

# Autism and Special Needs



*Community Psychiatry Program at  
Johns Hopkins Bayview Medical Center*



**JOHNS HOPKINS**  
MEDICINE

JOHNS HOPKINS BAYVIEW MEDICAL CENTER

## Autism and Special Needs

The Autism and Special Needs Clinic on the Johns Hopkins Bayview Medical Center campus provides comprehensive mental health services for adults who have a developmental disorder or intellectual disability, and who require mental health treatment. The clinic treats patients across a wide range of intellectual levels (from severely limited to college educated) and with a variety of developmental disorders, including autism, Asperger's disorder, genetic syndromes, Cerebral Palsy, and others. The program was designed to meet the unique and complex needs of such individuals, and is committed to providing expert assessment and treatment.

## Our Staff

The clinic is staffed by a multidisciplinary team consisting of psychiatrists, psychotherapists, social workers, case managers, psychiatric rehabilitation therapists and other specialists.

Our medical director is Eric Samstad, M.D., and our clinical supervisor is Carol Orth, MA, R-DMT, LCPC.

## Who is Eligible?

Patients must be at least 18 years of age and have a known or suspected developmental disorder or intellectual disability. Patients also should have one or more mental health issues that can be addressed in treatment, such as mood symptoms, anxiety, socialization issues, problems with daily functioning, or problematic behaviors. Patients having a genetic syndrome that is associated with mental health issues also are eligible.

## Services Offered

- Initial assessment and ongoing treatment
- Individual, group and family psychotherapy
- Medication management
- Occupational therapy
- Speech and language therapy
- Case management services
- Special Needs Augmentation Program - *a three morning per week intensive treatment option*
- Close coordination of care with other health professionals, group-home providers and State DDA, as needed
- Psychosocial Rehabilitation Program
  - Vocational development
  - Educational support
  - Housing support
  - Health, including nutrition and exercise
  - Transition/reintegration issues

## Additional Information

Services are offered Monday through Friday at:

Johns Hopkins Bayview Medical Center  
5500 E. Lombard Street  
Baltimore, MD 21224

***We accept Medicaid, Medicare, as well as some private insurances.***

## Referral Information

To make a referral,  
**call 410-550-0104**

For general information about the Autism and Special Needs Clinic, contact Carol Orth at 410-550-0776 or [corth1@jhmi.edu](mailto:corth1@jhmi.edu).

## Community Psychiatry

*The Community Psychiatry Program at the Johns Hopkins Bayview Medical Center began in 1968 as The Crisis Clinic, and since that time has grown to be one of the leading community mental health centers in Baltimore City. Adult psychiatric services include general outpatient, intensive outpatient, dual diagnosis, autism, case management and psychological rehabilitation services. A variety of child and adolescent programs also are available.*