Have You had a Traumatic Brain Injury in the past 5 Years?

Traumatic Brain Injury (TBI) and Insomnia Research

Researchers at Johns Hopkins School of Medicine are looking for volunteers who have sustained a TBI within the last 5 years and who are experiencing trouble sleeping to participate in a research study to investigate sleep related to TBI. This study will test the effects of two different types of treatment on your TBI-related sleep troubles. You may be assigned at random to one of these two treatments.

→ You may be eligible if you:
  - Are between 18 and 65 years of age
  - Have sustained a TBI within the last 5 years
  - Have trouble sleeping

→ Participation involves:
  - Completing interviews and questionnaires
  - Wear an activity-monitoring device
  - An at-home sleep study
  - Duration: 18 weeks

→ Earn $25 for initial study screening and up to $300.00 if you complete the remainder of the study (and reimbursement for parking).

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Study Number IRB00062258

This research is not VA research, will not be conducted by VA, has not been reviewed by VA’s Institutional Review Board, and is not endorsed by VA. VA is not responsible for any costs incurred by a Veteran if the Veteran enters the study as a research subject. The announcement is being provided for information only.

For information please call the number below
Ask about the TBI Insomnia Study