The Johns Hopkins Hospital
Department of Psychiatry and Behavioral Sciences
Division of Child and Adolescent Psychiatry
Fellowship Program
Prospectus 2014 – 2015

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Welcome to The Johns Hopkins Hospital

Introductory Letter from Dr. DePaulo

Welcome to the Department of Psychiatry & Behavioral Sciences at the Johns Hopkins Hospital. For over 100 years, our department has been home to some of the brightest, most innovative medical minds in the world. Our department was established in 1909 with a generous financial gift from Henry Phipps, a Philadelphia steel magnate and major benefactor to Hopkins, in response to the horrifying conditions in American insane asylums at the time. Dr. Adolf Meyer, the Swiss-born pathologist and psychobiologist became the new department’s director and built the Phipps Clinic, which opened in 1913. In 1930, the renowned Dr. Leo Kanner founded our Division of Child & Adolescent Psychiatry, the first of its kind in the world. These two gifted clinicians and leaders are part of a longstanding Hopkins legacy that includes a faculty of nationally renowned clinicians, teachers, and researchers.

Our department has won many national and international accolades, including being voted the best clinical Department of Psychiatry by U.S. News 2011 and 2012 surveys. Our Division of Child & Adolescent Psychiatry is a particular source of pride and, under the gifted leadership of Dr. Robert Findling, is quickly transforming itself into an international powerhouse in the areas of research and clinical care.

It is no overstatement to say that Johns Hopkins is at the forefront of our rapidly developing field. As new methods to study the brain advance, our psychiatrists continue to reshape and redefine the clinical and human face of mental health, as we know it. Our programs represent medical expertise practiced within a comprehensive, systematic, and logical Meyerian approach to patient care. We at Hopkins aim to graduate physicians with the knowledge, skills, and compassion to recognize need in the world, and the initiative to bring about change.

In the early 20th century, Hopkins physicians have transformed our field and forever changed our understanding of the mind. We are committed to continuing this rich history of service, innovation, and knowledge and hope you will join us in furthering our cause.

Sincerely,

J. Raymond DePaulo, M.D.
Chairman, Department of Psychiatry
The Johns Hopkins Hospital
Welcome to Child & Adolescent Psychiatry at Hopkins! I am delighted to have you learn more about our program. Here at Hopkins we are committed to combining outstanding patient care with academic excellence, a mission that has defined our institution since its beginning. Our Division, founded by Dr. Leo Kanner, is the oldest division of Child & Adolescent Psychiatry in the country. The Division represents the blending of three programs: Johns Hopkins Hospital, Johns Hopkins Bayview Medical Center, and the Kennedy Krieger Institute. The combination of these Institutions has enabled us to create a Division where the total is greater than the sum of its individual parts.

This is an exciting, dynamic time of positive change for us as we are constantly looking for ways to better our program and ourselves. Some of these changes include hiring additional full-time faculty for our newly expanded inpatient unit and outpatient services, developing strong collaborations with other disciplines, broadening our reach into the surrounding communities, initiating new areas of research, and cementing our historical relationship with the Kennedy Krieger Institute through the addition of our Collaborative Continuity Clinic.

Under the guidance of Program Director, Dr. Roma Vasa, and Associate Program Director Dr. Esther Lee, our child fellowship has also gone through a positive transformation. The results include comprehensive and cutting-edge didactics and enriching, immersive, and evidence-based clinical experiences. Our culture is thriving and we strive to improve continuously our clinical and research programs.

Our top priority here at Hopkins is to provide outstanding medical care to the youngsters and families who come through our doors. We believe that creating a friendly and supportive learning environment where colleagues can combine strengths and learn from one another is absolutely vital towards this end.

In our future fellows, we are looking for physicians who bring a sense of compassion, dedication, and clinical curiosity to the work they do with children and their families. We are committed to training residents who will become leaders in the areas of clinical service, research, and administration.

If you share this commitment to serve and the vision to lead, we do hope we will hear from you.

Sincerely,

Robert L. Findling, M.D., M.B.A.
Stulman Professor of Child & Adolescent Psychiatry
Director of Child & Adolescent Psychiatry
Vice President of Psychiatric Services and Research – Kennedy Krieger Institute
Introductory Letter from Dr. Vasa and Dr. Lee

Thank you for your interest in the Child & Adolescent Psychiatry fellowship training program at Johns Hopkins Hospital. We are delighted that you are considering our program for further training. The Division of Child & Adolescent Psychiatry is steeped in the very history of American psychiatry, starting with our founding father, Dr. Leo Kanner, who established our division in 1930. Our program is built upon the unmatched intellectual resources of Hopkins and the unwavering commitment to the education and training of the next medical generation.

Our program begins the first year with a thorough grounding in acute care, experienced through state-of-the-art inpatient units that treat a wide range of ages and diagnostic categories. Trainees rotate through our child/adolescent inpatient unit, the transitional unit for ages 18-25 years, and the day hospital program. Our consult-liaison rotation is designed to maximize exposure to medically ill children with psychiatric illnesses, as well as provide exposure to a range of pediatric neurological issues. Residents also have a weekly outpatient clinic to allow for a longitudinal outpatient experience throughout the two-year fellowship.

The second year of training is focused solely on outpatient care. Trainees rotate through the Children’s Mental Health Clinic in downtown Baltimore as well as the Developmental Disabilities Clinic at the world-renowned Kennedy Krieger Institute. School rotations allow young physicians to observe development at the preschool, elementary, middle, and high school levels. Residents also have one elective day per week in which to pursue their own professional interests in any area within the specialty.

Child & Adolescent Psychiatry here at Hopkins is on the cutting edge of our field. In addition to preparing our fellows to be excellent clinicians, we also aim to graduate inquisitive, lifelong learners who will make profound and positive differences in the lives of the children they treat. We are pleased with your interest in becoming a part of the Hopkins legacy and we look forward to meeting you soon.

Sincerely,

Roma A. Vasa, M.D.
Director of Education and Training
Johns Hopkins Hospital

Esther Lee M.D.
Associate Director, Education and Training
Johns Hopkins Hospital
Processes and Policies

Application Process
Applications for six first-year child and adolescent psychiatry fellowship positions are accepted through the Electronic Residency Application Services (ERAS).

Resident Contracts and Policies
Information about the resident contract, benefits, salary, and the Johns Hopkins Graduate Medical Education Policies for Interns and Residents can be found at the link listed below. These policies also include our policy on criminal background checks. Links to all of the policies listed in the last page of the resident contract are included on the website.
http://www.hopkinsmedicine.org/som/gme/residents/index.html

Anti-Discrimination Policy
The Johns Hopkins University is committed to equal opportunity for its faculty, staff, and students. To that end, the university does not discriminate on the basis of sex, gender, marital status, pregnancy, race, color, ethnicity, national origin, age, disability, religion, sexual orientation, gender identity or expression, veteran status or other legally protected characteristic. The university is committed to providing qualified individuals access to all academic and employment programs, benefits and activities on the basis of demonstrated ability, performance and merit without regard to personal factors that are irrelevant to the program involved.
Leo Kanner, M.D. (1894-1981) was a man of many firsts. Born in Austria and educated in Germany, he immigrated to the United States in 1924. In 1930, shortly after coming to Johns Hopkins University School of Medicine, Professors Adolf Meyer, Director of Psychiatry, and Edwards A. Park, Director of Pediatrics selected Dr. Kanner to develop our nation’s first child psychiatry service in a pediatric hospital.

Dr. Kanner was the first physician in the United States to be identified as a child psychiatrist. His textbook, *Child Psychiatry* (1935) was the first English language textbook to focus on the psychiatric problems of children. His first use of the term “child psychiatry” in the title so aptly captured the scope of the field that child psychiatry became the formal title of this medical discipline. In 1943, Dr. Kanner first described the syndrome of infantile autism. His concise and cogent clinical descriptions of children with autism continues to inform, and is the standard against which current diagnostic criteria are measured. Dr. Kanner continued as the Director of Child and Adolescent Psychiatry at The Johns Hopkins Hospital until his retirement in 1959, although he remained active until his death at age 87.

The Division strives to continue the work started by Dr. Kanner by integrating empirically based, state-of-the-art clinical care, commitment to education and training, and the development and dissemination of new knowledge. The Johns Hopkins Division of Child & Adolescent Psychiatry Residency Program is a two-year program dedicated to training academic leaders, master clinicians, productive researchers, and public mental health leaders of the future. All child and adolescent psychiatry residents are called Kanner fellows to honor the legacy and mission of Dr. Leo Kanner.

Building upon the vision of its founders, the Division of Child and Adolescent Psychiatry remains at the forefront of patient care, professional education, and research. Three sites compromise the division – Charlotte R. Bloomberg Children’s Center, The Kennedy Krieger Institute and The Johns Hopkins Bayview Medical Center.
Training Locations

Charlotte R. Bloomberg Children’s Center

Four hospital-based intensive evaluation and treatment programs are offered at the Bloomberg Children’s Center. There are two inpatient units. The Child and Adolescent Psychiatry Inpatient Unit is a 12 unit bed that offers comprehensive diagnostic evaluation and treatment of children and adolescents (typical age ranges from 5-16 years old) with a variety of emotional and behavioral problems including mood disorders, anxiety disorders, psychotic disorders, severe disruptive behavior, and suicide attempts. The Young Adult Inpatient Unit located in the Meyer Building is a four-bed inpatient specialty service that specializes in treating young adults and adolescents who have mood disorders such as depression and bipolar disorder. The Partial Hospitalization (Day Hospital) has 12 openings and serves patients ages five to 17 years old. It serves as a 'step-up' program for patients in outpatient programs who need more intensive treatment and as a 'step-down' program for patients on inpatient units who are transitioning back to outpatient care. Finally, the Consultation Liaison Service provides clinical assessments, treatment, and referral source for any child in The Johns Hopkins Children’s Center. The service focuses on the collaborative relationship with primary care teams in pediatrics like the emergency department, the inpatient pediatric services, and in some outpatient pediatric settings as well.
The Kennedy Krieger Institute

The Kennedy Krieger Institute is an internationally recognized institution dedicated to improving the lives of children and adolescents with pediatric developmental disabilities and disorders of the brain, spinal cord and musculoskeletal system. Areas of specialization include, autism spectrum disorders, behavioral disorders, bone disorders, brain injury, cerebral palsy, developmental disorders, down syndrome, feeding disorders, learning disorders, muscular dystrophy, rehabilitation, sleep disorders, spina bifida, spinal cord injury and paralysis, and Sturge-Weber syndrome.

Highly trained professionals from various disciplines and departments collaborate to design treatment plans specific to each patient's needs throughout all stages of care.

The inpatient programs consist of the Neurobehavioral Unit (NBU), Brain Injury Responsiveness Program, Pediatric Feeding Disorders Inpatient Program, Pediatric Pain Rehabilitation Program, and Pediatric Rehabilitation Unit.

The outpatient programs consist of 55 outpatient clinics, including the Center for Autism and Related Disorders (CARD), the outpatient psychiatry clinic for children with a wide range of developmental disabilities, along with several home and community programs.

A nationally recognized “Blue Ribbon School of Excellence”, Kennedy Krieger School is a leader in innovative education for children, adolescents and young adults with a wide range of learning, emotional, physical, neurological, and developmental disabilities to unlock the potential inside every student. The programs offered include, Kindergarten through 8th Grade, Kennedy Krieger High School, LEAP Program, Montgomery County Campus, Public School Partnership Program and the Physically Challenged Sports & Recreation Program.

Finally, The Maryland Center for Developmental Disabilities at The Kennedy Krieger Institute provides a wide range of community-oriented programs and projects to increase services to individuals with developmental disabilities to achieve their potential in work, school, and community life. Project HEAL is Maryland’s only comprehensive medical-legal partnership. A community-based program of the Maryland Center for Developmental Disabilities (MCDD) at Kennedy Krieger Institute, Project HEAL (Health, Education, Advocacy and Law) provides comprehensive advocacy and legal services for children with intellectual and developmental disabilities and their families. Project HEAL attorneys collaborate with Kennedy Krieger health care professionals and trainees to ensure that patients receive the medical and legal care they need.
The Johns Hopkins Bayview Medical Center

The Department of Psychiatry and Behavioral Sciences at Johns Hopkins Bayview Medical Center offers a wide variety of outpatient, inpatient and emergency psychiatric, mental health and addiction services for adults, children, adolescents, young adults, adults, and older adults.

Children, adolescents, and young adults are treated at Bayview in a variety of settings from emergency care to intensive outpatient programs, outpatient clinics, and community programs that reach into neighborhoods and schools.

Outpatient appointments are made through each of the individual clinics or programs. Some of the outpatient services include:

- **Case Management**
- **Children's Center Intensive Outpatient Program**
- **Co-Occuring Disorders in Adolescence Program (CODA)**
- **Deaf and Hard-of-Hearing Clinic**
- **Early Psychosis Intervention Clinic**
- **General Child Psychiatry Outpatient Clinic**
- **Intensive Outpatient Program for Adolescents**
- **Latino Family Clinic**
- **Mobile Treatment**
- **Overeating and Obesity Clinic (CHOC)**
- **Preschool Clinical Programs**
- **Psychiatric Rehabilitation Program**
- **School-Based Mental Health Services**
Program Overview

The Fellowship in Child and Adolescent Psychiatry at The Johns Hopkins Hospital is designed to provide a comprehensive and broad-based education in psychiatric diagnosis and treatment of children, adolescents, and young adults. The program focuses on developing skills in diagnostic interviewing, case formulation, treatment planning, and psychotherapeutic and pharmacologic management in the context of a strong knowledge base in child development, principles of research, and familiarity with the function and organization of health, education, and welfare institutions.

A two-year program is offered with six residents per year led by faculty dedicated to teaching, clinical care, and individual research pursuits. Strengths include a large full-time faculty, a dynamic educational program and a diverse clinical portfolio that reflects the expertise of our varied faculty members. Access to the myriad of resources in the Department of Psychiatry, the Bloomberg Children’s Center, Department of Pediatrics, specialists in the School of Medicine, the Bloomberg School of Public Health, The Kennedy Krieger Institute and other University programs contribute to a robust learning environment.
First Year of Fellowship

The first year of training focuses on the principles of diagnosis and treatment of children and adolescents who present primarily in the hospital setting. Residents learn specific interviewing techniques, and adaptations of the principles of psychopharmacology to children and adolescents. They also learn manualized psychotherapeutic techniques like cognitive behavior therapy, parent management training, and dialectical behavioral therapy and non-manualized psychotherapeutic techniques including psychodynamically informed psychotherapy, supportive psychotherapy, and family therapy. They also learn about the system of care surrounding children, the interactions between development and pathology and the obstacles to care.

First Year Rotations

First year clinical rotations include:
Inpatient Unit – Four months
Day Hospital Unit – Four months
Consultation-Liaison Service – Two months
Young Adult Service – Two months
Collaborative Continuity Clinic (i.e. outpatient experience) – ½ day per week
Home-Call Coverage - once every 14 days throughout all rotations.

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<thead>
<tr>
<th>Fellow</th>
<th>July</th>
<th>Aug</th>
<th>Sept</th>
<th>Oct</th>
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<th>Dec</th>
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<th>Feb</th>
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<th>June</th>
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<tbody>
<tr>
<td>1</td>
<td>Consults</td>
<td>Young Adult</td>
<td>Day Hospital</td>
<td>Inpatient</td>
<td>Day Hospital</td>
<td>Inpatient</td>
<td>Consults</td>
<td>Young Adult</td>
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<td>2</td>
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<td>Consults</td>
<td>Young Adult</td>
<td>Day Hospital</td>
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<td>Inpatient</td>
<td>Consults</td>
<td>Young Adult</td>
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<td>3</td>
<td>Day Hospital</td>
<td>Inpatient</td>
<td>Consults</td>
<td>Young Adult</td>
<td>Day Hospital</td>
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<td>Inpatient</td>
<td>Consults</td>
<td>Young Adult</td>
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<td>4</td>
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<td>Day Hospital</td>
<td>Inpatient</td>
<td>Consults</td>
<td>Young Adult</td>
<td>Day Hospital</td>
<td>Inpatient</td>
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<td>Inpatient</td>
<td>Consults</td>
<td>Young Adult</td>
<td>Day Hospital</td>
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<td>5</td>
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<td>Inpatient</td>
<td>Day Hospital</td>
<td>Inpatient</td>
<td>Consults</td>
<td>Young Adult</td>
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<td>Consults</td>
<td>Young Adult</td>
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<td>6</td>
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<td>Inpatient</td>
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<td>Inpatient</td>
<td>Consults</td>
<td>Young Adult</td>
<td>Day Hospital</td>
<td>Inpatient</td>
<td>Day Hospital</td>
<td>Inpatient</td>
<td>Consult</td>
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</table>

Inpatient Unit: The inpatient unit assesses and stabilizes acute psychiatric dysfunction through pharmacologic, behavioral, and systems-oriented interventions. Over 400 children are treated annually on this service with an average length of stay of approximately eight days. The interdisciplinary staff consists of an attending physician, child and adolescent psychiatry fellows, an adult psychiatry resident, psychology fellows, social workers, occupational therapists, nurses and clinical care technicians.

Day Hospital: The day hospital provides “step-down” care from the inpatient service and “step-up” care from outpatient programs. The length of stay ranges from one to three weeks. Ongoing medication management, family work, individual treatments, and coordination of services are offered. The interdisciplinary staff consists of an attending physician, child and adolescent psychiatry fellows, an adult psychiatry resident, a psychology fellow, social workers, occupational therapists, nurses and clinical care technicians.
Consultation Liaison Service: The Consultation Liaison Service provides clinical assessments, treatment, and referral source for any child in The Johns Hopkins Children's Center. The service focuses on the collaborative relationship with primary care teams in pediatrics like the emergency department, the inpatient pediatric services, and in some outpatient pediatric settings as well.

Young Adult Service: The young adult service is a four-bed inpatient specialty clinic on the fourth floor of the adult psychiatry unit at The Johns Hopkins Hospital. The service specializes in treating young adults and adolescents who have mood disorders such as depression and bipolar disorder. The interdisciplinary staff consists of an attending physician, child and adolescent psychiatry fellows, an adult psychiatry resident, psychology fellows, social workers, occupational therapists, nurses and clinical care technicians. The child and adolescent psychiatry fellow assists in weekly meetings with a patient’s family.

Collaborative Continuity Clinic: The collaborative continuity clinic provides an opportunity for trainees to work in a longitudinal outpatient setting with patients and their families. All cases are assigned by the Training Director and attention is paid to balancing age, gender, diagnoses, and treatment modality. Direct supervision is available on-site and indirect supervision occurs with a longitudinal supervisor who meets with the resident weekly.

Home-Call: The Home-Call experience helps fellows develop competency at rapid assessment of severely ill youth requiring inpatient admission and at covering inpatient issues that arise. An attending physician discusses all cases with the fellow. Home-Call coverage occurs approximately once every 14 days.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>8:00a Clinical Duties - All</td>
<td>11:00a Clinical Duties - All</td>
<td>11:45a Clinical Duties - All</td>
<td>12:00a Clinical Duties - All</td>
<td>11:00a Clinical Duties - All</td>
</tr>
<tr>
<td>12:00a Clinical Duties - All</td>
<td>1:00p Didactics – All</td>
<td>1:00p Group A – CCC</td>
<td>1:00p Group A – Clinical Duties</td>
<td>1:00p Group B – CCC</td>
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<tr>
<td>4:00p</td>
<td>6:00p</td>
<td>4:00p</td>
<td>6:00p</td>
<td>4:00p</td>
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</table>

Short Call Coverage (4:00pm – 6:00pm) occurs on Mondays – Wednesdays
Home-Call Coverage starts at 4:00pm on Thursdays and Fridays, and at 8:00am on Saturdays and Sundays

First Year Didactics

The clinical experience is enhanced by didactics specifically tailored to the knowledge base of the first-year fellow. A Summer Crash Course provides information about the policies and procedures for documentation, communication, the differences between working with adult patients and with child patients and their families, the initial assessment and engagement strategies when working with youth and families, skills in managing a crisis situation, and the attitude expected towards patients, families, and multidisciplinary teams. In addition, throughout the year, there are didactics on critical journal reading, consultation process,
general psychopharmacology, child and adolescent psychopharmacology, ethics, forensics, influences on development, and normal development. Also, there are lectures on psychotherapy techniques like family therapy, psychodynamic psychotherapy, cognitive behavior therapy, parent management training, and dialectical behavioral therapy.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Speaker</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Sept 9</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 1</td>
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<tr>
<td></td>
<td>2-3 p.m.</td>
<td>Ostrander</td>
<td>Cognitive development 1</td>
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<td></td>
<td>3-4 p.m.</td>
<td>Ostrander</td>
<td>Cognitive development 2</td>
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<tr>
<td>16</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 2</td>
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<td></td>
<td>2-3 p.m.</td>
<td>Harrison</td>
<td>Preschool development 1</td>
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<tr>
<td></td>
<td>3-4 p.m.</td>
<td>Harrison</td>
<td>Preschool development 2</td>
</tr>
<tr>
<td>23</td>
<td>1-2 p.m.</td>
<td>Harris</td>
<td>History of CAP Tour</td>
</tr>
<tr>
<td>30</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 3</td>
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<tr>
<td></td>
<td>2-3 p.m.</td>
<td>Harrison</td>
<td>Preschool development 3</td>
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<tr>
<td></td>
<td>3-4 p.m.</td>
<td>Harrison</td>
<td>Preschool development 4</td>
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<td>Oct 7</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 4</td>
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<td></td>
<td>2-3 p.m.</td>
<td>Harrison</td>
<td>Preschool development 5</td>
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<td></td>
<td>3-4 p.m.</td>
<td>Wilms-Floe</td>
<td>School-age child</td>
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<td>14</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 5</td>
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<td>2-3 p.m.</td>
<td>Bruck</td>
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<td></td>
<td>3-4 p.m.</td>
<td>Bruck</td>
<td>Memory development 2</td>
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<td>21</td>
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<td>AACAP</td>
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<tr>
<td>28</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 6</td>
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<td></td>
<td>2-3 p.m.</td>
<td>Anderson</td>
<td>Personality and temperament 1</td>
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<tr>
<td></td>
<td>3-4 p.m.</td>
<td>Anderson</td>
<td>Personality and temperament 2</td>
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<tr>
<td>Nov 4</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 7</td>
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<td></td>
<td>2-3 p.m.</td>
<td>Swartz</td>
<td>Depression/ADAP</td>
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<tr>
<td></td>
<td>3-4 p.m.</td>
<td>Kastelic</td>
<td>Depression - treatment</td>
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<tr>
<td>11</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 8</td>
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<tr>
<td></td>
<td>2-3 p.m.</td>
<td>Crawford</td>
<td>Language development</td>
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<tr>
<td></td>
<td>3-4 p.m.</td>
<td>Vasa</td>
<td>Anxiety disorders</td>
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<tr>
<td>18</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 9</td>
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<td></td>
<td>2-3 p.m.</td>
<td>Specht</td>
<td>OCD/tics - therapy</td>
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<td></td>
<td>3-4 p.m.</td>
<td>Grados</td>
<td>OCD/tics - medication</td>
</tr>
<tr>
<td>25</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 10</td>
</tr>
<tr>
<td></td>
<td>2-3 p.m.</td>
<td>Hankinson</td>
<td>School age development</td>
</tr>
<tr>
<td></td>
<td>3-4 p.m.</td>
<td>Guarda</td>
<td>Eating disorders</td>
</tr>
<tr>
<td>Dec 2</td>
<td>1-4 p.m.</td>
<td></td>
<td>CHILD PRITE EXAM</td>
</tr>
<tr>
<td>9</td>
<td>1-2 p.m.</td>
<td>Perry-Parish</td>
<td>PMT 11</td>
</tr>
<tr>
<td></td>
<td>2-3 p.m.</td>
<td>Grados/van Luben</td>
<td>Suicide/emergencies</td>
</tr>
<tr>
<td></td>
<td>3-4 p.m.</td>
<td>Miller</td>
<td>SMD</td>
</tr>
<tr>
<td>16</td>
<td>1-2 p.m.</td>
<td>Reinblatt</td>
<td>Binge eating disorder</td>
</tr>
<tr>
<td></td>
<td>2-3 p.m.</td>
<td>Ostrander</td>
<td>Adolescent development</td>
</tr>
<tr>
<td></td>
<td>3-4 p.m.</td>
<td>Severt</td>
<td>Occupational therapy</td>
</tr>
</tbody>
</table>
**Second Year Fellowship**

The second year focuses upon the diagnosis and treatment of children, adolescents and their families who present primarily in the outpatient setting. Residents develop a deeper understanding of therapeutic interventions in outpatient clinics and have the opportunity to pursue a variety of electives. In addition, there are also opportunities to develop research skills and participate in ongoing research with faculty guidance.

**Second Year Rotations**

Second year clinical rotations include:
- **Collaborative Continuity Clinic (CCC)** – one day per week
- **Scholarly Activity/ Administrative Day or Post-Call** – one day per week
- **Children’s Mental Health Clinic (CMHC)** – one day per week
- **Elective** – one day per week
- **Kennedy Krieger Institute (KKI)** Center for Autism and Related Disorders (CARD) or Outpatient Psychiatry Clinic – one day per week
- **Home-call coverage - once every 14 days throughout the year**

<table>
<thead>
<tr>
<th>Fellow</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>CCC/ Call</td>
<td>Post-Call</td>
<td>CMHC</td>
<td>Elective</td>
<td>Lecture/ CARD</td>
</tr>
<tr>
<td>2</td>
<td>CCC/ Call</td>
<td>Post-Call</td>
<td>CMHC</td>
<td>Elective</td>
<td>Lecture/ CARD</td>
</tr>
<tr>
<td>3</td>
<td>Elective</td>
<td>CCC/ Call</td>
<td>Post-Call</td>
<td>CMHC</td>
<td>Lecture/ KKI</td>
</tr>
<tr>
<td>4</td>
<td>CMHC</td>
<td>CCC/ Call</td>
<td>Post-Call</td>
<td>Elective</td>
<td>Lecture/ KKI</td>
</tr>
<tr>
<td>5</td>
<td>Elective</td>
<td>CMHC</td>
<td>CCC/ Call</td>
<td>Post-Call</td>
<td>Lecture/ KKI</td>
</tr>
<tr>
<td>6</td>
<td>Elective</td>
<td>CMHC</td>
<td>CCC/ Call</td>
<td>Post-Call</td>
<td>Lecture/ CARD</td>
</tr>
</tbody>
</table>

Home-Call Coverage starts at 6:00pm on Monday - Wednesday

**Collaborative Continuity Clinic**: The collaborative continuity clinic provides an opportunity for trainees to work in a longitudinal outpatient setting with patients and their families. All cases are assigned by the Training Director and attention is paid to balancing age, gender, diagnoses, and treatment modality. Direct supervision is available on-site and indirect supervision occurs through a longitudinal supervisor that meets weekly with the resident.

**Scholarly Activity/ Administrative Day**: On a scholarly activity/administrative day, residents have time to work on scholarly activities and quality improvement project. This time can also be used for completing notes and returning phone calls and communicating with patient’s providers to collaborate care.

**Children’s Mental Health Clinic**: The Children’s Mental Health Clinic is dedicated to serving the mental health needs of youth and families in the local East Baltimore community. It is staffed by psychiatric therapists who provide a wide range of services including individual, family, and group work. Second year fellows work with 1-2 therapists for the year with weekly
team supervision by Child Psychiatry faculty. Close collaboration with primary care providers and others involved in a youngster’s care is a critical element of the work. Emphasis is placed on the knowledge, skills, and attitudes necessary to be an effective child psychiatrist in a community care setting.

**Kennedy Krieger Institute - Center for Autism and Related Disorders (CARD):** At the Center for Autism and Related Disorders (CARD), fellows do intake evaluations to determine if a child has autism spectrum disorder or help children with an established diagnosis of autism spectrum disorder manage other co-occurring psychiatric illnesses that they may have. Fellows work in collaboration with other providers that include neurology, occupational therapy, speech-language pathology, developmental pediatrics, neuropsychology, clinical psychology, genetic counseling and social work.

**Kennedy Krieger Institute – Outpatient Psychiatry Clinic:** Fellows that attend The Kennedy Krieger Institute work side by side with full time faculty members in specialty clinics that include preschool aged children, children with genetic syndromes such as fragile X, and behavioral teratology. They help diagnose and manage psychiatric conditions associated with a wide range of developmental disabilities in children and adolescents.

**Elective:** Over the course of the second year, residents have a full-protected day to pursue longitudinal elective experience in a specific clinical or research setting guided under specific faculty members. Faculty work with individual residents to set up an experience that meets the fellow’s educational goals, and broadens and deepens their training. Examples include:

- Johns Hopkins University Student Mental Health
- Mental health services in the Adolescent Medicine Clinic
- Substance Abuse and Mental Health Services Administration Fellowship
- State or federal advocacy with AACAP
- Research in various fields
- Medical Psychology Consultation in the Pediatric Clinic
- Young Adult and Adolescent Eating Disorders
- Forensics
- Rural Community Psychiatry
- Substance Abuse at The Mountain Manor Treatment Center
- Child and Adolescent Psychiatry Clinics at the Johns Hopkins Bayview Medical Center like:
  - Early Psychosis Intervention Clinic (EPIC)
  - Co-Occurring Disorders in Adolescence (CODA) Substance Dependence Clinic
  - Intensive outpatient services
  - Transitional-Aged Youth Clinic
  - Spanish Language Clinic
  - Binge Eating Clinic
  - Early Childhood/Preschool Clinic
  - Mobile Treatment Clinic
- Psychotherapy electives including
  - Family Therapy
  - Dialectical Behavioral Therapy
  - Cognitive Behavioral Therapy
**Second Year Didactics**

The second year didactics focus on advanced topics of child and adolescent psychiatry and builds on the material learned in the first year of fellowship.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Speaker</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 11</td>
<td>8A</td>
<td>Joann Kubica</td>
<td>KKI billing</td>
</tr>
<tr>
<td></td>
<td>9-11A</td>
<td>Roma Vasa MD</td>
<td>ASD Assessment/Co-occurring conditions</td>
</tr>
<tr>
<td>18</td>
<td>8-11A</td>
<td>John Walkup MD</td>
<td>Treatment resistant anxiety and OCD</td>
</tr>
<tr>
<td>25</td>
<td>8-11A</td>
<td>John Walkup MD</td>
<td>Treatment resistant depression</td>
</tr>
<tr>
<td>Aug. 1</td>
<td></td>
<td>Holly Wilcox PhD</td>
<td>Research methods I:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- How to develop a good research question?</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>- How to do a literature search</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>- Practical tips for synthesizing the background literature</td>
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<tr>
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<td>- Research designs - with case examples</td>
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<tr>
<td></td>
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<td>- How to review the literature</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>- Study designs</td>
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<tr>
<td>8</td>
<td></td>
<td>Luke Kalb MHS</td>
<td>Research methods II:</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Basic descriptive statistics (distributions, means, range, box plots, etc.)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Basic statistical analyses (t-tests, chi square, linear/logistical regression)</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>- Examples of data and how to interpret</td>
</tr>
<tr>
<td>15</td>
<td></td>
<td>Residents</td>
<td>CMHC Case Discussion</td>
</tr>
<tr>
<td>22</td>
<td>8-11A</td>
<td>John Walkup MD</td>
<td>Parent behavior management for the child and adolescent psychiatrist</td>
</tr>
<tr>
<td>29</td>
<td></td>
<td>Debbie Crawford SLP</td>
<td>ADOS</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Melanie Pinkett-Davis MSW</td>
<td>Transition planning</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Elie Sollins MSW</td>
<td>Resources for the ASD community</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Amy Keefer PhD</td>
<td>Delivering diagnosis to parents</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Roma Vasa MD</td>
<td>- ASD pharmacotherapy</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Na Young Ji MD</td>
<td>- Newer antipsychotics</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Antipsychotic-related movement disorders</td>
</tr>
<tr>
<td>Sept. 5</td>
<td></td>
<td>Roma Vasa MD</td>
<td>AOS</td>
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<tr>
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<td>Na Young Ji MD</td>
<td>Transition planning</td>
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<td></td>
<td></td>
<td></td>
<td>Resources for the ASD community</td>
</tr>
<tr>
<td></td>
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<td>Delivering diagnosis to parents</td>
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<td>No lecture</td>
<td>Board Review Preparation</td>
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<tr>
<td>19</td>
<td></td>
<td>Garland Jones PhD</td>
<td>Neuropsychological testing</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- How to read neuropsych reports</td>
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<tr>
<td></td>
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<td></td>
<td>- Interplay between neuropsych findings and psychiatric disorders</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>- Learning Disabilities</td>
</tr>
<tr>
<td>26</td>
<td>8-930A</td>
<td>Mark Riddle MD</td>
<td>Psychopharmacology: Critical appraisal of select psychopharm trials</td>
</tr>
<tr>
<td></td>
<td>930-11A</td>
<td>Desmond Kaplan MD</td>
<td>Psychiatric crisis in DD populations</td>
</tr>
<tr>
<td>Oct. 3</td>
<td></td>
<td>James Harris MD</td>
<td>Intellectual Disability</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Na Young Ji MD</td>
<td>Genetic Testing</td>
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<tr>
<td>10</td>
<td></td>
<td>Maggie Moon MD</td>
<td>Ethics</td>
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<td>17</td>
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<td>No lecture</td>
<td>Autism Conference – Timonium, MD</td>
</tr>
<tr>
<td>24</td>
<td></td>
<td>No lecture</td>
<td>AACAP Meeting</td>
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<tr>
<td>31</td>
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<td>Residents Faculty</td>
<td>AACAP Review</td>
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<tr>
<td>Nov. 7</td>
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<tr>
<td>14</td>
<td></td>
<td></td>
<td>ADHD Review</td>
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<tr>
<td>21</td>
<td></td>
<td>Roma Vasa MD</td>
<td>Neuroscience I:</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>- Neuroanatomy/Brain Function</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>- Brain Development</td>
</tr>
<tr>
<td>28</td>
<td></td>
<td></td>
<td>Thanksgiving Holiday</td>
</tr>
</tbody>
</table>
### Divisional Conference Topics

In addition to the first and second year didactics, additional teaching occurs at the Divisional Conference held each Wednesday. This weekly conference is a combination of faculty presentations, case discussions, and lectures by invited staff from the divisions of Pediatrics, Neurology, and School of Public Health, and current second year child and adolescent psychiatry fellows. The conference covers a variety of “hot topics”, challenging issues, and complex clinical situations.

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker</th>
<th>Title</th>
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<tbody>
<tr>
<td>September 18</td>
<td>Mark Mahone PhD</td>
<td>Assessment of Attention in Preschool Children</td>
</tr>
<tr>
<td>25</td>
<td>Carlo Colantuoni PhD</td>
<td>Functional Genomics to Define Fundamental Mechanisms in Human Brain Development</td>
</tr>
<tr>
<td>October 9</td>
<td>Susan Carnell PhD</td>
<td>Child and adolescent obesity: brains, genes, parents, and opportunities for collaboration.</td>
</tr>
<tr>
<td>16</td>
<td>Maggie Moon PhD</td>
<td>Everyday Ethics in Child and Adolescent Psychiatry: Focus on Community Psychiatry</td>
</tr>
<tr>
<td>30</td>
<td>Jennifer Accardo MD</td>
<td>Sleep Disorders in Children and Adolescents</td>
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<tr>
<td>November 6</td>
<td>Larry Wissow MD MPH</td>
<td>Primary care mental health assessment</td>
</tr>
<tr>
<td>13</td>
<td>Karen Seymour PhD</td>
<td>Affect Regulation Difficulties in Children with ADHD</td>
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<tr>
<td>20</td>
<td>James Harris MD</td>
<td>Changes in DSM-5 criteria for ASD</td>
</tr>
<tr>
<td>December 11</td>
<td>Trish Peiper MSW</td>
<td>Parental psychopathology: influences on treatment</td>
</tr>
<tr>
<td>18</td>
<td>Rebecca Landa PhD</td>
<td>Early intervention treatment for children with autism spectrum disorder</td>
</tr>
<tr>
<td>January 8</td>
<td>James Griffith MD</td>
<td>Mental health treatment of immigrants, refugees, and survivors of political torture</td>
</tr>
<tr>
<td>15</td>
<td>Ann Scheimann MD</td>
<td>Clinical management of obesity</td>
</tr>
<tr>
<td>22</td>
<td>Russ Margolis MD</td>
<td>Antipsychotic treatment of adolescents with new onset schizophrenia: When to begin, what to use, how to monitor</td>
</tr>
<tr>
<td>29</td>
<td>Harolyn Belcher MD</td>
<td>Children’s mental health: Influences of prenatal and community exposures</td>
</tr>
<tr>
<td>February 12</td>
<td>Sara Johnson PhD</td>
<td>Neurobiological and social factors predicting adolescent brain development</td>
</tr>
<tr>
<td>19</td>
<td>James Harris MD</td>
<td>Behavioral phenotypes</td>
</tr>
<tr>
<td>26</td>
<td>Greg Chasson PhD</td>
<td>Trichotillomania/Excoriation disorder</td>
</tr>
<tr>
<td>March 5</td>
<td>Renata Arrington Sanders, MD</td>
<td>STD testing</td>
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<tr>
<td>12</td>
<td>Christine Ladd-Acosta PhD</td>
<td>Genetic and environmental factors influencing ASD risk</td>
</tr>
<tr>
<td></td>
<td>Name</td>
<td>Title/Topic</td>
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</tr>
<tr>
<td>19</td>
<td>Harvey Singer MD</td>
<td>What’s controlling tics?</td>
</tr>
<tr>
<td>26</td>
<td>Mary Alvord PhD</td>
<td>Telepsychology/Telepsychiatry</td>
</tr>
<tr>
<td>April 2</td>
<td>John Walkup MD</td>
<td>Mental health on the American Indian Reservation</td>
</tr>
<tr>
<td>9</td>
<td>Maria Trent MD</td>
<td>STD screening</td>
</tr>
<tr>
<td>16</td>
<td>Laurel Kisser PhD</td>
<td>Working with children and families after trauma</td>
</tr>
<tr>
<td>23</td>
<td>Celeste Malone, Ph.D.</td>
<td>Collaborating with Schools for Patient Advocacy</td>
</tr>
<tr>
<td>30</td>
<td>Shin-Bey Chang MD</td>
<td>PRNs in Inpatient Child and Adolescent Psychiatry</td>
</tr>
<tr>
<td>May 7</td>
<td>Russ Horwitz MD PhD</td>
<td>Communication and alliance in school-aged children during pediatric well-child visits</td>
</tr>
<tr>
<td>14</td>
<td>Pramit Rastogi MD</td>
<td>Foster care: predictors of success and challenges</td>
</tr>
<tr>
<td>21</td>
<td>Sanaz Kumar MD</td>
<td>The Making of a Murderer: Assessing Youth Risk for Violence</td>
</tr>
<tr>
<td>28</td>
<td>Grace Thammasuvimol MD</td>
<td>Mindfulness in the Emerging Adult</td>
</tr>
<tr>
<td>June 4</td>
<td>Joan Luby MD</td>
<td>Neuroimaging and interventions for preschool depression</td>
</tr>
<tr>
<td>11</td>
<td>Matt Burkey, MD, MPH</td>
<td>Ecological influences on parenting and child behavior problems: risk processes and treatment targets</td>
</tr>
</tbody>
</table>
Scholarly Activities Completed By Fellows

Publications


Nair P, Okhuysen PC Carlin L, Belkind-Gerson J, Paredes-Paredes, Flores J, M DuPont HL. Persistent Abdominal Symptoms in US Adults After Short-Term Stay in Mexico. Accepted for Publication in Journal of Travel Medicine. Article first published online: 13 March 2014


Posters
2012 - 2015
Matt Burkey - Construct Validity of the ADHD Rating Scale-IV in HIV-Exposed Ugandan Children. Translational Science 2014 Meeting
Matt Burkey - Gender and ADHD in Ugandan Children: Comparison of Symptoms, Factor Structure, Prevalence, and Executive Functioning. AACAP National Meeting
Matt Burkey - Perceptions of Mental Illness and Violence: Data from 7 Trillion Internet Queries, 2004-2014. Under Review. AACAP National Meeting
Matt Burkey - Ethnopsychological Models of Child Behavior Problems in a Rural Nepali Community. In Preparation. AACAP Annual Meeting

Awards
2012 – 2015
Yuval Asner – Substance Abuse and Mental Health Service Administration (SAMHSA) Fellowship
Matt Burkey - Johns Hopkins Clinical Research Scholar Award (KL2)
Matt Burkey - AACAP Pilot Research Award for Child Psychiatry Residents and Junior Faculty
Matt Burkey - Child Intervention, Prevention, and Services (CHIPS) Fellow
Matt Burkey - NIH Loan Repayment Program Award
Matt Burkey - Global Health Travel Grant for Housestaff
Tania Kannadan – Teaching Award as a Resident
Russell Horwitz – AACAP Educational Outreach Program Scholarship
Sanaz Kumar – AACAP Systems of Care Special Program Scholarship
Parvathy Nair - Certificate of Appreciation from World Health Organization SEARO office
Parvathy Nair - Guest Speaker in the CME on reducing maternal morbidity and mortality in the community at UCMS, Delhi India.
**Lectures**

2012 – 2015

Yuval Asner - Clinical Pharmacology Lecture to Adult Psychiatry Clerkship Students

Tania Kannadan – Grand Rounds on Somatization disorder

Tania Kannadan – Grand Rounds on Psychosis Secondary to a General Medical Condition: Hypothyroidism

Tania Kannadan – Grand Rounds on Core Conflictual Relationship Therapy

Parvathy Nair - Factors Associated With Opioid Relapse Among Criminal Justice Population, Presented for grand rounds at University of Alabama

Parvathy Nair – “Knowledge of STDs including HIV/AIDS amongst Female Adolescents in a Rural Area.” Presented at regional meeting of international Epidemiologist Association on Aug 4, 2012 at Delhi, India.

Parvathy Nair – “Awareness and practices of menstruation and pubertal changes amongst female adolescents in Delhi” Presented at Joint Annual Conference of India association of Epidemiologists and Indian association of Malaria and other communicable diseases in Delhi, India.

Parvathy Nair - Guest Speaker in the CME on reducing maternal morbidity and mortality in the community at UCMS, Delhi India.

Parvathy Nair - “Reproductive and Sexual Health needs of adolescent population in India”

2013 - 2014

John M. Cruz – Mental Status Exam Lecture to Adult Psychiatry Clerkship Students (Ongoing)

John M. Cruz – Lecture Series of Child & Adolescent Psychiatry topics for rotating medical students

Matt Burkey - "Ecological Considerations in the Prevention and Treatment of Adolescent Conduct Disorder” - Adolescent Medicine Grand Rounds at The Johns Hopkins Hospital

Matt Burkey - Intersection of Mental and Physical Health (330.639) Presented at Johns Hopkins Bloomberg School of Public Health

Matt Burkey - Diagnosis, Symptom & Illness Management II- Pediatrics Presented at Johns Hopkins School of Nursing

Matt Burkey - Brain, Mind, and Behavior Patient Interview Tutorial for First Year Medical Students

Matt Burkey - Ecological influences on parenting and child behavior problems: risk processes and treatment targets. Presented at Johns Hopkins Child and Adolescent Psychiatry Divisional Conference

Shin-Bey Chang - The use of PRN medications in child and adolescent psychiatry. Presented at Johns Hopkins Child and Adolescent Psychiatry Divisional Conference

Russell Horwitz - Understanding and Responding to Childhood Trauma. Presented at Pediatric Social Work Grand Rounds at The Johns Hopkins Hospital.

Russell Horwitz - Recognizing and Treating Anxiety in Children and Adolescents. Presented at St. Ursula School in Baltimore, MD

Sanaz Kumar - Recognizing and Treating Anxiety in Children and Adolescents. Presented at St. Ursula School in Baltimore, MD.


Grace Thammasuvimol – Lecture on The Perspectives to Adult Psychiatry Clerkship Students


Quality Improvement Projects

2012 – 2015

John M. Cruz - Child & Adolescent Fellow Survival Guide

John M. Cruz – Child & Adolescent Psychiatry Prospectus

John M. Cruz – Checklist for Transfers to Inpatient Unit – for Transferring Team

John M. Cruz – Checklist for Transfers to Inpatient Unit – for Consult/Liaison Psychiatrist

John M. Cruz – Checklist for Beginning Inpatient ECT

John M. Cruz – Checklist for Beginning Outpatient ECT

John M. Cruz – Collection of Required ECT Forms

John M. Cruz - Summary of PRN Medications

John M. Cruz – Reference and Description of Psychological Scales

John M. Cruz – Reference and Description of Urine Toxicology Tests

John M. Cruz – Faculty Contact Information List

John M. Cruz – Fellows and Adult Residents Contact Information List

John M. Cruz - Creation of Admission Note Template

John M. Cruz – Johns Hopkins Hospital and Johns Hopkins Bayview Medical Center Outpatient Resource List

John M. Cruz – List of Maryland Outpatient Psychiatry Resources for Adults

John M. Cruz – Summary of Assessment and Management of Pediatric Delirium

John M. Cruz – Link to AACAP Practice Guidelines

John M. Cruz – Revision of IEP Template Letters

John M. Cruz – Listing of Developmental Milestones

John M. Cruz – Discharge Summary Template

John M. Cruz - Reference for Medication Dosage Equivalency

John M. Cruz – Summary of Psychiatric Phenomenology

John M. Cruz – Chart of Four Perspectives

John M. Cruz – Chart for Risk Assessment

John M. Cruz – List of Maryland Outpatient Psychiatry Resources for Pediatric Patients (Ongoing)

John M. Cruz – List of FDA Approved Medications for Pediatric Psychiatry (Ongoing)

Zoya Popivker – Strategies to strengthen the pediatric neurology experience

Melissa Wellner – Medical Student Guidebook

Projects
2013 – 2015
Russell Horwitz - Qualitative research on mental health among Latino adolescents who immigrated to the U.S.
Grace Thammasuvimol – Mindfulness Training Course for patients on Young Adult Inpatient Unit
Zoya Popivker – Communications Module. The Johns Hopkins Psychiatry Guide.
First Year Child and Adolescent Psychiatry Residents

Dr. Shawn Chambers was born and raised in Tulsa, Oklahoma. He attended the University of Oklahoma where he double majored in Zoology-Biomedical Science and Psychology. He obtained his medical degree from Medical College of Wisconsin in Milwaukee and completed his adult psychiatry training at University of Texas Southwestern in Dallas. His professional interests include pediatric mood and anxiety disorders, developmental psychopathology, personality pathologies, and psychotherapy. Outside of work, he is a (very) casual pianist, enjoys listening to classical music. He is also interested in health and physical fitness and playing football, basketball, track and field, and swimming. Other minor hobbies he has are chess and snowboarding.

Email: schamb17@jhmi.edu

Dr. Amanda Gorecki was born in Long Island, New York. She attended Sacred Heart University where she double majored in chemistry and mathematics. After college, she worked for Unilever developing bath and cleansing products before attending medical school. She obtained her medical degree from New York College of Osteopathic Medicine. She completed her adult psychiatry residency at Cooper Hospital of Rowan University (former UMDNJ-RWJ) in Camden, New Jersey. Outside of work, she enjoys doing community activities and has volunteered for the Special Olympics and in elementary school science outreach. In addition to medicine, she enjoys the outdoors, going to baseball games, researching beauty products, spending time with family, and delving into her creative and artistic side.

Email: agoreck1@jhmi.edu

Dr. Taranjeet Singh Jolly was born in India. His father was a Major in the Indian Army so his family often moved across the country every three years. He completed his undergraduate studies at MPS, Jaipur and obtained his MBBS (Bachelor of Medicine and Bachelor of Surgery) at Government Medical College, Thanjavur, Tamil Nadu, India. He has volunteered in various community health projects including working at Tsunami relief camp in his medical school, which was in one of the worst hit areas. He did his adult psychiatry residency at St. Mary Mercy Hospital in Michigan. His professional interests include neuroimaging and interventional techniques in psychiatry, Bipolar Disorder in pediatric population and addiction problems in adolescents. Outside of work, he enjoys watching and playing soccer, working out, watching movies, hanging out with friends, likes to listen to Indian music and sing.

Email: tjolly3@jhmi.edu
Dr. Tania Kannadan was born in Amman, Jordan. When she was two years old, she moved to Kerala, India. She spends about 7 years in India and then migrated with her family to the USA. Her family settled in Sugar Land, a sweet suburb of Houston, Texas. Tania majored in Biomedical Science at Texas A&M University and graduated with her Bachelors in Science in 2006. She obtained her medical degree from Ross University School of Medicine in 2011. Tania completed her adult psychiatry residency at University of Oklahoma in Tulsa. Her professional interests include anxiety disorders in children, trauma in the pediatric population. Outside of work, she enjoys spending time with her family and friends, trying different restaurants/cuisines, watching HGTV, and cooking.
Email: tkannad1@jhmi.edu

Dr. Parvathy Nair grew up in India and completed her undergraduate medical studies and residency in Community Medicine at Delhi University. She moved to the United States in 2005 to pursue a Ph.D. in Epidemiology from University of Texas at Houston. She has worked at the World Health Organization in India as a surveillance medical officer and the Centers for Disease Control and Prevention in Atlanta as a health research analyst. She completed her adult psychiatry residency at University of Alabama at Birmingham. Her professional interests include autism and mental health epidemiology with a goal to pursue a career in academic research. Outside of work, she enjoys reading about world history and mythology. She also enjoys reading biographies, writing poetry and travelling.
Email: pnair4@jhmi.edu

Dr. Laura Wieczorek was born and raised in Johnstown, Pennsylvania. She majored in Biology at the University of Pittsburgh and obtained her medical degree at Edward Via Virginia College of Osteopathic Medicine in Blacksburg, Virginia. She completed her adult psychiatry residency training at Albert Einstein Medical Center in Philadelphia, Pennsylvania. Her professional areas of interest include developmental disabilities, autism, trauma, and psychotherapy. Outside of work, she enjoys hiking, swimming, biking, exercising, playing soccer, making piñatas, and spending time with friends and family.
Email: lwieczo2@jhmi.edu
Second Year Child and Adolescent Psychiatry Fellows

Dr. Yuval Asner was born in Israel and raised in St. Louis, Missouri. He attended college and medical school at Indiana University. Yuval completed his general psychiatry residency at The Johns Hopkins Hospital. His professional interests include working with underserved populations and health policy. Yuval’s hobbies include mixed martial arts and SCUBA diving, but his favorite way to spend his time is on weekend day trips to the Chesapeake Bay with his wife and son.

Email: yasnerl@jhmi.edu

Dr. John Cruz was born on the island of Kauai in the state of Hawaii. He attended Dartmouth College where he majored in psychology and minored in English literature. After college, John spent three years working in New York City as a management consultant, and then attended a post-baccalaureate pre-medical program at Columbia University. John completed his general psychiatry residency at The Johns Hopkins Hospital. During residency and fellowship, he also took an active part in teaching medical students. In his spare time, John enjoys spending time with his husband, Steve, and tending to his very charming goldfish. After fellowship, John hopes that his career will include medical student teaching.

Email: john.cruz@jhmi.edu

Dr. Jamie Hom was born and raised in New Jersey. She attended Bryn Mawr College, and participated in cancer research at the University of Pennsylvania for two years before starting medical school at UMDNJ-Robert Wood Johnson. Jamie completed her general psychiatry residency at The Johns Hopkins Hospital, and served as a chief resident during her 4th year of training. Jamie loves spending time with family and friends, watching movies, and traveling. She also loves animals, and is very dog friendly.

Email: jhom4@jhmi.edu

Dr. Sarah MasoodSinaki was born and raised in Iran. She completed medical school at Shahid Beheshti University of Medical Sciences in Tehran, Iran. Sarah immigrated to the United States in 2003. Sarah went on to complete her general psychiatry residency at the University of Connecticut, and served as chief resident during her 4th year. Afterwards, she completed a year of addiction psychiatry at the University of Massachusetts. As a child psychiatry fellow, Sarah is interested in understanding attachment processes through her study of developmental psychopathology. Professionally, she is also interested in psychoanalysis and is actively working to further develop the
psychotherapy curriculum within the fellowship. Sarah enjoys Persian literature, reading, swimming, and travelling.

Dr. Zoya Popivker was born in Ukraine, and raised in Brooklyn, NY. She attended New York University where she majored in psychology and minored in chemistry. After college, Zoya worked as a patient counselor for one year at a Manhattan ophthalmology practice. She then obtained her medical degree from the New York College of Osteopathic Medicine. Zoya completed her general psychiatry residency at North-Shore LIJ Zucker Hillside Hospital in Queens, New York. When she is not at work, Zoya can be found in a Zumba class, traveling around the world, or trying new cuisines.
Email: zpopivk1@jhmi.edu

Dr. Melissa Wellner is originally from Merrick, New York. She attended University at Albany where she earned a degree in biology, and then went on to obtain her medical degree from Jefferson Medical College in Philadelphia. Melissa completed her intern year in at Thomas Jefferson University Hospital, before moving to Baltimore for general psychiatry training at the University of Maryland/Sheppard Pratt. Melissa is interested in working in an outpatient private practice in the future. Outside of work, Melissa enjoys working out, particularly figure skating, and spending time with her husband and son.
Email: mwellne2@jhmi.edu
Post-Graduate Plans for Kanner Fellows

2014:
Matthew Burkey – Assistant - The Johns Hopkins Hospital
Shin-Bey Chang - Staff Attending Psychiatrist - Bon Secours Hospital
Russell Horwitz - Staff Psychiatrist - Family Services, Inc.
Sanaz Kumar - Staff Psychiatrist - Department of Corrections (Washington, DC)
Pramit Rastogi – Instructor - Kennedy Krieger Institute
Grace Thammasuvimol - Staff Psychiatrist - Blue Ridge Behavioral Health

2013:
Allan Andersen – Academics, Johns Hopkins University
Ronald Lee – Private Practice, San Francisco, CA
Prem Pathak - Private Practice, Bismarck, ND
Sean Pustilnik – Academics, University of Maryland
Susan Solimine – Private Practice, Providence, RI

2012:
Steven Chao – Private Practice, Seattle, WA
Mary Cutler __ Private Practice, Baltimore, MD
Hon Ho – Academics, Harvard Medical School,
Shiva Srinivasan - Private Practice, Chennai, India
Natalie Yzer – Private Practice, Baltimore, MD

2011:
Deirdre Foster – Private Practice, Baltimore, MD
Carolyn Howell – Academics, Johns Hopkins University
Tokunboh Rose – Private Practice, Charlotte, NC
Jonathan Shepherd – Private Practice, Baltimore, MD
Elizabeth Shumann – Private Practice, Chapel Hill, NC

2010:
Natalya Chernyak – Private Practice, Gainesville, FL
Candyce DeLoatch – Academics, University of Maryland
Rhoda Gottfried – Academics, Johns Hopkins University
Patrick Kelly – Private Practice, Los Angeles, CA
Alyssa Kwon – Private Practice, Philadelphia, PA
Heerain Shah- Private Practice, Gainesville, GA
Antoinette Valenti – Private Practice, Fort Lauderdale, FL

2009:
Joseph Cocozzella – Academics, St. Elizabeth Medical Center, MA
Finza Iqbal – Private Practice, Rockville, MD
Agheigh Nicky Lankerani – Private Practice, Ellicott City, MD
Sarah Nayeem – Private Practice, Portland, OR
Cindy Thygeson – Private Practice, Sacramento, CA
Arman Taghizadeh – Private Practice, Lutherville, MD
Faculty Who Often Interview

Shannon Barnett, M.D.
Assistant Professor
Johns Hopkins Bayview Medical Center

Dr. Shannon Barnett completed her undergraduate studies at Trinity University. She attended University of Colorado where she obtained her M.D. She completed her adult psychiatry residency at Duke University and her child and adolescent psychiatry fellowship at The Johns Hopkins Hospital. Her professional interests include working with the Baltimore City Department of Social Services to improve mental health care for youth in foster care, working with adolescent patients that have mood lability and dialectical behavioral therapy. In her spare time, she enjoys raising her two children and hiking.

Gabrielle Blackman, M.D.
Assistant Professor
Kennedy Krieger Institute

Dr. Gabrielle Blackman attended the George Washington University for undergraduate studies and Vanderbilt University for medical school. She stayed at Vanderbilt for General Psychiatry training, and completed her Child and Adolescent Psychiatry fellowship at the Brown University/Rhode Island Hospital program. She works in the Kennedy Krieger School program and enjoys the interdisciplinary nature of that environment. She also has an interest in early onset psychosis/schizophrenia. When not at work, she enjoys exercising, going on hikes, and spending time with her family, which includes two school-age daughters.

Matthew Burkey, M.D., M.P.H.
Assistant
The Johns Hopkins Hospital

Dr. Matthew Burkey completed his undergraduate studies at Bethel College. He obtained his M.D. and M.P.H. from The Johns Hopkins School of Medicine. He completed his general psychiatry residency training, child, and adolescent psychiatry fellowship at The Johns Hopkins Hospital. His professional interests include clinical care and public health-oriented research aiming to expand access to high quality, culturally informed mental health care in low-resource settings. His current research focuses on understanding social processes that affect the development, identification, and outcomes of externalizing disorders in Uganda, Nepal. Outside of work, he enjoys distance running, hiking,
travelling, spending time with his wife, Kristy, and two daughters, Anna and Violet.

Susan Carnell, Ph.D.
Assistant Professor
The Johns Hopkins Hospital

Dr. Susan completed her undergraduate studies at the University of Oxford where she received a B.A. in Experimental Psychology. She obtained her Ph.D. from in Health Psychology from University College London. Following post-doctoral training at University College London and at Columbia University's New York Obesity Nutrition Research Center, she moved to the Division of Child & Adolescent Psychiatry at The Johns Hopkins Hospital. Her research interests include neuroimaging studies of appetite and obesity, and genetic and environmental influences on children’s eating behavior. In her spare time, Dr. Carnell enjoys writing about science and writing songs and singing for her new music project, Chia.

Robert Findling, M.D., M.B.A.
Professor
The Johns Hopkins Hospital

Dr. Findling is a Professor of Psychiatry, the Director of Child & Adolescent Psychiatry, and Vice Chair in the Department of Psychiatry at Johns Hopkins. He is also the Vice President of Psychiatric Services and Research at the Kennedy Krieger Institute. Dr. Findling did his undergraduate work at Johns Hopkins University and went to medical school at the Medical College of Virginia. Dr. Findling then completed training in Pediatrics, Psychiatry, and Child & Adolescent Psychiatry as part of the “Triple Board” joint training program at Mt. Sinai in New York. He subsequently earned his Masters of Business Administration degree at a joint program run by the London School of Economics, NYU Stern, and Ecole des Hautes Etudes Commerciales de Paris called “Trium”. After serving as the Rocco L. Motto, M.D. Chair of Child and Adolescent Psychiatry at Case Western Reserve University School of Medicine and Director of the Division of Child and Adolescent Psychiatry at University Hospitals Case Medical Center, Dr. Findling returned to Baltimore in 2012. In his spare time, he is Hopkins lacrosse and jazz enthusiast who enjoys taking walks with his two Chinese Crested dogs.

Anna Gonzaga, M.D.
Instructor
Johns Hopkins Bayview Medical Center
Dr. Anna Gonzaga completed her undergraduate studies at Duke University. She obtained her M.D. degree from Medical College of Ohio. She completed her adult psychiatry residency at Duke University Medical Center and did her child and adolescent psychiatry fellowship from The Johns Hopkins Hospital. Her professional interests include adolescent psychiatry, community psychiatry, and mind-body medicine. She is the medical director of the Adolescent Intensive Outpatient Program at The Johns Hopkins Bayview Medical Center where they offer Dialectical Behavioral Therapy, SPARCS, and mind-body medicine. In her spare time, she enjoys yoga, pilates, fitness, and travelling.

Marco Grados, M.D.
Associate Professor
The Johns Hopkins Hospital

After completing undergraduate and medical training in Lima, Peru, Dr. Grados went to Detroit for an internship in internal medicine and a residency in psychiatry at the Henry Ford Health Systems. He came to Baltimore in 1994 as a child and adolescent psychiatry fellow, and was the chief resident in child and adolescent psychiatry at The Johns Hopkins Hospital and psychiatry faculty at Kennedy Krieger Institute, where he was medical director of outpatient programs. Dr. Grados' research is in genetic epidemiology research in obsessive-compulsive disorder (OCD) and related disorders. He is now clinical director in the division of child and adolescent psychiatry and oversees the acute care (Day Hospital, inpatient) and outpatient services. In his spare time, he enjoys reading philosophy and trying different culinary cuisines from around the world.

Jessica Hankinson, Ph.D.
Assistant Professor
The Johns Hopkins Hospital

Dr. Hankinson received her Ph.D. in Clinical Psychology from the University of South Florida. She completed her predoctoral internship and two-year pediatric psychology postdoctoral fellowship at The Kennedy Krieger Institute in Baltimore, MD. She specializes in pediatric psychology and the treatment and assessment of children with chronic medical conditions and associated emotional and behavioral difficulties. She also serves as the primary behavioral consultant within the Divisions of Pediatric Gastroenterology and Nutrition and Pediatric Urology and is part of multi-disciplinary teams to evaluate and treat children with chronic constipation and voiding dysfunction. She also has extensive experience providing behavioral management training and cognitive behavioral therapy to children with complex medical conditions (e.g. bladder extrophy, inflammatory bowel disease, cystic fibrosis, and functional pain disorders) and their families. Her clinical research has
focused on behavioral interventions for improving children’s compliance with medical regimens and procedures. In her spare time, she enjoys running, hiking, and spending time with her family—her husband, daughter and their boxer, Bo.

Carolyn Howell, M.D.
Instructor
The Johns Hopkins Hospital

Dr. Howell completed her undergraduate studies at Spelman College. She attended Howard University College of Medicine where she obtained her M.D. She completed her adult psychiatry residency at George Washington University and her child and adolescent psychiatry fellowship at The Johns Hopkins Hospital. Her professional interests include early and recent onset psychotic disorders and cognition in this patient population. In her spare time, she enjoys drawing, painting and interior decorating.

Na Young Ji, M.D.
Assistant Professor
Kennedy Krieger Institute

Dr. Ji received her medical degree from Catholic University of Daegu in South Korea in 2000. She completed her rotating internship at St. Mary’s Hospital, Catholic University of Korea in 2001. She moved to Boston after her internship and began research at the Psychiatry Neuroimaging Laboratory at Brigham, Women’s Hospital, Harvard Medical School and her research involved structural brain MRI findings in women with schizoaffective personality disorder. Dr. Ji went to University North Carolina Hospitals for her general psychiatry training and continued her training at UNC for child and adolescent psychiatry fellowship. She works through Kennedy Krieger School Programs providing medication management and consultation on children and adolescent with neurodevelopmental disorders and other psychiatric disorders. She is also working in the Clinical Trials Center at Kennedy Krieger Institute where she does clinical trials in the fields of neurodevelopmental disorders including autism, ADHD, depression, anxiety and schizophrenia.
Dr. Elizabeth Kastelic completed her undergraduate studies at Emory University. She attended the University of Wisconsin School of Medicine where she obtained her M.D. She completed her general medicine and psychiatry internship at Johns Hopkins Bayview Medical Center and her adult psychiatry residency at The Johns Hopkins Hospital and her specialty includes mood disorders in adolescent and young adult health. She is also interested in medical and community education and is a principal investigator of an NIMH funded, multi-site study on adolescents at risk for familial Bipolar Disorder.

Dr. Esther Lee completed her undergraduate studies at University of Maryland, College Park. She obtained her M.D. degree from University of Maryland, School of Medicine. She completed her adult psychiatry residency at the Boston University Medical Center and her child and adolescent psychiatry fellowship at Washington University in St. Louis. Her professional interests include medical education, telepsychiatry, and trauma-related disorders. Outside of work, she enjoys reading, going to the theatre, listening to music, golfing, and travelling.

Dr. Leslie Miller attended Jefferson Medical College where she obtained her M.D. She completed her internship in pediatrics at North Shore University Hospital, her adult psychiatry residency at Mt. Sinai Medical Center and her child and adolescent psychiatry fellowship at The Johns Hopkins Hospital. Her professional interests focus on the psychosocial and pharmacologic interventions of adolescent and young adults with mood disorders and mood lability.

Dr. Carissa Perry-Parrish completed her undergraduate studies at the University of Georgia where she majored in Psychology and minored in Music and Linguistics. She attended the University of Maine where she obtained her M.A. in Psychology, went to the Children’s Hospital at
Stanford & Children’s Health Council where she completed a predoctoral clinical internship in Child Clinical and Pediatric Psychology and obtained her Ph.D. in Clinical Psychology from the University of Maine. She then went to The Johns Hopkins Hospital where she did her postdoctoral clinical fellowship in Child Clinical and Pediatric Psychology and attended The Johns Hopkins Hospital where she did her postdoctoral research fellowship in psychology and adolescent health. Her specialty includes emotion regulation, acceptance and mindfulness-based interventions for improving self-regulation, parent training for noncompliant children and integrating evidence-based mental health services in primary care. In her spare time, she enjoys cooking, swimming and spending time with her family.

Pramit Rastogi, M.B.B.S., MPH
Assistant
The Kennedy Krieger Institute

Dr. Rastogi completed his undergraduate studies in India. He obtained his M.B.B.S. degree from University of Delhi, and then completed his MPH from The Johns Hopkins School of Public Health. He completed his adult psychiatry residency from Georgetown University where he was a chief resident, and his child and adolescent psychiatry fellowship from The Johns Hopkins Hospital. His professional interests include public mental health, consultation-liaison psychiatry, cross-cultural psychiatry, psychodynamic psychotherapy, and working with children with disabilities. His non-work related interests include cooking, primarily experimenting with Indian regional cuisine, photography, keeping in touch with his friends and family in India and US, spending time with his wife watching documentaries and late night comedy. He has won a teaching award when he was a resident at Georgetown University.

Rheanna Platt, M.D.
Instructor
Johns Hopkins Bayview Medical Center

Dr. Rheanna Platt completed her undergraduate studies at Brown University. She attended Mayo Medical School where she obtained her M.D. and Johns Hopkins Bloomberg School of Public Health where she obtained her M.P.H. She completed a pediatrics residency at The Johns Hopkins Hospital, her adult psychiatry residency at Columbia University/ New York State Psychiatric Institute, and her child and adolescent psychiatry fellowship at NYU Child Study Center/ Bellevue Hospital. Her interests include the integration of mental health into primary care pediatric settings, mental health of parents and impact on children, and Latino Mental Health. In her spare time, she enjoys spending time with
her son, swimming, running and travelling.

Shauna Reinblatt, M.D.
Assistant Professor
Johns Hopkins Bayview Medical Center

Dr. Shauna Reinblatt attended University of Sherbrooke School of Medicine where she obtained her M.D. She completed her family medicine residency at McGill University School of Medicine, her adult psychiatry residency at Hillside Hospital – Long Island Jewish Hospital, her child and adolescent psychiatry fellowship at New York University School of Medicine, and her child and adolescent psychiatry research fellowship in child and adolescent psychopharmacology at The Johns Hopkins Hospital. Her specialty includes pediatric binge eating disorder, pediatric obesity, pediatric eating disorders, and the intersection between pediatric obesity and psychiatric comorbidities. In her spare time, she enjoys spending time with her family and gardening.

Elizabeth Reynolds, Ph.D.
Assistant Professor
The Johns Hopkins Hospital

Dr. Elizabeth Reynolds attended the University of Michigan for her undergraduate studies. She completed her predoctoral internship training at Alpert Medical School of Brown University Clinical Psychology Training Consortium and completed her Ph.D. in Clinical Psychology from University of Maryland, College Park. After completing a Postdoctoral Fellowship at The Johns Hopkins Hospital, she joined the faculty in Child and Adolescent Psychiatry. Broadly, her research and clinical interests focus on the development and maintenance of health risk behavior among children and adolescents. She acts as a behavioral consultant on the inpatient and day hospital units as well as conducts psychological evaluations and provides behavioral and cognitive-behavioral treatments (e.g., DBT) to outpatients. Her outside interests include cooking, exploring Baltimore, and spending time with her family, her husband and baby.

Karen Seymour, Ph.D.
Assistant Professor
The Johns Hopkins Hospital

Dr. Karen Seymour graduated magna cum laude from the University of Notre Dame with a BA in psychology. After completing her pre-doctoral internship at Children’s National Medical Center in Washington, DC, she received her Ph.D. in clinical psychology from the University of Maryland College Park. She then completed a postdoctoral fellowship in Child
Mental Health at Brown University Alpert School of Medicine. Her professional interests include examining emotion regulation difficulties, particularly frustration, in children with ADHD using affective neuroscience techniques, and how these difficulties relate to subsequent mood problems in children with ADHD. In her spare time, she is an avid Notre Dame fan, loves to work out and play sports and engages in service activities. She also likes spending time with her husband and 7 year-old Havanese.

Matt Specht, Ph.D.
Assistant Professor
The Johns Hopkins Hospital

Dr. Matt Specht completed his undergraduate studies in psychology and sociology from University of Wisconsin-La Crosse. He obtained his M.S. from Idaho State University, did his predoctoral internship from the University of Maryland and Veterans Administration, his Ph.D. from Idaho State University, did a postdoctoral fellowship from the Veterans Administration: Mental Illness Research Education and Clinical Center (MIRECC). His professional interests include pediatric OCD, Tourette’s Disorder, Trichotillomania, Excoriation Disorder, onychophagia, and stereotypes. Outside of work, he enjoys sailing on the Chesapeake with friends and family, running, biking, skiing, and playing guitar.

Lynn Taylor, M.D.
Clinical Associate
The Johns Hopkins Hospital

Dr. Lynn Taylor did her first two years of undergraduate studies at the University of Southern California and her final two years at the University of Arkansas where she majored in Chemistry. She received her medical degree from the University of Arkansas, completed her adult psychiatry training at the University of Arkansas and did her child and adolescent fellowship at Brown University/ Bradley Hospital. Her particular interests include outcomes and treatment research with a special emphasis on families and how family functioning affects treatment response and effectiveness. Outside of work, she has two sports horses (one of which she bred) who are hunters and jumpers and is interested in the relationship between people and their pets. She also voraciously reads and loves to travel.
Elaine Tierney, M.D.
Associate Professor
Kennedy Krieger Institute

Dr. Elaine Tierney completed her undergraduate studies and obtained her M.D. from the University of Florida. She did a transitional internship year at Cook County Hospital and then did both her adult psychiatry residency and child and adolescent psychiatry fellowship at The Johns Hopkins Hospital. Her professional interests include genetic and metabolic disorders and autism. In her spare time, she enjoys growing and giving away herbs, learning about native plants, reading about cooking and swimming.

Elizabeth Turin, M.D.
Assistant Professor
Kennedy Krieger Institute

Dr. Elizabeth Turin completed her undergraduate studies from the Universidad Peruana Cayetano Heredia in Lima, Peru. She completed both her adult psychiatry residency and child and adolescent psychiatry fellowship at Elmhurst Hospital Center at Mount Sinai School of Medicine Program and at North General Hospital. Her professional interests include pharmacology in autism.

Roma Vasa, M.D.
Assistant Professor
The Johns Hopkins Hospital
Kennedy Krieger Institute

Dr. Roma Vasa completed her undergraduate studies at Colby College. She obtained her M.D. from Robert Wood Johnson Medical School. She completed her internship in internal medicine from Columbia Presbyterian Hospital and her adult psychiatry residency and child and adolescent psychiatry fellowship from The Johns Hopkins Hospital. Her professional interests include child and adolescent anxiety and depressive disorders, behavioral and neural correlates of pediatric anxiety disorders, and autism. She is also the director of education and training for the child and adolescent psychiatry program at The Johns Hopkins Hospital and oversees all psychiatry-training activities at the Kenney Krieger Institute. In her spare time, she enjoys international travel, kayaking, swimming, spending time with her family and watching foreign film.
Lee Wachtel, M.D.
Associate Professor
Kennedy Krieger Institute

Dr. Lee Wachtel completed her undergraduate studies at Princeton University where she majored in French Language and Literature. She attended Johns Hopkins University School of Medicine where she obtained her M.D. and did her adult psychiatry and child and adolescent psychiatry fellowship from University of Maryland/ Sheppard Pratt. Her professional interests includes catatonia in autism and intellectual disabilities, electroconvulsive therapy in youth especially those with neurodevelopmental disability, history of convulsive therapy, and electroconvulsive therapy for the child and adolescent psychiatry educational initiatives. Outside of work, she enjoys reading modern French literature from her Kindle that is rigged to amazon.fr, running, travelling, learning new languages, and spending time with her three children.

Holly Wilcox, Ph.D.
Associate Professor
The Johns Hopkins Hospital

Dr. Holly Wilcox completed her undergraduate studies at Northeastern University. She attended New York University where she obtained her M.S. and went to The Johns Hopkins Bloomberg School of Public Health for her Ph.D. in psychiatric epidemiology. Her professional interests include the prevention of suicide in the pediatric population.

Lawrence Wissow, M.D.
Associate Professor
The Johns Hopkins Hospital

Dr. Lawrence Wissow completed his undergraduate studies at Amherst College. He obtained his M.D. from Duke University, and his M.P.H. from The Johns Hopkins School of Public Health. He completed his pediatric internship, pediatric residency, adult psychiatry residency and child and adolescent psychiatry fellowship from The Johns Hopkins Hospital. His professional interests include disclosure of sensitive issues, multi-cultural and international settings, integration of mental health with primary care, and he is a co-located member of the mental health team in the pediatric and transitional-age HIV clinics. In his spare time, he enjoys playing the Renaissance lute (he admittedly says, not well, but he enjoys it nevertheless).
About Baltimore

Settled in 1661, Founded in 1729, Incorporated in 1797
Population 621,342

Once a major manufacturing center, Baltimore shifted to a service-oriented economy and the city's two largest employers are Johns Hopkins University and Johns Hopkins Hospital.

Baltimore gets its name from Baile an Tí Mhóir (Irish for "Town of the Big House"), the family estate of Cecilius Calvert, 2nd Baron Baltimore, a member of the Irish House of Lords and the founding proprietor of the Maryland Colony.

During the War of 1812, the British attacked Baltimore on the night of September 13, 1814. The city's harbor was successfully defended by United States forces from Fort McHenry. The next morning, from a ship in the harbor, a Maryland attorney by the name of Francis Scott Key was inspired by the huge American flag he saw flying over the fort and composed "The Star-Spangled Banner."
In use since the 1600’s, Baltimore's Inner Harbor is one of America's oldest seaports. Beginning in the 1970’s, it has blossomed into the cultural center of the city. The Inner Harbor and the surrounding neighborhoods provide locals and visitors alike with a fine dining, unique shopping, cultural experiences, and exciting nightlife.

There are several options for touring the harbor by water. **Cruises by the Bay** offers daily narrated tours, evening cocktail cruises, and historical "national anthem" cruises by Fort McHenry. **Spirit Cruises** also offers narrated tours, in addition to dining cruises that feature live music or a DJ; they also offer a thrilling high-speed tour of the Inner Harbor on the **Seadog**. **Urban Pirates** offers family friendly cruises by day, and adult BYOG (that’s bring your own grog) cruises by night. There’s even a **water taxi**, if you’re just looking for an affordable way to get from one side of the harbor to the other.

For spectacular views of the Inner Harbor and the surrounding Baltimore area, visit the **Top of the World** observation deck, located at the top of the Baltimore World Trade Center. The building itself is the world's tallest pentagonal-shaped structure.

Another way to see all of Baltimore is to tour it from the sky. **Monumental Helicopters** offers a range of air tours of Baltimore and the surrounding area. They even offer an event space where each of your guests gets not only a traditional party experience, but a ride in the helicopter over the city.

The **National Aquarium, Baltimore** is located on Piers 3 and 4. Home to 16,500 specimens representing 660 species, the Aquarium also has a tropical rain forest, a multiple-story coral reef, an open-ocean shark tank, and a 4D immersion theater. The Aquarium also conducts live shows in its marine mammal pavilion.
A highlight of the Inner Harbor is HarborPlace. There are two pavilions that house shopping from local specialty shops to H&M and Urban Outfitters. There are also 23 options for dining, with a range of options including Tir Na Nog Irish Pub, Bubba Gump Shrimp Co, Edo Sushi, Five Guys Burgers, and Hooters.

And when the weather's nice, grab a front row seat for some free entertainment in the outdoor amphitheater located between the two pavilions.

Cross Pratt Street from the HarborPlace pavilions and you'll find The Gallery at HarborPlace. The Gallery is a four-story glass enclosed shopping center with exciting retailers such as Banana Republic, Brooks Brothers, Coach, Gap, Johnston & Murphy, and Loft.

The most shining example of the revitalization of the Inner Harbor is the Pratt Street Power Plant. This architectural highlight of the harbor was built in 1900 and placed on the National Register of Historic Places in 1987. It now houses a Barnes & Noble, a Hard Rock Cafe, Dick's Last Resort, and a Maryland dining institution, Phillips Seafood.

Just a block north of the Inner Harbor is Power Plant Live. Located in this dining and entertainment complex is a collection of local establishments as well as some national chains. The sixteen restaurants, bars, and clubs include the Havana Club, Joe Squared, Howl at the Moon, Leinenkugel's Beer Garden, Luckie's Tavern, Ruth's Chris Steakhouse, TATU, the Baltimore Comedy Factory, Angel's Rock Bar, MEX, and Ram's Head Live. It also houses the Maryland Art Place.

Adjacent to Power Plant Live, located in the historic Baltimore Fishmarket Building, is the Port Discovery Children's Museum, one of the top five children's museums in the United States, according to Child Magazine. Port Discovery has three floors of interactive, educational exhibits and programs for children from birth to ten years of age.
At the southern end of the harbor is the Maryland Science Center, which was named by Parents Magazine as one of the ten best science centers for families. It houses three levels of exhibits, a planetarium, an observatory, an Imax theater, and a hands-on exhibits that include more than two dozen dinosaurs.

Baltimore Museum of Art

The Baltimore Museum of Art is home to an internationally renowned collection of 19th-century, modern, and contemporary art. Founded in 1914 with a single painting, the BMA today has 90,000 works of art—including the largest holding of works by Henri Matisse in the world. Throughout the Museum, visitors will find an outstanding selection of European and American fine and decorative arts, 15th- through 19th-century prints and drawings, contemporary art by established and emerging contemporary artists, and objects from Africa, Asia, the Ancient Americas, and Pacific Islands. Two beautifully landscaped gardens display an array of 20th-century sculpture that is an oasis in the city. The BMA is home to Gertrude's restaurant, where visitors enjoy superb regional cuisine from celebrity chef John Shields while overlooking the scenic sculpture gardens or listening to the popular summer jazz concerts.

Walters Art Museum

Internationally renowned for its collection, the Walters Art Museum presents an overview of world art from pre-dynastic Egypt to 20th-century Europe. The collection was amassed by William Walters and his son Henry Walters, and later bequeathed to the city of Baltimore. Among its many treasures are Greek sculpture and Roman sarcophagi, medieval ivories, and Old Master paintings, Art Deco jewelry, and 19th-century European and American masterpieces.
American Visionary Art Museum

Specializing in the preservation and display of visionary art (also known as outsider art or raw art), the American Visionary Art Museum has been designated by Congress as America's national museum for self-taught art.

The museum's Main Building features three floors of exhibition space, and the campus includes a Tall Sculpture Barn and Wildflower Garden, along with large exhibition and event spaces. The AVAM has no staff curators, preferring to use guest curators for its shows. Rather than focusing shows on specific artists or styles, it sponsors themed exhibitions with titles such as Wind in Your Hair and High on Life. The museum's founder takes pride in the fact that AVAM is "pretty un-museumy." Fort McHenry

Best known for its role in the War of 1812, Fort McHenry successfully defended Baltimore Harbor from an attack by the British navy in Chesapeake Bay September 13–14, 1814. It was during the bombardment of the fort that Francis Scott Key was inspired to write "The Star-Spangled Banner," the poem that would eventually be set to music and become the national anthem of the United States. The summer months include daily ranger talks and weekend living history in the fort. The Fort McHenry Guard performs drill, musket and artillery demonstrations.

Washington Monument and Museum

Baltimore's Washington Monument is the nation's first civic memorial to George Washington. Built in the neo-classical style, the 178-foot monument was designed by architect Robert Mills and was completed in 1829, fourteen years after construction began. Mills also designed the more famous sister monument in Washington, D.C. which opened in 1855.

The Monument held a profound meaning for 19th Century Americans and it is even now recognized as the preeminent symbol of the city of Baltimore. Visitors are encouraged to climb the 228 steps to the top of the monument for one of the city's best views.
B & O Railroad Museum

In the late 19th century, an overzealous publicity agent developed a trade show exhibit for a major American railroad headquartered in Baltimore, Maryland. This exhibit survived the railroad that sponsored it and grew to become a “national treasure” of railroad artifacts. Today, it comprises the collection of the Baltimore & Ohio Railroad Museum, the oldest, most comprehensive American railroad collection in the world.

Located among Baltimore City's historic southwest neighborhoods, at the original site of the historic Mt. Clare Shops, the B&O Railroad Museum is recognized universally as the birthplace of American railroading. It was here within the Museum's 40-acre campus that Baltimore businessmen, surveyors, and engineers set about building the B&O Railroad in 1829, laying the first commercial long-distance track, building the first passenger station, and inventing America's unique railroad.

Edgar Allan Poe House

A National Historic Landmark, the Edgar Allan Poe House is in an excellent state of preservation with much of the exterior and interior original fabric from the 1833-1835 period when Edgar lived there with his aunt, grandmother and two cousins. While the house is not furnished, visitors walk on the same floors, stairs and wander within the original plaster walls and woodwork that Edgar lived with.

Exhibits tell the story of Edgar Allan Poe's life and death in Baltimore and significant artifacts such as Edgar’s portable writing desk and chair, and a telescope, china and glassware used by Poe.

Museum of Maryland African-American History & Culture

An affiliate of the Smithsonian Institution, the Reginald F. Lewis Museum of Maryland African-American History & Culture is dedicated to showing the struggles for self-determination made by African-American Marylanders. Permanent exhibits include The Strength of the Mind, Things Hold, Lines Connect and Building Maryland, Building America. Other facilities include an oral history recording and listening studio, a special exhibition gallery, a 200 seat theater auditorium, a classroom and resource center.
Babe Ruth’s Birthplace

George Herman "Babe" Ruth was born February 6, 1895 at 216 Emory Street, a Baltimore row house that is now just a long fly ball from Oriole Park at Camden Yards. The property was leased by Babe's grandfather, Pius Schamberger, who made his living as an upholsterer. The Babe Ruth Birthplace Museum houses artifacts and exhibits on the life and times of baseball's greatest player.

National Museum of Dentistry

Designated by Congress as the nation's official dental museum, and an affiliate of the Smithsonian, the Dr. Samuel D. Harris National Museum of Dentistry preserves and exhibits the history of dentistry in United States and throughout the world. Highlights of the collection include George Washington's not-so-wooden dentures (they were made of hippo ivory), Queen Victoria’s dental instruments, and the world's only Tooth Jukebox.
Artscape

America’s largest free arts festival, Artscape attracts over 350,000 attendees over three days. Artscape features 150+ fine artists, fashion designers and craftspeople; visual art exhibits on and off-site, including exhibitions, outdoor sculpture, art cars, photography and the Janet & Walter Sondheim Prize; incredible live concerts on outdoor stages; a full schedule of performing arts including dance, opera, theater, film, experimental music and the Baltimore Symphony Orchestra; family events such as hands-on projects, demonstrations, competitions, children's entertainers and street theater; and a delicious, international menu of food and beverages that is available throughout the festival site.

Baltimore Book Festival

The Baltimore Book Festival features hundreds of appearances by local, celebrity and nationally known authors, book signings, more than 100 exhibitors and booksellers, nonstop readings on multiple stages, cooking demos by top chefs, poetry readings, workshops, panel discussions, walking tours, storytellers and hands-on projects for kids, live music, and a delicious variety of food, beer and wine.

Flower Mart

Nothing says springtime in Baltimore like flowers, big hats and lemon sticks. Shop at plant and other vendor displays, take part in a hat contest and check out lots of entertainment options at Flower Mart, held annually since 1911. Flower Mart is a family friendly event so bring the kids and enjoy the flowers and the entertainment and while you are there pick up some bedding plants for the garden at home and improve the curb appeal. And, of course, be sure to enjoy a Lemon Peppermint Stick.
Baltimore Ravens

Following the Colts' controversial move to Indianapolis in 1984, Baltimore spent twelve years without an NFL team. In 1996, Art Modell moved his players from Cleveland (leaving behind the Browns name) to form a new team in Baltimore. The name Ravens was selected in a fan contest.

In the team's short history, the Baltimore Ravens have won two Super Bowl championships, in 2000 and 2013. The Ravens play in downtown Baltimore at M&T Bank Stadium.

Baltimore Orioles

The original Baltimore Orioles were one of the eight teams that created the American League in 1901. However, that team remained in Baltimore for only one year before moving north to become the New York Highlanders (which changed its name to something else a couple years later). The original American League also included the Milwaukee Brewers, which moved and became the St. Louis Browns, before coming to Baltimore in 1954 to become the present-day Orioles.

The Orioles have won six American League pennants and three World Series titles (1966, 1969, and 1983). The team's home is Oriole Park at Camden Yards, the stadium that started the trend of "retro" ballparks built in the 1990s and 2000s. During his visit to Baltimore in October 1995, Pope John Paul II celebrated mass at Camden Yards.
The Preakness

Held on the third Saturday in May each year at Pimlico Race Course in Baltimore, The Preakness Stakes is the second leg of horse-racing's triple crown (between the Kentucky Derby and the Belmont Stakes). The Preakness attracts 120,000 attendees and is the second most attended horse race (trailing only the Kentucky Derby).
Baltimore has always been a city of neighborhoods, each with its own character and charm. Over the years, once-glorious blocks fall into disrepair, abandoned burgs are built up, people move in and move out, and the essence of a neighborhood evolves. In recent years, despite difficult economic conditions, several parts of Baltimore have grown by leaps and bounds. Harbor East, once an industrial wasteland, is now flourishing with high-end restaurants, boutiques, and condos. The once-grimy stretch of North Avenue near Penn Station has been dubbed Station North and dotted with galleries, performance spaces, and cafes. The abandoned cotton mills west of Hampden have been converted into verdant residential and commercial spaces, drawing young professionals and families. Areas such as these are a testament to the resilience of our city and a road map to its vibrant future.
Harbor East

As recently as 10 years ago, Harbor East was a dark, industrial no-man's-land between the Inner Harbor and Fells Point populated by H&S Bakery warehouses and not much else. Now, a dozen restaurants share sidewalk space with upscale shops like Urban Chic and Arhaus. New residents include young business people, Hopkins staffers, and several current and former Orioles. The recently completed Circle at Harbor East—address of the new Legg Mason tower and Four Seasons Hotel—features the glittering gold Katyn Memorial (marking the murder of Poles in Soviet-occupied Poland), an important landmark in a neighborhood that only seems to be gaining in status.

By day, suited Legg Mason or Morgan Stanley types cruise the Whole Foods crafting a perfect salad, then stop to look at shoes at Sassanova on their way back to work. They may pick up a bottle of Sauvignon Blanc at Bin 604 before heading back to one of the condo towers nearby, like the Vue or Spinnaker Bay. By night, the city's savviest diners flock to Charleston, Cinghiale, Ra Sushi, or Lebanese Taverna before catching a flick at Landmark Harbor East – the only cinema in the city that serves cocktails.

Federal Hill

Lunchtime at Federal Hill's Cross Street Market is a full-contact sport. At Nick's seafood, locals swig cheap beer and chow down on fried oysters and soft-shell-crab sandwiches while several stalls over, at Big Jim's Deli, patrons sit on black bar stools and pack down mile-high hot corned beef melts oozing with Swiss and slaw.

While Federal Hill has long been a destination for weekend revelers looking for a continuation of college, neighborhood residents (most of whom live primarily in late 19th-century two-and-three-story row houses) include an amalgam of young professionals, old-timers, and first-time home owners who truly love the small-town feeling.
Bolton Hill

Directly in the middle of the city, Bolton Hill combines everything that's great about Baltimore. A neighborhood rich in history, it has also welcomed a hip, progressive community of young artists, professionals, and families. Filled with classic 19th-century architecture, it's also home to some of the city's most avant-garde buildings. It hosts institutions like the Meyerhoff Symphony Hall and the Lyric Opera House. Site of the city's biggest annual cultural event, Artscape, Bolton Hill also holds lovely community-oriented events, like October's Festival on the Hill, which features a steel-drum band, craft displays, and a whole block dedicated to creative activities for kids.

The stars of Bolton Hill are its elegant townhouses, almost all of which date back more than a century, housing everyone from F. Scott Fitzgerald to Woodrow Wilson. Today, the homes are filled with one of the city's most diverse populations, with residences from a broad range of ethnic, religious, and economic backgrounds. In recent years, many of the new residents have been young families looking for a dynamic urban lifestyle. The local public school, Mt. Royal Elementary/Middle, is among the best in the city, and a new K-8 public charter school focused on community involvement, Midtown Academy, opened in 1997.

Canton

Canton is evidence of the reinvigoration of Baltimore. It is an industrial area that has been revitalized and converted into residential and commercial properties. It's full of condos, apartments, marinas and high quality restaurants and bars. It's a lively, buzzing area of the city.

Canton is like a small town they plucked out of the middle of suburbia and dropped into a city. The neighborhood has a real sense of itself, and a real sense of community. Plus, it has a waterfront for kayaking, a huge park for outdoor concerts, a lively square, and tons of corner bars.
Cobbled streets, original brick buildings, and old-fashioned street lamps provide Fell's Point residents and visitors an old English village ambiance. Drenched in history, this charming community has the distinction of being the oldest section of Baltimore. On the National Register of Historic Places since 1969, Fell's Point was one of the nation's biggest shipbuilding hubs as far back at the 18th century and has seen wave after wave of immigrants wash up on its shores, each leaving its distinct impression on the area.

Since at least the 1970s, when Bertha's, Ledbetter's Tavern, and The Horse You Came In On Saloon set up shop, Fells Point has been a premier destination for nightlife. These days, the waterfront section of Fells is the rare area that exists both as tourist destination and as a living neighborhood, where blue-collar folks still live, work, and eat at places like Jimmy's Famous Seafood Restaurant and the lunch counter at Vikki's Deli in the Broadway Market.

Many of the immigrants in recent decades are Latinos, and they have largely transformed Upper Fells Point into a foodie destination, with outlets like Arcos and Tortilleria Sinaloa. As a result, the area, long considered a blighted corner of downtown, has begun to attract Hopkins professionals and young families from other areas of the city and has a bright future.

Brewer's Hill

Adjacent to Canton, Brewer's Hill is the neighborhood surrounding the historic renovation and adaptive reuse of two landmark breweries, the Gunther Brewery and the National Brewery, where "Natty Boh" was first brewed.

The neighborhood's architecture includes a variety of houses built between 1915 and 1920 as the city expanded eastward. The housing includes traditional Baltimore rowhouses built of redbrick and formstone. Many of the older houses have original architectural features, such as marble steps and porch fronts.
Mount Vernon

This National Register Historic District is home of the Washington Monument in Mt. Vernon Square, the first memorial to George Washington and considered to be one of the most beautiful urban sites in the world. Mount Vernon serves as the cultural center of Baltimore. Enjoy an outing at the Meyerhoff Symphony Hall, Lyric Opera House, or Center Stage. Art lovers will love browsing the treasures at The Walters Art Museum.

More than 35 restaurants serve up mouth-watering dishes representing delectable ethnic foods, romantic settings for gourmet masterpieces, fun family cuisine, and delicious deli favorites. Choose one of the many nightclubs to enjoy your favorite jazz or learn the two-step. If shopping is your passion, there are over 100 shops and 5 blocks of antiques on Antique Row.

Hampden

Hampden had its beginning in the early 1800's as a small cluster of homes for the cotton and flour mill workers who lived in the area along the Jones Falls Stream Valley. The mill business continued to grow through the 1800's bringing more people to Hampden. But by the 1970's, the mill business no longer thrived in Baltimore. Though the industry saw its demise, the buildings did not. Developers realized the potential and renovated many of these historic buildings into shops, health clubs, art studios and more. Though the area moved into modernization, it retained its small town homey atmosphere.

Charming shops for antique furniture, fine china, jewelry and art galleries, as well as a delightful selection of restaurants have sprung up along The Avenue in the heart of the shopping area.

Hampden is home to the annual Bawlmer HonFest. "Hon" is a term of endearment that embodies the warmth and affection bestowed upon neighbors and visitors alike by historic working-women of Baltimore. HonFest is an annual celebration in honor of these women.
Station North

Station North is an official arts and entertainment district in Baltimore. The neighborhood is marked by a combination of artistically-leaning commercial ventures, such as theaters and museums, as well as formerly abandoned warehouses that have since been converted into loft-style living.

The old hipster destinations (The Charles Theatre, Club Charles, Everyman Theatre, and Tapas Teatro) have been joined by a slew of newer galleries, cafes, bookstores, and theaters that have popped up like dandelions through the sidewalk.

Woodberry

Though the neighborhood is listed on the National Register of Historic Places, it wasn’t until a few years ago that Hampden denizens and artists migrated west and made Woodberry a neighborhood of its own. During the 1890s, about 4,000 people were employed in the various cotton mills in the area. Today, many of these mills make perfect settings for galleries, shops, apartments, and offices.

In certain parts of Woodberry—with its stone houses and woodsy surroundings—it’s easy to forget you’re in Baltimore City. But, look closer, and hip city life abounds: dining at nationally recognized farm-to-table restaurant Woodberry Kitchen; touring the studio of renowned glass blowing artist Anthony Corradetti; hopping on the neighborhood’s Light Rail stop to head downtown; or working out at the expansive Meadow Mill Athletic Club. It’s this best-of-both-worlds vibe that makes Woodberry the city’s newest mecca.
Hanover

Hanover was largely unknown prior to the opening of the Arundel Mills mall in November 2000. Since then, the area has seen explosive growth; shopping centers and housing developments have popped up along Arundel Mills Boulevard, which links the B-W Parkway and Route 100 to the mall.

In its over one million square feet, Arundel Mills has over 225 stores, including seventeen large anchor stores. The mall has a Medieval Times dinner theater as well as a 24-screen Egyptian-themed movie theater (that once claimed to be the most-attended movie theater in the country).

While not officially part of the mall, big box stores and major restaurant chains have sprung up in the adjacent properties. Also adjacent to the mall is Maryland Live! Casino, with almost 5,000 slot machines and over 100 table games. Inside the casino are world-class restaurants such as Bobby Flay's Burger Palace, The Prime Rib, and Phillips Seafood.

Columbia

The nation’s most successful planned community began in 1962 as 14,100 acres of rural land located midway between Baltimore and Washington DC. But with a booming, upper-middle-class population of nearly 100,000, Columbia has acquired many of the characteristics of other contemporary U.S. suburbs, such as increasingly large homes and big-box retail stores. Howard County's top-rated public schools and its proximity to both Baltimore and DC keep this community in high demand.

Columbia maintains over 3,500 acres of open space, including almost 100 miles of pathways for walking, biking and jogging. Downtown is actually a lakefront surrounded by fine restaurants and an adjacent mall, appropriately named The Mall in Columbia. Entertainment in Columbia includes Toby's Dinner Theatre, the Merriweather Post Pavilion concert venue, and Sunset Serenades in Centennial Park.
Ellicott City

The largest flour-milling center in the American colonies, Ellicott City has the last commercial grist mill in Maryland. America's first railroad terminal was built here to service the first 13 miles of track laid in the U.S. in 1831. In recent years, a new generation of young families has moved to the area because of its accessibility to downtown and, more importantly, its small-town feel.

Suburban box stores are kept a few miles away, while the downtown has the feel of an old European town. Historic Main Street is lined with local shops such as Ellicott’s Country Store, All Time Toys and the coffee shop Bean Hollow as well as fine dining in eateries such as Portalli’s. The Wine Bin offers wine tastings every weekend and hosts monthly movie nights in the parking lot during the summer.

Patapsco Valley State Park extends along 32 miles of the Patapsco River, encompassing 16,043 acres and eight developed recreational areas. Recreational opportunities include hiking, fishing, camping, canoeing, horseback and mountain bike trails, as well as picnicking for individuals or large groups in the park’s many popular pavilions. Benjamin Banneker Historical Park & Museum honors the scientist, astronomer, mathematician, abolitionist, surveyor, farmer, and publisher on the site of his former farmstead. The historical park offers a diverse array of educational exhibits, performance and environmental programs as well as trails and horticultural demonstration areas.

Annapolis

Thirty minutes from Baltimore is Annapolis, Maryland's state capital (and for a brief period in 1783-84, the nation’s capital). With stately Victorian and Georgian mansions on narrow, cobblestone streets, chic boutiques, great food, and water everywhere, locals are learning to share with an influx of young singles and families drawn to the historic hub.

Annapolis is home to one of the top nightclubs in the country, Rams Head Tavern. But the water is the city's highlight, and you'll see "middies" from the United States Naval Academy throughout the town. A small, narrow waterway leads to the heart of the city - "Ego Alley"
got its name from the endless parade of boats and yachts that traverse this dead end canal only to see and be seen. And be sure to judge who has the better crab cakes: Cantler’s Riverside Inn or Mike’s Bar & Crab House.
Directions to The Johns Hopkins Medical Campus

**Visitor Parking** is available at the Orleans Garage (1795 Orleans Street) across the street from the Main Entrance of the hospital, and also at the McElready Garage (Outpatient Center Garage) located on McElready Street just off Caroline Street.

**Valet Parking** is available at the Hospital’s main entrance on Orleans Street; the Outpatient Center (Outpatient Center circle); and the Weinberg Building on Jefferson Street (Sidney Kimmel Cancer Center). Phone: 410-955-5333.

**From Washington, D.C., Virginia and the I-95 access at BWI Airport**

- Take I-95 North to Exit 53 (I-395 North) into downtown Baltimore.
- Continue straight on I-395 (stay left at fork; turns into Howard Street).
- Turn RIGHT onto Pratt Street.
- Continue on Pratt for approximately 1.5 miles to Broadway; turn LEFT on Broadway…

Hospital Parking (Orleans Garage):
- From Broadway, turn RIGHT onto Orleans Street.
- Turn RIGHT into the Orleans Garage (at the Orleans Garage traffic light).
- After parking, take the elevator to Level 4 (Main Level) and proceed across the enclosed pedestrian bridge to the main hospital.

**From Philadelphia, New York and Northeastern Baltimore Suburbs**
- Take I-95 South to Baltimore; merge onto I-895 South.
- From I-895 South, take Exit 14/Moravia Road; turn LEFT onto Moravia Road at the traffic light at the end of the exit.
- Turn RIGHT onto the US-40 West/Pulaski Highway ramp.

Hospital Parking (Orleans Garage):
- Continue on US-40 West/Pulaski Highway (turns into Orleans Street) approximately 3 miles to N. Wolfe Street.
- Immediately after crossing N. Wolfe Street, turn LEFT at the Orleans Garage traffic light (the hospital will be on your right).
- After parking, take the elevator to Level 4 and proceed across the enclosed pedestrian bridge to the main hospital.

**From York, Central Pennsylvania and Northern Baltimore Suburbs**
- Take I-83 South into Baltimore.
- At the end of the freeway, turn LEFT onto Fayette Street.
- Continue on Fayette Street to Broadway and turn LEFT…

Hospital Parking (Orleans Garage):
- From Broadway, turn RIGHT onto Orleans Street.
- Turn RIGHT into the Orleans Garage (at the Orleans Garage traffic light).
- After parking, take the elevator to Level 4 and proceed across the enclosed pedestrian bridge to the main hospital.

**From Annapolis and Maryland’s Eastern Shore**
- From Route 50, take I-97 toward Baltimore and follow I-97 to the Baltimore Beltway (I-695) toward Towson.
- Follow I-295 into Baltimore (it becomes Russell Street).
- Turn RIGHT on Pratt Street.
- Stay on Pratt for approximately 1.5 miles to Broadway; turn LEFT on Broadway…

Hospital Parking (Orleans Garage):
- From Broadway, turn RIGHT onto Orleans Street.
- Turn RIGHT into the Orleans Garage (at the Orleans Garage traffic light).
- After parking, take the elevator to Level 4 and proceed across the enclosed pedestrian bridge to the main hospital.
**From Frederick and Western Maryland**

- Take I-70 East.
- Take Exit 11A-11B for I-95 North/I-95 South toward Baltimore/Washington; keep left at the fork and merge onto I-95 North.
- Take I-95 North to Exit 53 (I-395 North) into downtown Baltimore.
- Continue straight on I-395 (stay left at fork; turns into Howard Street).
- Turn RIGHT onto Pratt Street.
- Continue on Pratt for approximately 1.5 miles to Broadway; turn LEFT on Broadway...

**Hospital Parking (Orleans Garage):**

- From Broadway, turn RIGHT onto Orleans Street.
- Turn RIGHT into the Orleans Garage (at the Orleans Garage traffic light).
- After parking, take the elevator to Level 4 and proceed across the enclosed pedestrian bridge to the main hospital.