

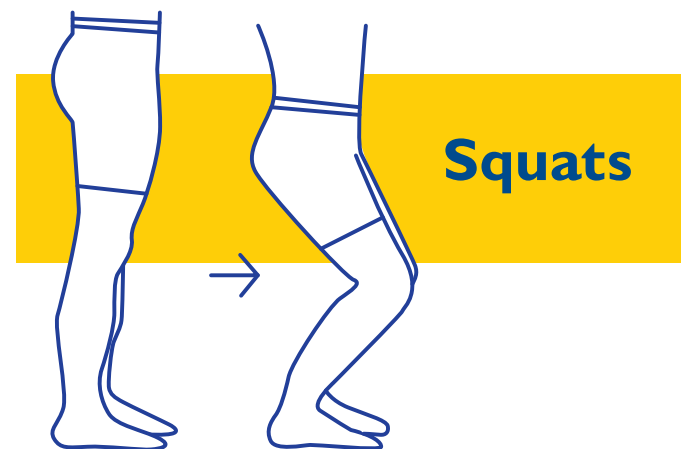
MOBILITY MATTERS

STANDING EXERCISES

FOR JH-HLM LEVELS



If your patient is able to get out of bed, stand, or walk without assistance, encourage them to practice these exercises three times per day.



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