



National Network of
Depression Centers

About the NNDC

Mission : The National Network of Depression Centers advances scientific discovery and access to evidence-based care by developing knowledge and translating it into patient care through the collaboration of centers of excellence.

Vision: A future in which effective treatment of depressive illnesses will be integrated without stigma into the healthcare system for everyone.

Values Statement: Members of the NNDC believe that:

- increasing scientific knowledge about depression and bipolar disorder and improving care for patients are interdependent goals; and
- sustained large-scale collaboration among diverse academic centers of excellence is the best way to realize our vision.

The National Network of Depression Centers unites the top academic medical centers in the diagnosis, treatment & prevention of depression and bipolar illness to advance knowledge, and improve care. For additional information, please visit www.nndc.org.



Approved June 13, 2012

Principal Investigator:
Peter Zandi, Ph.D., M.P.H., M.H.S.
NA_00040237



JOHNS HOPKINS
M E D I C I N E

The Johns Hopkins Mood Disorders Center
Department of Psychiatry and Behavioral Sciences
The Johns Hopkins University School of Medicine
600 N Wolfe Street | Meyer 3-181
Baltimore, Maryland 21287

Toll Free Phone Number
1-877-MOODSJH (1-877-666-3754)

Fax: 410-614-1530

Email: moods@jhu.edu

Website: www.hopkinsmedicine.org/moods

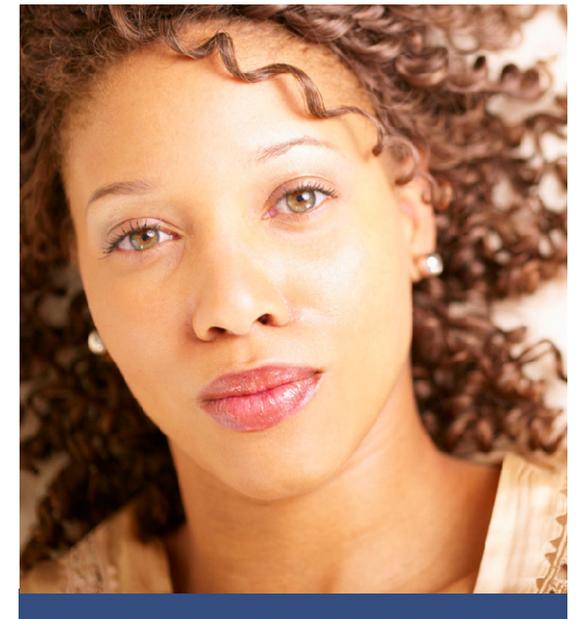
*Please visit our website to stay informed about our
Mood Disorders Research.*



THE JOHNS HOPKINS
MOOD DISORDERS CENTER

National Network of Depression Centers

Clinical Care Registry



What is the National Network of Depression Centers (NNDC) Clinical Care Registry?

Healthcare providers use many different questionnaires and tests to diagnose depression, bipolar disorder, and related conditions, but there is no one set of measurement tools used everywhere to take the **mood “vital signs”** of a patient, as one might measure a patient’s temperature or blood pressure.

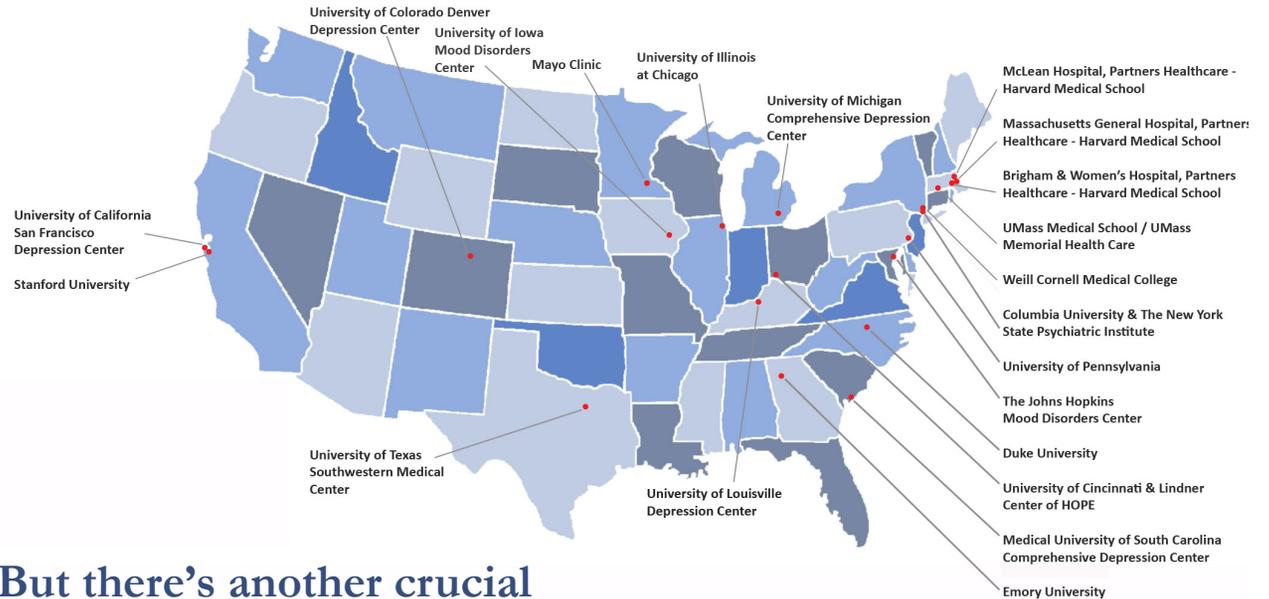
The NNDC is taking the lead in developing such a set of measures which we hope will become the standard for tracking patient progress.

The information we collect from this set of measures will be managed and maintained by the NNDC in **one central location called the Clinical Care Registry**.

The NNDC has brought together the **very best clinicians and researchers** - including those here at Johns Hopkins - all working together towards one goal: to improve the lives of persons with mood disorders.



National Network of Depression Centers



But there’s another crucial ingredient needed to reach this goal: YOU!

We need you, as a person whose life has been touched a mood disorder, to share with us your experiences.

For this research study, patients at NNDC clinics will be asked to fill out questionnaires, which ask about mood symptoms such as sleep and appetite disturbance, about your overall sense of well-being, the impact of symptoms on work and social activities, the impact of medication side effects, and other “How are you feeling today?” questions.

The idea is to figure out the best way to follow patients over time, and what sorts of questions most accurately measure improvement - or lack of improvement - during treatment.

We hope that you will join us!

Where to Participate in the NNDC Clinical Care Registry

- Adult Outpatient Mood Disorders Clinic at the Johns Hopkins Bayview Medical Center
- Transitional Youth Clinic at the Johns Hopkins Bayview Medical Center
- Women’s Mood Disorders Center at Johns Hopkins Hospital
- Adult Mood Disorders Residents’ Clinic at Johns Hopkins Hospital
- Geriatric Psychiatry Program at Johns Hopkins Hospital

For more information about this research study call 410-550-1652