

Older Adults with Mild Memory Impairment (especially those with Early Alzheimer's Disease) Needed for Research Study on Dietary Treatments



- 12-week clinical trial of a high-fat, low-carbohydrate diet vs. a low-fat diet high in fruits, vegetables and grains.
- Both diets are considered safe for most physically healthy older adults.
- All education, support, and vitamin supplements provided free of charge.
- You can stay on your current medications.
- Your physician will be asked to agree to your participation.
- Johns Hopkins Medicine IRB # 00066092, Jason Brandt, Ph.D., principal investigator

For more information, please call Dr. Buchholz at 410-502-6352.