<tr>
<td>Date</td>
<td>Speaker</td>
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<tr>
<td>30</td>
<td>James Harris, M.D.</td>
<td>Lesch-Nyhan Syndrome: From Genes to Behavior</td>
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| December 7 | Ms. Heidi Alvarez  
<pre><code>           | Mr. Neil Mallon                                                    | Safe Center for Human Trafficking Survivors                          |
</code></pre>
<p>| 14     | Carolina Vidal, M.D.             | Aggression and Trauma in Youth                                      |
| 21     | NO CONFERENCE                    | CHRISTMAS HOLIDAY                                                    |
| 28     | NO CONFERENCE                    | NEW YEAR’S HOLIDAY                                                  |
| January 4 | John Walkup, M.D.               | Update on the Treatment of Depression in Children and Adolescents  |
| 11     | Maureen Black, Ph.D.             | Advancing Early Childhood Development: from Science to Scale        |
| 18     | Rick Ostrander, Ed.D.            | Mental Health Parity and Bias in Clinical Practice: The Utility of Quasi Experimental Designs |
| 25     | No Conference                    |                                                                      |
| February 1 | Ishaq Lachin, B.A. JHSOM/MSIV   | Mental Health of Child Refugees                                      |
| 8      | Margaret Moon, M.D., M.P.H.      | Ethics and Gender Dysphoria in Child and Adolescent Psychiatry      |
| 15     | Leslie Miller, M.D.              | Interpersonal Psychotherapy for Mood and Behavior Dysregulation      |
| 22     | Oscar Barbarin, Ph.D.            | Developmental Status of African American Boys: Difficulties, Etiology and Possible Solutions |
| March 1 | Mary Cwik, Ph.D.                 | Youth Suicide Prevention in Maryland and Beyond                     |
| 8      | Allison Papidakis, Ph.D.         | Adolescent Angst: Relations Among Peer Stressors and Internalizing Symptoms |
| 15     | DIVISION LUNCH                   |                                                                      |
| 22     | Beth Slomine, Ph.D.              | Moderate to Severe Traumatic Brain Injury in Children: Functional, Neuropsychological, and Psychiatric Outcomes |
| 29     | Marc Fishman, M.D.              | Treatment of Opioid Addiction in Youth                              |</p>
<table>
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<tr>
<th>Date</th>
<th>Speaker</th>
<th>Title</th>
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<tr>
<td>April 5</td>
<td>Margo Szabo, Ph.D.</td>
<td>Social Outcomes among Pediatric Burn Survivors</td>
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<tr>
<td>12</td>
<td>Ellen Bartolini, Ph.D.</td>
<td>Emotion Elicitation with Films</td>
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<tr>
<td>19</td>
<td>Iman Parhami, M.D., M.P.H.</td>
<td>Is Internet Gaming Disorder (IGD) an Addiction or a Clinical Phenomenon Related to Neurodevelopmental Processes?</td>
</tr>
<tr>
<td>26</td>
<td>Sukhdeep Rahi, M.D.</td>
<td>Effectiveness of Psychosocial Approaches in Prevention of Conduct Disorder in Preschool and School Age Children</td>
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<tr>
<td>May 3</td>
<td>Leela Magavi, M.D.</td>
<td>Is Repetitive Transcranial Magnetic Stimulation (rTMS) an Efficacious Treatment for Pediatric Depression?</td>
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<tr>
<td>10</td>
<td>Vijay Chand, M.D.</td>
<td>Resident Burn-out</td>
</tr>
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<td>17</td>
<td>Candace Giles, M.D.</td>
<td>Multisystemic Therapy versus Functional Family Therapy: Which is most effective in decreasing outcomes in the juvenile offender population?</td>
</tr>
<tr>
<td>24</td>
<td>Candes Dotson, D.O.</td>
<td>Social Skills Training in Children and Adolescents with High Functioning Autism</td>
</tr>
</tbody>
</table>
Scholarly Activities Completed By Fellows

Publications


Parhami I, Siani A, Rosenthal RJ, Fong TW. Pathological gambling, problem gambling and sleep


**Sharma P**. Are We Hastily Embracing Biomarkers? *Am J Psychiatry Res J* 2014; 13

**Sharma P** Reducing the likelihood that a patient will be readmitted. *Current psychiatry*; 2015

**Sharma P**, Manning S, Baronia R, Mushtaq S, Pyrethriod as a substance of abuse. *Case reports in psychiatry*; 2015

**Sharma P**. Various reactions to a patient’s suicide and the responsibilities of a psychiatrist. *Am J psychiatry Res*; 2015

**Sharma P**. A case of boundary issue in rural practice and measures to avoid it. *Prim Care Companion CNS Disord* 2015


**Sharma P**. Are we prepared for Ebola-like diseases? *Prim Care Companion CNS Disord*. 2015


**Sharma P**, Davis J, Rachamallu V, and Aligeti M. Concomitant Use of Topiramate Inducing Neutropenia in a Schizophrenic Male Stabilized on Clozapine. *Case reports in Psychiatry*. 2015


**Sharma, P.** A Complex Case of Early Onset, Treatment Refractory Schizophrenia with Catatonic Features in an Adolescent Female with Eating Disorder. *Adolescent Psychiatry.* 2016


**Posters**


Leela Magavi A Systematic Review of Repetitive Transcranial Magnetic Stimulation as a Treatment for Pediatric Depression. AACAP’s 63rd Annual Meeting (October 2016)

Iman Parhami. Prescription opioid and benzodiazepine misuse in Delaware. 168th Annual
Iman Parhami. Multiple psychotropics in individuals with intellectual disability: A selected review and case report. 167th Annual Meeting: American Psychiatric Association, New York, NY; May 2014


Erwin C., Sharma P., Baronia R., Manning S. Ethical Issues in the Use of Opioid Treatment Agreements. The Association for Practical and Professional Ethics Twenty sixth Annual International Conference, February 23-26, 2017, Dallas, TX

Awards
Mahlet Girma – University of Florida Department of Psychiatry-Outstanding Resident Teacher of the Year 2016.
Brian Hendrickson – 2017 Payne Whitney Psychiatry Award of Excellence Outpatient Psychiatric Rehabilitation Services
Brian Hendrickson – Medical Student Research Award (Georgetown University, 2013)
Brian Hendrickson – NIMH Intramural Summer Research Award (NIMH, 2010)
Leela Magavi – 2015 Recipient of the American Academy of Child and Adolescent Psychiatry (AACAP) Educational Outreach Program (EOP) Award
Leela Magavi – 2016 Recipient of the American Academy of Child and Adolescent Psychiatry (AACAP) Educational Outreach Program (EOP) Award
Iman Parhami – National Institute on Drug Abuse and American Academy of Child and Adolescent Resident Training Award in Substance Abuse and Addiction ($18,000 stipend)
Iman Parhami – Educational Outreach Program for Fellows Award (American Academy of Child And Adolescent Psychiatry)
Iman Parhami – AACAP Appointed Member of the Substance Abuse and Addiction Committee (2014-present)
Iman Parhami – Member Delaware Council on Gambling Problems, Board of Directors (2013 – present)
Iman Parhami – Systems of Care Special Program Clinical Project Award, American Academy of Child and Adolescent Psychiatry Oct 2016
Sa Eun Park – Intern of the Year Award, Dept. of Psychiatry, Allegheny General Hospital (2013–present)
Pravesh Sharma – AACAP Pilot research award, funded by AACAP ($15,000 grant)
Pravesh Sharma – AACAP Educational Outreach Program for CAP Fellows funded by AACAP ($1000)
Souraya Torbey – University of Virginia Global Health Initiative, travel grant (Uganda)
Souraya Torbey – University of Virginia Global Health Initiative, travel grant (Guatemala)
Steven Woods – Outstanding Service and Leadership Award (“In recognition of exemplary dedication and efforts to the Howard University College of Medicine Psychiatry Student Interest Group,” Awarded by the Howard University College of Medicine Student Council)
Steven Woods – The Dr. Mavis S. Thompson Award (Given to the Outstanding Student in Geriatrics, Awarded by the Howard University Hospital Department of Medicine)
Steven Woods – The Ann Minor Award for Geriatrics Leadership (Awarded by the Howard University Hospital Department of Medicine)

Lectures
Iman Parhami - Difficult case review: Clozapine and Treatment-Resistant Schizophrenia. Presented at Lecture for State and Hospital Administrators.
Iman Parhami - Recent research on gambling disorders. Presented at Lecture: Phase Two Training for Certified Gambling Treatment Providers; Office of Program Gambling.
Iman Parhami - Motives for gambling. Lecture: Training for counselors at Behavioral Health Services of Los Angeles.
Iman Parhami - Culture factors and gambling disorders. Lecture: Training for counselors at Behavioral Health Services of Los Angeles.
Iman Parhami - The severity of gambling disorders. Lecture: Training for counselors at Behavioral Health Services of Los Angeles.
Anupriya Razdan – Preschool psychiatric assessment in a clinical setting. Workshop, APA annual meeting, San Diego, CA; May, 2017.
Pravesh Sharma – Suicide Prevention. Lecture at the National Alliance on Mental Illness

Pravesh Sharma – Effects of Marijuana Use on Child & Adolescent Development. Lecture at National Alliance on Mental illness (NAMI), Baltimore, MD (upcoming, April 19, 2017).


Steven Woods – Longitudinal evaluation using the recently developed Defense Automated Neurobehavioral Assessment (DANA) tool of the cognitive impact of Electroconvulsive Therapy (ECT) in the treatment of Major Depression. Oral Presentations presented at:
- Public Health Conference 2014; Bangkok, Thailand.
- American Psychiatric Association Conference 2016, Atlanta Georgia
First Year Child and Adolescent Psychiatry Fellows

Dr. Mahlet Girma attended the University of Massachusetts-Amherst for her undergraduate studies and then received her medical degree from Ross University School of Medicine. She completed her general psychiatry residency at the University of Florida, Jacksonville. Her professional interests include eating disorders, LGBTQ youth, global mental health, and teaching. In her free time she enjoys trying different international cuisines, traveling, watching stand-up comedy shows, and dance.  
Email: mgirma5@jhmi.edu

Dr. Ross Goodwin earned his bachelor of science and his medical degree from the University of Virginia. He completed psychiatry residency at George Washington University, where he served as a chief resident. His particular professional interests include infant and toddler neurodevelopment, autism spectrum disorder, and school-based psychiatry. In his leisure time, he enjoys playing violin and piano, riding bikes, and spending time with his wife and daughter.  
Email: rgoodwin@jhmi.edu

Dr. Brian Hendrickson completed his undergraduate studies at The College of the Holy Cross (Worcester, MA) and then earned his medical degree at the Georgetown University School of Medicine. He then completed his general psychiatry training at New York-Presbyterian Hospital/Weill Cornell Medical Center. His professional interests include forensics, addictions, and first-break psychosis. His personal goals include competing in his first triathlon, running another marathon, improving his culinary skills, and watching all of the AFI's 100 Greatest American Films.  
Email: bhendr10@jhmi.edu

Dr. Nadimire Jules-Dole completed her undergraduate studies at Barnard College of Columbia University, after which she attended Drexel College of Medicine for her medical degree. After completing an OB/Gyn intern year at Stony Brook University Hospital, she came to Johns Hopkins Hospital for her training in general psychiatry. Her professional interests include maternal and child mental health as well as public health and behavioral health integration in pediatric primary care. In her free time, Dr. Jules-Dole enjoys spending time with her husband and two small children and learning how to crochet.  
Email: njulesd1@jhmi.edu
Dr. Sa Eun Park attended Seoul National University School of Medicine (a 6-year combined undergraduate and medical program) where she obtained her medical degree. She then completed her training in general psychiatry at Allegheny General Hospital in Pittsburgh, PA. Dr. Park’s professional interests include psychotic disorders and developmental child psychiatry with a special interest in human-animal connections and community psychiatric care. In her free time, she loves traveling to different countries and experiencing different cultures. She enjoys spending time with her husband and two dogs exploring the outdoors, swimming, having poker nights with family, and cooking in or out.
Email: spark172@jhmi.edu

Dr. Steven Woods attended Howard University for his undergraduate studies and also obtained his masters and medical degrees from that institution. After completing two years in a general pediatrics residency at Children’s Hospital of Michigan, he completed a postdoctoral research fellowship at Johns Hopkins, followed by general psychiatry residency. Dr. Woods’ professional interests include trauma and resiliency, international/global health, mental health impact on educational achievement, and addressing healthcare disparities including the use of technology and consultative relationships with general practitioners. In his free time, he enjoys bicycling, scuba diving, skiing on the West Coast, international traveling, and performing both choral and instrumental music.
Email: swoods4@jhmi.edu
Second Year Child and Adolescent Psychiatry Residents

Dr. Jason Emejuru received his undergraduate and medical degrees from Virginia Commonwealth University in Richmond, VA. He completed a pediatrics internship at Tulane University before joining the general psychiatry program at George Washington University, where he served as a chief resident. His professional interests include integrative medical/mental health services and the connection between social networks and improved outcomes in mental illness. In his free time, Dr. Emejuru enjoys cinema, practicing the banjo, casually listening to jazz, watching and attending sporting events, and taking tap dancing classes.

Email: jemejur1@jhmi.edu

Dr. Caitlin Engelhard completed her undergraduate studies at Swarthmore College before attending The Johns Hopkins University School of Medicine for her M.D. and Ph.D. in neuroscience. She stayed on at Hopkins for a pediatrics internship year and general psychiatry residency. Her professional interests include the intersection of maternal and child mental health. Outside of work, Dr. Engelhard keeps busy raising her two young children.

Email: cengelh1@jhmi.edu

Dr. Anupriya Razdan graduated from the Government Medical College in Jammu, India before completing her general residency at SUNY Downstate Medical Center in Brooklyn, NY. Her professional interests include first-break psychosis, autism spectrum disorders, and adolescent addictions. In her free time, Dr. Razdan enjoys learning to make new dishes, working on her postcard collection, and traveling.

Email: arazdan1@jhmi.edu

Dr. Pravesh Sharma attended the Rajiv Gandhi Medical College in Thane, Maharashtra, India for his medical degree before joining the general psychiatry program at Texas Tech University Health Sciences Center in Lubbock, TX where he served as a chief resident. His professional interests include substance use and co-occurring psychiatric disorders in adolescents and young adults, especially the complex interrelationship between cannabis use disorder and psychosis. Outside of work, Dr. Sharma enjoys Hindi music, singing, playing cricket, cooking, and watching movies with his wife.

Email: psharm24@jhmi.edu
Dr. Matthew Taylor completed his undergraduate studies at the University of Kansas before earning his medical degree at Saint Louis University (St. Louis, MO). He then completed his general psychiatry training at The Johns Hopkins Hospital. His professional interests include eating disorders, personality development and pathology, and video games and mental health with the longterm goal of working in an academic setting as a clinician-educator. In his free time he enjoys reading, board games, video games, working with his church, cooking, and writing.

Email: mtaylo85@jhmi.edu

Dr. Souraya Torbey completed her undergraduate studies at the American University of Beirut before completing medical school at Balamand University in Lebanon. Following medical school she participated in a postdoctoral fellowship in biomedical research at the Department of Physiology at Northwestern University’s Feinberg School of Medicine in Chicago, IL where she investigated the relationship between brain activity, anatomical circuitry, behavior, and chronic pain through functional and structural MRI. Dr. Torbey then pursued general psychiatry training at the University of Virginia. Her professional interests include college student mental health, global health implementation and policy, and the effect of trauma on children. Her long-term goal is to study the effects of conflict/trauma and refugee status on children while developing and installing accessible methods of treatment within refugee camps and low resource settings. Outside of work she enjoys following the NHL, attending Capitals games, running, international travel, and learning new languages.

Email: storbey1@jhmi.edu
Post-Graduate Plans for Kanner Fellows

2017:
Vijay Chand – Private Practice – Palos Heights, IL
Candes Dotson – Driscoll Children’s Hospital – Corpus Christi, TX
Candace Giles – Forensic Psychiatry Fellowship – Emory University (Atlanta, GA)
Leela Magavi – Private Practice – Newport Beach, CA
Iman Parhami – Los Angeles County Mental Health Clinic – Canoga Park, CA
Sukhdeep Rahi – Carolinas Medical Center – Charlotte, NC

2016:
Shawn Chambers – Fellowship, Preventative Medicine & Public Health, The Johns Hopkins University Bloomberg School of Public Health
Amanda Gorecki – Private Practice – Smithtown, NY
Taranjiet Jolly – Private Practice – Hagerstown, MD
Tania Kannadan – Private Practice – Pittsburgh, PA
Parvathy Nair – Private Practice – Chicago, IL
Laura Wieczorek – Private Practice – Boston, MA

2015:
Yuval Asner – Staff Psychiatrist – Mercy Hospital (St. Louis, MO)
John Cruz – Private Practice – Berkeley, CA
Jamie Hom – Attending Psychiatrist – The Children’s Hospital of Philadelphia
Zoya Popivker – Attending Psychiatrist – Stony Brook University Hospital
Melissa Wellner – Private Practice – Annapolis, MD

2014:
Matthew Burkey – Assistant - The Johns Hopkins Hospital
Shin-Bey Chang - Staff Attending Psychiatrist - Bon Secours Hospital
Russell Horwitz - Staff Psychiatrist - Family Services, Inc.
Sanaz Kumar - Staff Psychiatrist - Department of Corrections (Washington, DC)
Pramit Rastogi – Instructor - Kennedy Krieger Institute
Grace Thammasuvimol - Staff Psychiatrist - Blue Ridge Behavioral Health

2013:
Allan Andersen – Academics, The Johns Hopkins University
Ronald Lee – Private Practice, San Francisco, CA
Prem Pathak - Private Practice, Bismarck, ND
Sean Pustilnik – Academics, University of Maryland
Susan Solimine – Private Practice, Providence, RI

2012:
Steven Chao – Private Practice, Seattle, WA
Mary Cutler _ Private Practice, Baltimore, MD
Hon Ho – Academics, Harvard Medical School
Shiva Srinivasan – Private Practice, Chennai, India
Natalie Yzer – Private Practice, Baltimore, MD
### Faculty Who Often Interview

<table>
<thead>
<tr>
<th>Susan Carnell, Ph.D.</th>
<th>Robert Findling, M.D., M.B.A.</th>
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<tr>
<td>Assistant Professor</td>
<td>Professor</td>
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<td>The Johns Hopkins Hospital</td>
<td>The Johns Hopkins Hospital</td>
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**Dr. Susan Carnell**

Dr. Susan Carnell completed her undergraduate studies at the University of Oxford where she received a B.A. in Experimental Psychology. She obtained her Ph.D. in Health Psychology from University College London. Following post-doctoral training at University College London and at Columbia University’s New York Obesity Nutrition Research Center, she moved to the Division of Child & Adolescent Psychiatry at The Johns Hopkins Hospital. Her research interests include neuroimaging studies of appetite and obesity, and genetic and environmental influences on children’s eating behavior. In her spare time, Dr. Carnell enjoys writing about science and writing songs and singing for her new music project, Chia.

**Dr. Robert Findling**

Dr. Findling is a Professor of Psychiatry, the Director of Child & Adolescent Psychiatry, and Vice Chair in the Department of Psychiatry at Johns Hopkins. He is also the Vice President of Psychiatric Services and Research at the Kennedy Krieger Institute. Dr. Findling did his undergraduate work at Johns Hopkins University and went to medical school at the Medical College of Virginia. Dr. Findling then completed training in Pediatrics, Psychiatry, and Child & Adolescent Psychiatry as part of the “triple board” joint training program at Mt. Sinai in New York. He subsequently earned his Masters of Business Administration degree at a joint program run by the London School of Economics, NYU Stern, and Ecole des Hautes Etudes Commerciales de Paris called “Trium”. After serving as the Rocco L. Motto, M.D. Chair of Child and Adolescent Psychiatry at Case Western Reserve University School of Medicine, as well as the Director of the Division of Child and Adolescent Psychiatry at University Hospitals Case Medical Center, Dr. Findling returned to Baltimore in 2012. In his spare time, he is a Hopkins lacrosse and jazz enthusiast who enjoys taking walks with his two Chinese Crested dogs.
| Marco Grados, M.D., M.P.H.  
| Associate Professor  
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<tr>
<td>After completing undergraduate and medical training in Lima, Peru, Dr. Grados went to Detroit for an internship in internal medicine and a general residency in psychiatry at the Henry Ford Health Systems, followed by a child and adolescent psychiatry fellowship at The Johns Hopkins Hospital. Dr. Grados’ research is in the area of genetic epidemiology for obsessive-compulsive disorder (OCD) and related disorders. He is now clinical director in the division of child and adolescent psychiatry and oversees the acute care (Day Hospital, inpatient) and outpatient services. In his spare time, he enjoys reading philosophy and trying different culinary cuisines from around the world.</td>
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| Bradley Grant, D.O.  
| Instructor  
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<tr>
<th>Kennedy Krieger Institute</th>
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<tr>
<td>Dr. Grant attended the University of Maryland, Baltimore County as a University Scholar and received his medical degree from the Philadelphia College of Osteopathic Medicine. Prior to joining the faculty at Kennedy Krieger, he completed both his general psychiatry and child psychiatry fellowship at the University of Virginia. Dr. Grant practices at both the Center for Child and Family Traumatic Stress and Outpatient Psychiatry. As an investigator at the KKI Clinical Trials Unit, he studies novel treatments for pediatric ADHD, depression, and bipolar disorder. In his spare time, he enjoys being out on the water, traveling, and spending time with his family.</td>
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| Christopher Hammond, M.D., Ph.D.  
| Assistant Professor  
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<tr>
<td>Dr. Hammond completed his undergraduate studies at Washington University in St. Louis, MO and his medical degree at the University of Florida College of Medicine in Gainesville, FL. He completed an integrated child, adolescent, and adult psychiatry training program at Yale University School of Medicine, where he also earned his Ph.D. in Investigative Medicine. Dr. Hammond’s research focus is on the neurobiological predictors and mechanisms of adolescent substance use disorder (SUD) treatment response and recovery, and improving our understanding of adolescent vulnerability to SUDs. Clinically, Dr. Hammond works with youth (ages 13-25) with co-occurring substance use and psychiatric disorders. When not working, he enjoys spending time with his family, running, cooking/eating, hiking, and exploring Maryland’s state and national parks and Chesapeake waterways.</td>
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Jessica Hankinson, Ph.D.
Assistant Professor
The Johns Hopkins Hospital

Dr. Hankinson received her Ph.D. in Clinical Psychology from the University of South Florida. She completed her pre-doctoral internship and two-year pediatric psychology post-doctoral fellowship at the Kennedy Krieger Institute in Baltimore, MD. She specializes in pediatric psychology and the treatment and assessment of children with chronic medical conditions and associated emotional and behavioral difficulties. She also serves as the primary behavioral consultant within the Divisions of Pediatric Gastroenterology and Nutrition and Pediatric Urology and is part of multi-disciplinary teams that evaluate and treat children with chronic constipation and voiding dysfunction. She also has extensive experience providing behavioral management training and cognitive behavioral therapy to children with complex medical conditions (e.g. bladder extrophy, inflammatory bowel disease, cystic fibrosis, and functional pain disorders) and their families. Her clinical research has focused on behavioral interventions for improving children's compliance with medical regimens and procedures. In her spare time, she enjoys running, hiking, and spending time with her family—her husband, daughter, and their boxer, Bo.

James Harris, M.D.
Professor
The Johns Hopkins Hospital

Dr. James Harris completed his undergraduate studies at the University of Maryland, College Park where he majored in Zoology. He received his medical degree from George Washington University School of Medicine and completed his pediatric internship at Children’s Hospital in Los Angeles before joining the U.S. Public Health Service, where he spent 2.5 years as a Peace Corps Staff Physician in Thailand. He continued his training in General Pediatrics at the University of Rochester and completed it at The Johns Hopkins Hospital. Subsequently, he completed additional residency training in Neurodevelopmental Pediatrics, General Psychiatry, and Child and Adolescent Psychiatry at The Johns Hopkins Hospital. His research focus is on pathways from genes to cognition and complex behavior and the physiology of social understanding and engagement. His goal in working with children with neurodevelopmental disabilities has focused on helping each child to reach his or her individual potential, believing that all children are capable of personal self-expression and growth whether or not they have cognitive limitations. Outside of work, he enjoys reading about the humanities and psychiatry, mindfulness meditation, and international travel.
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<th>Name</th>
<th>Title</th>
<th>Institution</th>
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<tr>
<td>Michelle Horner, D.O.</td>
<td>Assistant Professor</td>
<td>The Johns Hopkins Bayview Medical Center</td>
<td>Dr. Michelle Horner completed her undergraduate studies at Pennsylvania State University before attending Michigan State University College of Osteopathic Medicine. She completed her general psychiatry training at Henry Ford Hospital in Detroit, MI and her child psychiatry fellowship at the University of Pittsburgh School of Medicine. Her professional interests include the study of prenatal and other early risk factors that alter a child’s risk trajectory towards substance use disorders and depression. She also works with AACAP and JAACAP Connect to improve lifelong learning through mentorship and publication. In her free time she enjoys travel, photography, and painting.</td>
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<tr>
<td>Joan Kaufman, Ph.D.</td>
<td>Associate Professor</td>
<td>Kennedy Krieger Institute</td>
<td>Dr. Joan Kaufman completed her undergraduate studies at Tufts University. After earning her Ph.D. in Clinical Psychology at Yale University, she completed her post-doctorate fellowship at Western Psychiatric Institute and Clinic. Her two primary areas of investigation include 1) studies in support of the NIMH’s Research Domain Criteria (RDoC) initiative, which aims to develop the necessary database to derive a new psychiatric nomenclature informed by neuroscience, genetics, and psychology; and 2) research on risk and resilience in maltreated children. Outside of work, her primary interests are family and food.</td>
</tr>
<tr>
<td>Esther Lee, M.D.</td>
<td>Instructor</td>
<td>The Johns Hopkins Hospital</td>
<td>Dr. Esther Lee completed her undergraduate studies at the University of Maryland, College Park. She obtained her medical degree from the University of Maryland, School of Medicine. She completed her general psychiatry residency at Boston University Medical Center and her child and adolescent psychiatry fellowship at Washington University in St. Louis. Her professional interests include medical education and telepsychiatry. Outside of work, she enjoys reading, going to the theatre, listening to music, golfing, and traveling.</td>
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Carisa Perry-Parrish, Ph.D.
Assistant Professor
The Johns Hopkins Hospital

Dr. Carisa Perry-Parrish completed her undergraduate studies at the University of Georgia where she majored in Psychology and minored in Music and Linguistics. She attended the University of Maine where she obtained her M.A. in Psychology, the Children's Hospital at Stanford & Children's Health Council where she completed a pre-doctoral clinical internship in Child Clinical and Pediatric Psychology, and obtained her Ph.D. in Clinical Psychology from the University of Maine. She then went to The Johns Hopkins Hospital where she did her post-doctoral clinical fellowship in Child Clinical and Pediatric Psychology and research fellowship in psychology and adolescent health. Her specialty includes emotion regulation, acceptance and mindfulness-based interventions for improving self-regulation, parent training for noncompliant children, and integrating evidence-based mental health services in primary care. In her spare time, she enjoys cooking, swimming, and spending time with her family.

Pramit Rastogi, M.B.B.S., M.P.H.
Assistant
Kennedy Krieger Institute

Dr. Pramit Rastogi completed his undergraduate studies in India. He obtained his M.B.B.S. degree from the University of Delhi and then completed his M.P.H. from The Johns Hopkins School of Public Health. He completed his adult psychiatry residency at Georgetown University where he was a chief resident, and his child and adolescent psychiatry fellowship from The Johns Hopkins Hospital. His professional interests include public mental health, consultation-liaison psychiatry, cross-cultural psychiatry, psychodynamic psychotherapy, and working with children with disabilities. His outside interests include cooking, primarily experimenting with Indian regional cuisine, photography, keeping in touch with his friends and family in India and the U.S., and spending time with his wife watching documentaries and late-night comedy.

Rheanna Platt, M.D., M.P.H.
Instructor
The Johns Hopkins Bayview Medical Center

Dr. Rheanna Platt completed her undergraduate studies at Brown University. She attended Mayo Medical School where she obtained her M.D. and The Johns Hopkins Bloomberg School of Public Health where she obtained her M.P.H. She completed a pediatrics residency at The Johns Hopkins Hospital, her adult psychiatry residency at Columbia
**Elizabeth Reynolds, Ph.D.**  
Assistant Professor  
The Johns Hopkins Hospital

Dr. Elizabeth Reynolds attended the University of Michigan for her undergraduate studies. She completed her pre-doctoral internship training at Alpert Medical School of Brown University Clinical Psychology Training Consortium and completed her Ph.D. in Clinical Psychology from the University of Maryland, College Park. After completing a post-doctoral fellowship at The Johns Hopkins Hospital, she joined the faculty in child and adolescent psychiatry. Broadly, her research and clinical interests focus on the development and maintenance of health risk behavior among children and adolescents. She acts as a behavioral consultant on the inpatient and day hospital units as well as conducting psychological evaluations and providing behavioral and cognitive behavioral treatments (e.g., DBT) to outpatients. Her outside interests include cooking, exploring Baltimore, and spending time with her family, her husband and baby.

**Karen Seymour, Ph.D.**  
Assistant Professor  
The Johns Hopkins Hospital

Dr. Karen Seymour graduated magna cum laude from the University of Notre Dame with a BA in psychology. After completing her pre-doctoral internship at Children's National Medical Center in Washington, DC, she received her Ph.D. in Clinical Psychology from the University of Maryland, College Park. She then completed a post-doctoral fellowship in Child Mental Health at Brown University Alpert School of Medicine. Her professional interests include examining emotion regulation difficulties, particularly frustration, in children with ADHD using affective neuroscience techniques, and how these difficulties relate to subsequent mood problems. In her spare time, she is an avid Notre Dame fan, loves to work out and play sports, and engages in service activities. She also likes spending time with her husband and pet Havanese.
| **Ekaterina Stepanova, M.D., Ph.D.**  
Instructor  
The Johns Hopkins Hospital |
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<tr>
<td>Dr. Ekaterina Stepanova completed undergraduate and medical studies at the Saratov State Medical University in Saratov, Russia and, after obtaining her Ph.D. from the Scientific Center of Mental Health at the Russian Academy of Sciences, went on to do both general psychiatry residency and child &amp; adolescent psychiatry fellowship at Stony Brook University. Her professional interests include identifying risk factors for neurodevelopmental disorders and using neuroimaging techniques to study pathophysiology and functional impairment in mental illness. Outside of work, she enjoys martial arts, ballroom dancing, running, and playing the piano.</td>
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| **Lynn Taylor, M.D.**  
Clinical Associate  
The Johns Hopkins Hospital |
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<td>Dr. Lynn Taylor did her first two years of undergraduate studies at the University of Southern California and her final two years at the University of Arkansas, where she majored in Chemistry. She received her medical degree from the University of Arkansas, completed her adult psychiatry training at the University of Arkansas, and did her child and adolescent fellowship at Brown University/ Bradley Hospital. Her particular interests include outcomes and treatment research with a special emphasis on families and how family functioning affects treatment response and effectiveness. Outside of work, she has two sports horses (one of which she bred) who are hunters and jumpers and is interested in the relationship between people and their pets. She also reads voraciously and loves to travel.</td>
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| **Elaine Tierney, M.D.**  
Associate Professor  
Kennedy Krieger Institute |
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<td>Dr. Elaine Tierney completed her undergraduate studies and obtained her M.D. from the University of Florida. She did a transitional internship year at Cook County Hospital and then did both her adult psychiatry residency and child and adolescent psychiatry fellowship at The Johns Hopkins Hospital. Her professional interests include genetic and metabolic disorders and autism. In her spare time, she enjoys growing and giving away herbs, learning about native plants, reading about cooking, and swimming.</td>
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| **Roma Vasa, M.D.**  
**Associate Professor**  
The Johns Hopkins Hospital  
Kennedy Krieger Institute |
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<td>Dr. Roma Vasa completed her undergraduate studies at Colby College and obtained her medical degree from Robert Wood Johnson Medical School. She completed her internship in internal medicine at Columbia Presbyterian Hospital and her adult psychiatry residency and child and adolescent psychiatry fellowship at The Johns Hopkins Hospital. Her professional interests include child and adolescent anxiety and depressive disorders, behavioral and neural correlates of pediatric anxiety disorders, and autism. She is also the director of education and training for the child and adolescent psychiatry program at The Johns Hopkins Hospital and oversees all psychiatry training activities at the Kennedy Krieger Institute. In her spare time, she enjoys international travel, kayaking, swimming, spending time with her family, and watching foreign film.</td>
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| **Carolina Vidal, M.D., M.P.H.**  
**Clinical Associate**  
The Johns Hopkins Hospital |
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<td>Dr. Carolina Vidal completed her undergraduate and medical studies at the Universitat Autònoma de Barcelona before obtaining her M.P.H. from Drexel University. She then completed both general psychiatry residency and child &amp; adolescent psychiatry fellowship at the University of Maryland Medical Center. Her professional interests include disruptive disorders in young children, depression in teenage urban populations, and the effect of the environment on the mental health of children (including poverty, culture, the physical environment, and trauma). Outside of work, she enjoys spending time with her husband and two daughters, outdoor activities (especially trail running and climbing), fiddling with string instruments, and reading.</td>
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| **Holly Wilcox, Ph.D.**  
**Associate Professor**  
The Johns Hopkins Hospital |
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<td>Dr. Holly Wilcox completed her undergraduate studies at Northeastern University. She attended New York University where she obtained her M.S. and went to The Johns Hopkins Bloomberg School of Public Health for her Ph.D. in psychiatric epidemiology. Her professional interests include the prevention of suicide in the pediatric population.</td>
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Lawrence Wissow, M.D., M.P.H.  
Associate Professor  
The Johns Hopkins Hospital

Dr. Lawrence Wissow completed his undergraduate studies at Amherst College. He obtained his M.D. from Duke University and his M.P.H. from The Johns Hopkins School of Public Health. He completed his pediatric internship, pediatric residency, adult psychiatry residency, and child and adolescent psychiatry fellowship at The Johns Hopkins Hospital. His professional interests include disclosure of sensitive issues, multi-cultural and international settings, integration of mental health with primary care, and he is a co-located member of the mental health team in the pediatric and transitional-age HIV clinics. In his spare time, he enjoys playing the Renaissance lute (he admittedly says not well, but he enjoys it nevertheless).

Andrea Young, Ph.D.  
Assistant Professor  
The Johns Hopkins Hospital

Dr. Andrea Young completed her undergraduate studies at Washington University in St. Louis. She obtained her Ph.D. in Clinical Psychology from Duke University before completing her post-graduate training at Ohio State University. Her professional interests include health/mental health disparities among youth, disparities in access to children’s mental health services, and childhood mood disorders. Outside of work, Dr. Young enjoys reading, painting, running, yoga, and learning the ukulele.
About Baltimore

Settled in 1661, Founded in 1729, Incorporated in 1797
Population 621,342

Once a major manufacturing center, Baltimore shifted to a service-oriented economy and the city's two largest employers are Johns Hopkins University and The Johns Hopkins Hospital.

Baltimore gets its name from Baile an Ti Mhóir (Irish for "Town of the Big House"), the family estate of Cecilius Calvert, 2nd Baron Baltimore, a member of the Irish House of Lords and the founding proprietor of the Maryland Colony.

During the War of 1812, the British attacked Baltimore on the night of September 13, 1814. The city's harbor was successfully defended by United States forces from Fort McHenry. The next morning, from a ship in the harbor, a Maryland attorney by the name of Francis Scott Key was inspired by the huge American flag he saw flying over the fort and composed "The Star-Spangled Banner."
In use since the 1600s, Baltimore's Inner Harbor is one of America’s oldest seaports. Beginning in the 1970s, it has blossomed into the cultural center of the city. The Inner Harbor and the surrounding neighborhoods provide locals and visitors alike with fine dining, unique shopping, cultural experiences, and exciting nightlife.

There are several options for touring the harbor by water. Cruises by the Bay offers daily narrated tours, evening cocktail cruises, and historical “national anthem” cruises by Fort McHenry. Spirit Cruises also offers narrated tours, in addition to dining cruises that feature live music or a DJ; they also offer a thrilling high-speed tour of the Inner Harbor on the Seadog. Urban Pirates offers family-friendly cruises by day and adult BYOG (that's “bring your own grog”) cruises by night. There is even a water taxi if you are just looking for an affordable way to get from one side of the harbor to the other.

For spectacular views of the Inner Harbor and the surrounding Baltimore area, visit the Top of the World observation deck, located at the top of the Baltimore World Trade Center. The building itself is the world’s tallest pentagonal-shaped structure.

Another way to see all of Baltimore is to tour it from the sky. Monumental Helicopters offers a range of air tours of Baltimore and the surrounding area. They even offer an event space where each of your guests gets not only a traditional party experience, but a ride in the helicopter over the city.

The National Aquarium, Baltimore is located on Piers 3 and 4. Home to 16,500 specimens representing 660 species, the Aquarium also has a tropical rain forest, a multiple-story coral reef, an open-ocean shark tank, and a 4D immersion theater. The Aquarium also conducts live shows in its marine mammal pavilion.
A highlight of the Inner Harbor is Harborplace. There are two pavilions that house shopping from local specialty shops to H&M and Urban Outfitters. There are also 23 options for dining, with a range of options including Tir Na Nog Irish Pub, Bubba Gump Shrimp Co, Edo Sushi, Five Guys Burgers, and Hooters.

And when the weather’s nice, grab a front row seat for some free entertainment in the outdoor amphitheater located between the two pavilions.

Cross Pratt Street from the Harborplace pavilions and you’ll find The Gallery at Harborplace. The Gallery is a four-story glass enclosed shopping center with exciting retailers such as Banana Republic, Brooks Brothers, Coach, Gap, Johnston & Murphy, and Loft.

The most shining example of the revitalization of the Inner Harbor is the Pratt Street Power Plant. This architectural highlight of the harbor was built in 1900 and placed on the National Register of Historic Places in 1987. It now houses a Barnes & Noble, a Hard Rock Cafe, Dick’s Last Resort, and a Maryland dining institution, Phillips Seafood.

Just a block north of the Inner Harbor is Power Plant Live. Located in this dining and entertainment complex is a collection of local establishments as well as some national chains. The sixteen restaurants, bars, and clubs include the Havana Club, Joe Squared, Howl at the Moon, Leinenkugel’s Beer Garden, Luckie’s Tavern, Ruth’s Chris Steakhouse, TATU, the Baltimore Comedy Factory, Angel’s Rock Bar, MEX, and Ram’s Head Live. It also houses the Maryland Art Place.

Adjacent to Power Plant Live, located in the historic Baltimore Fishmarket Building, is the Port Discovery Children’s Museum, one of the top five children’s museums in the United States, according to Child Magazine. Port Discovery has three floors of interactive, educational exhibits and programs for children from birth to ten years of age.

At the southern end of the harbor is the Maryland Science Center, which was named by Parents Magazine as one of the ten best science centers for families. It houses three levels of exhibits, a planetarium, an observatory, an Imax theater, and a hands-on exhibits that include more than two dozen dinosaurs.
Baltimore Museum of Art

The Baltimore Museum of Art is home to an internationally renowned collection of 19th-century, modern, and contemporary art. Founded in 1914 with a single painting, the BMA today has 90,000 works of art, including the largest holding of works by Henri Matisse in the world. Throughout the Museum, visitors will find an outstanding selection of European and American fine and decorative arts, 15th- through 19th-century prints and drawings, contemporary art by established and emerging artists, and objects from Africa, Asia, the Ancient Americas, and the Pacific Islands. Two beautifully landscaped gardens display an array of 20th-century sculpture that is an oasis in the city. The BMA is home to Gertrude's restaurant, where visitors enjoy superb regional cuisine from celebrity chef John Shields while overlooking the scenic sculpture gardens or listening to the popular summer jazz concerts.

Walters Art Museum

Internationally renowned for its collection, the Walters Art Museum presents an overview of world art from pre-dynastic Egypt to 20th-century Europe. The collection was amassed by William Walters and his son Henry Walters, and later bequeathed to the city of Baltimore. Among its many treasures are Greek sculpture and Roman sarcophagi, medieval ivories, Old Master paintings, Art Deco jewelry, and 19th-century European and American masterpieces.

American Visionary Art Museum

Specializing in the preservation and display of visionary art (also known as “outsider art” or “raw art”), the American Visionary Art Museum has been designated by Congress as America's national museum for self-taught art.

The museum's Main Building features three floors of exhibition space, and the campus includes a Tall Sculpture Barn and Wildflower Garden, along with large exhibition and event spaces. The AVAM has no staff curators, preferring to use guest curators for its shows. Rather than focusing shows on specific artists or styles, it sponsors themed exhibitions with titles such as Wind in Your Hair and High on Life. The museum's founder takes pride in the fact that AVAM is "pretty un-museumy."
Fort McHenry

Best known for its role in the War of 1812, Fort McHenry successfully defended Baltimore Harbor from an attack by the British navy in Chesapeake Bay September 13–14, 1814. It was during the bombardment of the fort that Francis Scott Key was inspired to write "The Star-Spangled Banner," the poem that would eventually be set to music and become the national anthem of the United States. The summer months include daily ranger talks and weekend living history in the fort. The Fort McHenry Guard performs drill, musket, and artillery demonstrations.

Washington Monument and Museum

Baltimore's Washington Monument is the nation's first civic memorial to George Washington. Built in the neo-classical style, the 178-foot monument was designed by architect Robert Mills and was completed in 1829, fourteen years after construction began. Mills also designed the more famous sister monument in Washington, D.C. which opened in 1855.

The Monument held a profound meaning for 19th-century Americans and it is even now recognized as the preeminent symbol of the city of Baltimore. Visitors are encouraged to climb the 228 steps to the top of the monument for one of the city's best views.

B & O Railroad Museum

In the late 19th century, an overzealous publicity agent developed a trade show exhibit for a major American railroad headquartered in Baltimore, Maryland. This exhibit survived the railroad that sponsored it and grew to become a "national treasure" of railroad artifacts. Today, it comprises the collection of the Baltimore & Ohio Railroad Museum, the oldest, most comprehensive American railroad collection in the world.

Located among Baltimore City's historic southwest neighborhoods, at the original site of the historic Mt. Clare Shops, the B&O Railroad Museum is recognized universally as the birthplace of American railroading. It was here within the Museum's 40-acre campus that Baltimore businessmen, surveyors, and engineers set about building the B&O Railroad in 1829, laying the first commercial long-distance track, building the first passenger station, and inventing America's unique railroad.
Edgar Allan Poe House

A National Historic Landmark, the Edgar Allan Poe House is in an excellent state of preservation with much of the exterior and interior original fabric from the 1833-1835 period when Edgar lived there with his aunt, grandmother, and two cousins. While the house is not furnished, visitors walk on the same floors and stairs, and wander within the original plaster walls and woodwork that Edgar lived with.

Exhibits tell the story of Edgar Allan Poe’s life and death in Baltimore and significant artifacts such as Edgar’s portable writing desk and chair, a telescope, china, and glassware used by Poe.

Museum of Maryland African-American History & Culture

An affiliate of the Smithsonian Institution, the Reginald F. Lewis Museum of Maryland African-American History & Culture is dedicated to showing the struggles for self-determination made by African-American Marylanders. Permanent exhibits include The Strength of the Mind, Things Hold, Lines Connect and Building Maryland, Building America. Other facilities include an oral history recording and listening studio, a special exhibition gallery, a 200 seat theater auditorium, a classroom, and resource center.

Babe Ruth’s Birthplace

George Herman "Babe" Ruth was born February 6, 1895 at 216 Emory Street, a Baltimore row house that is now just a long fly ball from Oriole Park at Camden Yards. The property was leased by Babe's grandfather, Pius Schamberger, who made his living as an upholsterer. The Babe Ruth Birthplace Museum houses artifacts and exhibits on the life and times of baseball's greatest player.

National Museum of Dentistry

Designated by Congress as the nation's official dental museum, and an affiliate of the Smithsonian, the Dr. Samuel D. Harris National Museum of Dentistry preserves and exhibits the history of dentistry in the United States and throughout the world. Highlights of the collection include George Washington's not-so-wooden dentures (they were made of hippo ivory), Queen Victoria's dental instruments, and the world's only Tooth Jukebox.
Artscape

America's largest free arts festival, Artscape attracts over 350,000 attendees over three days. Artscape features 150+ fine artists, fashion designers, and craftspeople; visual art exhibits on and off-site, including exhibitions, outdoor sculpture, art cars, photography and the Janet & Walter Sondheim Prize; incredible live concerts on outdoor stages; a full schedule of performing arts including dance, opera, theater, film, experimental music and the Baltimore Symphony Orchestra; family events such as hands-on projects, demonstrations, competitions, children's entertainers and street theater; and a delicious, international menu of food and beverages that is available throughout the festival site.

Baltimore Book Festival

The Baltimore Book Festival features hundreds of appearances by local, celebrity, and nationally known authors, book signings, more than 100 exhibitors and booksellers, nonstop readings on multiple stages, cooking demos by top chefs, poetry readings, workshops, panel discussions, walking tours, storytellers, hands-on projects for kids, live music, and a delicious variety of food, beer, and wine.

Flower Mart

Nothing says springtime in Baltimore like flowers, big hats, and lemon sticks. Shop at plant and other vendor displays, take part in a hat contest, and check out lots of entertainment options at Flower Mart, held annually since 1911. Flower Mart is a family-friendly event so bring the kids and enjoy the flowers and the entertainment. While you are there, pick up some bedding plants for the garden at home and improve the curb appeal. And, of course, be sure to enjoy a Lemon Peppermint Stick.
Baltimore Ravens

Following the Colts’ controversial move to Indianapolis in 1984, Baltimore spent twelve years without an NFL team. In 1996, Art Modell moved his players from Cleveland (leaving behind the Browns name) to form a new team in Baltimore. The name Ravens was selected in a fan contest. In the team’s short history, the Baltimore Ravens have won two Super Bowl championships, in 2000 and 2013. The Ravens play in downtown Baltimore at M&T Bank Stadium.

Baltimore Orioles

The original Baltimore Orioles were one of the eight teams that created the American League in 1901. However, that team remained in Baltimore for only one year before moving north to become the New York Highlanders (which changed its name to something else a couple years later). The original American League also included the Milwaukee Brewers, which moved and became the St. Louis Browns, before coming to Baltimore in 1954 to become the present-day Orioles.

The Orioles have won six American League pennants and three World Series titles (1966, 1969, and 1983). The team’s home is Oriole Park at Camden Yards, the stadium that started the trend of "retro" ballparks built in the 1990s and 2000s. During his visit to Baltimore in October 1995, Pope John Paul II celebrated mass at Camden Yards.

The Preakness

Held on the third Saturday in May each year at Pimlico Race Course in Baltimore, The Preakness Stakes is the second leg of horse-racing’s triple crown (between the Kentucky Derby and the Belmont Stakes). The Preakness attracts 120,000 attendees and is the second most-attended horse race (trailing only the Kentucky Derby).
Baltimore has always been a city of neighborhoods, each with its own character and charm. Over the years, once-glorious blocks fall into disrepair, abandoned burgs are built up, people move in and move out, and the essence of a neighborhood evolves. In recent years, despite difficult economic conditions, several parts of Baltimore have grown by leaps and bounds. Harbor East, once an industrial wasteland, is now flourishing with high-end restaurants, boutiques, and condos. The once-grimy stretch of North Avenue near Penn Station has been dubbed Station North and dotted with galleries, performance spaces, and cafes. The abandoned cotton mills west of Hampden have been converted into verdant residential and commercial spaces, drawing young professionals and families. Areas such as these are a testament to the resilience of our city and a road map to its vibrant future.
Harbor East

As recently as 10 years ago, Harbor East was a dark, industrial no-man's-land between the Inner Harbor and Fells Point populated by H&S Bakery warehouses and not much else. Now, a dozen restaurants share sidewalk space with upscale shops like Urban Chic and Arhaus. New residents include young business people, Hopkins staffers, and several current and former Orioles. The recently completed Circle at Harbor East—address of the new Legg Mason tower and Four Seasons Hotel—features the glittering gold Katyn Memorial (marking the murder of Poles in Soviet-occupied Poland), an important landmark in a neighborhood that only seems to be gaining in status.

By day, suited Legg Mason or Morgan Stanley types cruise the Whole Foods crafting a perfect salad, then stop to look at shoes at Sassanova on their way back to work. They may pick up a bottle of Sauvignon Blanc at Bin 604 before heading back to one of the condo towers nearby, like the Vue or Spinnaker Bay. By night, the city's savviest diners flock to Charleston, Cinghiale, Ra Sushi, or Lebanese Taverna before catching a flick at Landmark Harbor East—the only cinema in the city that serves cocktails.

Federal Hill

Lunchtime at Federal Hill's Cross Street Market is a full-contact sport. At Nick's Seafood, locals swig cheap beer and chow down on fried oysters and soft-shell-crab sandwiches while several stalls over, at Big Jim's Deli, patrons sit on black bar stools and pack down mile-high hot corned beef melts oozing with Swiss and slaw.

While Federal Hill has long been a destination for weekend revelers looking for a continuation of college, neighborhood residents (most of whom live primarily in late 19th-century two-and-three-story row houses) include an amalgam of young professionals, old-timers, and first-time home owners who truly love the small-town feeling.
Bolton Hill

Directly in the middle of the city, Bolton Hill combines everything that is great about Baltimore. A neighborhood rich in history, it has also welcomed a hip, progressive community of young artists, professionals, and families. Filled with classic 19th-century architecture, it is also home to some of the city's most avant-garde buildings. It hosts institutions like the Meyerhoff Symphony Hall and the Lyric Opera House. Site of the city's biggest annual cultural event, Artscape, Bolton Hill also holds lovely community-oriented events, like October's Festival on the Hill, which features a steel-drum band, craft displays, and a whole block dedicated to creative activities for kids.

The stars of Bolton Hill are its elegant townhouses, almost all of which date back more than a century, housing everyone from F. Scott Fitzgerald to Woodrow Wilson. Today, the homes are filled with one of the city's most diverse populations, with residents from a broad range of ethnic, religious, and economic backgrounds. In recent years, many of the new residents have been young families looking for a dynamic urban lifestyle. The local public school, Mt. Royal Elementary/Middle, is among the best in the city, and a new K-8 public charter school focused on community involvement, Midtown Academy, opened in 1997.

Canton

Canton is evidence of the reinvigoration of Baltimore. It is an industrial area that has been revitalized and converted into residential and commercial properties. It is full of condos, apartments, marinas, and high-quality restaurants and bars. It is a lively, buzzing area of the city.

Canton is like a small town they plucked out of the middle of suburbia and dropped into a city. The neighborhood has a real sense of itself, and a real sense of community. Plus, it has a waterfront for kayaking, a huge park for outdoor concerts, a lively square, and tons of corner bars.
Fell's Point

Cobbled streets, original brick buildings, and old-fashioned street lamps provide Fell's Point residents and visitors with an old English village ambiance. Drenched in history, this charming community has the distinction of being the oldest section of Baltimore. On the National Register of Historic Places since 1969, Fell's Point was one of the nation's biggest shipbuilding hubs as far back as the 18th century and has seen wave after wave of immigrants wash up on its shores, each leaving its distinct impression on the area.

Since at least the 1970s, when Bertha's, Ledbetter's Tavern, and The Horse You Came In On Saloon set up shop, Fell's Point has been a premier destination for nightlife. These days, the waterfront section of Fell's is the rare area that exists both as a tourist destination and as a living neighborhood, where blue-collar folks still live, work, and eat at places like Jimmy's Famous Seafood Restaurant and the lunch counter at Vikki's Deli in the Broadway Market.

In recent decades, Upper Fell's Point has been transformed into a foodie destination, with outlets like Arcos and Tortilleria Sinaloa. As a result the area, long considered a blighted corner of downtown, has begun to attract Hopkins professionals and young families from other areas of the city and has a bright future.

Brewer's Hill

Adjacent to Canton, Brewer's Hill is the neighborhood surrounding the historic renovation and adaptive reuse of two landmark breweries, the Gunther Brewery and the National Brewery, where "Natty Boh" was first brewed.

The neighborhood's architecture includes a variety of houses built between 1915 and 1920 as the city expanded eastward. The housing includes traditional Baltimore rowhouses built of redbrick and formstone. Many of the older houses have original architectural features, such as marble steps and porch fronts.
Mount Vernon

This National Register Historic District is home of the Washington Monument in Mt. Vernon Square, the first memorial to George Washington and considered to be one of the most beautiful urban sites in the world. Mount Vernon serves as the cultural center of Baltimore. Enjoy an outing at the Meyerhoff Symphony Hall, Lyric Opera House, or Center Stage. Art lovers will love browsing the treasures at The Walters Art Museum.

More than 35 restaurants serve up mouth-watering dishes representing delectable ethnic foods, romantic settings for gourmet masterpieces, fun family cuisine, and delicious deli favorites. Choose one of the many nightclubs to enjoy your favorite jazz or learn the two-step. If shopping is your passion, there are over 100 shops and 5 blocks of antiques on Antique Row.

Hampden

Hampden had its beginning in the early 1800s as a small cluster of homes for the cotton and flour mill workers who lived in the area along the Jones Falls Stream Valley. The mill business continued to grow through the 1800s, bringing more people to Hampden, but by the 1970s, the mill business no longer thrived in Baltimore. Although the industry saw its demise, the buildings did not. Developers realized the potential and renovated many of these historic buildings into shops, health clubs, art studios, and more. The area moved into modernization but managed to retain its small-town homey atmosphere.

Charming shops for antique furniture, fine china, jewelry, and art galleries, as well as a delightful selection of restaurants, have sprung up along The Avenue in the heart of the shopping area.

Hampden is home to the annual Baltimore HonFest. "Hon" is a term of endearment that embodies the warmth and affection bestowed upon neighbors and visitors alike by historic working-women of Baltimore. HonFest is an annual celebration in honor of these women.
Station North

Station North is an official arts and entertainment district in Baltimore. The neighborhood is marked by a combination of artistically-leaning commercial ventures, such as theaters and museums, as well as formerly abandoned warehouses that have since been converted into loft-style living.

The old hipster destinations (The Charles Theatre, Club Charles, Everyman Theatre, and Tapas Teatro) have been joined by a slew of newer galleries, cafes, bookstores, and theaters that have popped up like dandelions through the sidewalk.

Woodberry

Although the neighborhood is listed on the National Register of Historic Places, it was not until a few years ago that Hampden denizens and artists migrated west and made Woodberry a neighborhood of its own. During the 1890s, about 4,000 people were employed in the various cotton mills in the area. Today, many of these mills make perfect settings for galleries, shops, apartments, and offices.

In certain parts of Woodberry, with its stone houses and woody surroundings, it is easy to forget that you are in Baltimore City, but look closer and hip city life abounds: dining at nationally recognized farm-to-table restaurant Woodberry Kitchen; touring the studio of renowned glass blowing artist Anthony Corradetti; hopping on the neighborhood’s Light Rail stop to head downtown; or working out at the expansive Meadow Mill Athletic Club. It is this best-of-both-worlds vibe that makes Woodberry the city’s newest mecca.
Hanover

Hanover was largely unknown prior to the opening of the Arundel Mills mall in November 2000. Since then, the area has seen explosive growth; shopping centers and housing developments have popped up along Arundel Mills Boulevard, which links the B-W Parkway and Route 100 to the mall.

In its over one million square feet, Arundel Mills has over 225 stores, including seventeen large anchor stores. The mall has a Medieval Times dinner theater as well as a 24-screen Egyptian-themed movie theater (that once claimed to be the most-attended movie theater in the country).

While not officially part of the mall, big box stores and major restaurant chains have sprung up in the adjacent properties. Also adjacent to the mall is Maryland Live! Casino, with almost 5,000 slot machines and over 100 table games. Inside the casino are world-class restaurants such as Bobby Flay's Burger Palace, The Prime Rib, and Phillips Seafood.

Columbia

The nation’s most successful planned community began in 1962 as 14,100 acres of rural land located midway between Baltimore and Washington DC. However, with a booming upper-middle-class population of nearly 100,000, Columbia has acquired many of the characteristics of other contemporary U.S. suburbs, such as increasingly large homes and big-box retail stores. Howard County’s top-rated public schools and its proximity to both Baltimore and DC keep this community in high demand.

Columbia maintains over 3,500 acres of open space, including almost 100 miles of pathways for walking, biking, and jogging. Downtown is actually a lakefront surrounded by fine restaurants and an adjacent mall, appropriately named The Mall in Columbia. Entertainment in Columbia includes Toby’s Dinner Theatre, the Merriweather Post Pavilion concert venue, and Sunset Serenades in Centennial Park.
Ellicott City

The largest flour-milling center in the American colonies, Ellicott City has the last commercial grist mill in Maryland. America's first railroad terminal was built here to service the first 13 miles of track laid in the U.S. in 1831. In recent years, a new generation of young families has moved to the area because of its accessibility to downtown and, more importantly, its small-town feel. Suburban box stores are kept a few miles away, while the downtown has the feel of an old European town. Historic Main Street is lined with local shops such as Ellicott's Country Store, All Time Toys, and the coffee shop Bean Hollow, as well as fine dining in eateries such as Portalli's. The Wine Bin offers wine tastings every weekend and hosts monthly movie nights in the parking lot during the summer.

Patapsco Valley State Park extends along 32 miles of the Patapsco River, encompassing 16,043 acres and 8 developed recreational areas. Recreational opportunities include hiking, fishing, camping, canoeing, horseback and mountain bike trails, as well as picnicking for individuals or large groups in the park's many popular pavilions. Benjamin Banneker Historical Park & Museum honors the scientist, astronomer, mathematician, abolitionist, surveyor, farmer, and publisher on the site of his former farmstead. The historical park offers a diverse array of educational exhibits, performance, and environmental programs as well as trails and horticultural demonstration areas.

Annapolis

Thirty minutes from Baltimore is Annapolis, Maryland's state capital (and for a brief period in 1783-84, the nation's capital). With stately Victorian and Georgian mansions on narrow, cobblestone streets, chic boutiques, great food, and water everywhere, locals are learning to share with an influx of young singles and families drawn to the historic hub. Annapolis is home to one of the top nightclubs in the country, Rams Head Tavern, but the water is the city's highlight, and you will see "middies" from the United States Naval Academy throughout the town. A small, narrow waterway leads to the heart of the city – "Ego Alley" got its name from the endless parade of boats and yachts that traverse this dead end canal only to see and be seen. Also, be sure to judge who has the better crab cakes: Cantler's Riverside Inn or Mike's Bar & Crab House.
Directions to The Johns Hopkins Medical Campus

Visitor Parking is available at the Orleans Garage (1795 Orleans Street) across the street from the Main Entrance of the hospital, and also at the McElderry Garage (Outpatient Center Garage) located on McElderry Street just off Caroline Street.

Valet Parking is available at the Hospital's main entrance on Orleans Street; the Outpatient Center (Outpatient Center circle); and the Weinberg Building on Jefferson Street (Sidney Kimmel Cancer Center). Phone: 410-955-5333.

From Washington, D.C., Virginia and the I-95 access at BWI Airport

- Take I-95 North to Exit 53 (I-395 North) into downtown Baltimore.
- Continue straight on I-395 (stay left at fork; turns into Howard Street).
- Turn RIGHT onto Pratt Street.
- Continue on Pratt for approximately 1.5 miles to Broadway; turn LEFT on Broadway…

Hospital Parking (Orleans Garage):
• From Broadway, turn RIGHT onto Orleans Street.
• Turn RIGHT into the Orleans Garage (at the Orleans Garage traffic light).
• After parking, take the elevator to Level 4 (Main Level) and proceed across the enclosed pedestrian bridge to the main hospital.

From Philadelphia, New York and Northeastern Baltimore Suburbs
• Take I-95 South to Baltimore; merge onto I-895 South.
• From I-895 South, take Exit 14/Moravia Road; turn LEFT onto Moravia Road at the traffic light at the end of the exit.
• Turn RIGHT onto the US-40 West/Pulaski Highway ramp.

Hospital Parking (Orleans Garage):
• Continue on US-40 West/Pulaski Highway (turns into Orleans Street) approximately 3 miles to N. Wolfe Street.
• Immediately after crossing N. Wolfe Street, turn LEFT at the Orleans Garage traffic light (the hospital will be on your right).
• After parking, take the elevator to Level 4 and proceed across the enclosed pedestrian bridge to the main hospital.

From York, Central Pennsylvania and Northern Baltimore Suburbs
• Take I-83 South into Baltimore.
• At the end of the freeway, turn LEFT onto Fayette Street.
• Continue on Fayette Street to Broadway and turn LEFT…

Hospital Parking (Orleans Garage):
• From Broadway, turn RIGHT onto Orleans Street.
• Turn RIGHT into the Orleans Garage (at the Orleans Garage traffic light).
• After parking, take the elevator to Level 4 and proceed across the enclosed pedestrian bridge to the main hospital.

From Annapolis and Maryland’s Eastern Shore
• From Route 50, take I-97 toward Baltimore and follow I-97 to the Baltimore Beltway (I-695) toward Towson.
• Take the Beltway to the Baltimore-Washington Parkway (I-295) North.
• Follow I-295 into Baltimore (it becomes Russell Street).
• Turn RIGHT on Pratt Street.
• Stay on Pratt for approximately 1.5 miles to Broadway; turn LEFT on Broadway…

Hospital Parking (Orleans Garage):
• From Broadway, turn RIGHT onto Orleans Street.
• Turn RIGHT into the Orleans Garage (at the Orleans Garage traffic light).
• After parking, take the elevator to Level 4 and proceed across the enclosed pedestrian bridge to the main hospital.
From Frederick and Western Maryland

- Take I-70 East.
- Take Exit 11A-11B for I-95 North/I-95 South toward Baltimore/Washington; keep left at the fork and merge onto I-95 North.
- Take I-95 North to Exit 53 (I-395 North) into downtown Baltimore.
- Continue straight on I-395 (stay left at fork; turns into Howard Street).
- Turn RIGHT onto Pratt Street.
- Continue on Pratt for approximately 1.5 miles to Broadway; turn LEFT on Broadway…

Hospital Parking (Orleans Garage):

- From Broadway, turn RIGHT onto Orleans Street.
- Turn RIGHT into the Orleans Garage (at the Orleans Garage traffic light).
- After parking, take the elevator to Level 4 and proceed across the enclosed pedestrian bridge to the main hospital.