Sample Huddle Agenda

This sample agenda covers a 15-20 minute huddle that can be held in person or virtually. Adjust it to best fit your timeframe and campaign goals.

1. **Introduction to the #everyBODYmoves Mobility-a-Thon:**
   - 2 minutes
   - Led by the #everyBODYmoves Campaign Champion

2. **Why mobility matters to your hospital/unit:**
   - 2-5 minutes
   - Share one of our patient testimonials – coming soon!
   - Share data from your unit
   - Led by a Nursing Leader (nurse manager, nurse educator, etc.)

3. **Review examples of competitions and staff engagement activities and brainstorm your own**
   - 5 minutes
   - Led by #everyBODYmoves Campaign Champion

4. **Recap and Motivation**
   - 1-2 minutes
   - Led by #everyBODYmoves Campaign Champion
   - Tie it all together

5. **Next Steps and Thank You**
   - 3-5 minutes
   - Led by #everyBODYmoves Campaign Champion
   - Discuss goals for this year’s campaign
   - Narrow down ideas for the unit campaign

**Thank you!**

For questions and more information, contact hopkinsAMP@jhmi.edu or follow us @HopkinsAMP on Twitter.