What is the Cancer Rehabilitation Program?
This program is designed to address your desire to achieve an active life. Your rehab will continue outside the hospital setting.

Why would I come to cancer rehabilitation?
This program is for patients/survivors who are looking to maintain a safe level of activity during treatment and want to be able to maximize return to daily activities (work, family, physical activities) after treatment.

Am I a candidate for cancer rehabilitation?
If you have any problems that you did not have prior to your diagnosis, particularly if they interfere with ability to perform daily tasks or your quality of life, you are a candidate for cancer rehabilitation.

Frequently Asked Questions

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What kind of therapy will I receive?
Consultations are available with Physiatry, Physical Therapy and Occupational Therapy. We also have other services, such as Rehabilitation Psychology and Speech-Language Pathology should you need them.

What types of diagnoses do you see?
We see a wide range of diagnoses, including but not limited to: prostate cancer, lung cancer, breast cancer, spine and brain tumors, leukemia, head and neck cancer, lymphoma, bladder cancer, bone cancers and colon and rectal cancer.

Our rehabilitation team has specialized training to work with individuals for a variety of conditions, including:
- Fatigue
- Weakness
- Poor endurance
- Decline in balance
- Postural changes
- Joint stiffness
- Pain
- Difficulty with walking
- Numbness in feet or hands
- Difficulty with memory or concentration
- Difficulty with speech or swallowing

We also offer specialty programs for lymphedema management and bowel, bladder or sexual dysfunction.
At Johns Hopkins, our goal is to improve daily function and quality of life for the cancer survivor. Together with you, our team of dedicated rehabilitation professionals—with specialty training in cancer rehabilitation—will design a program to address your current needs and future goals during and after cancer treatment.

We offer convenient hours at several locations:

**Locations:**

- **The Johns Hopkins Hospital**  
  Meyer 1-130  
  600 N. Wolfe Street  
  Baltimore, MD 21287  
  **Phone:** 410-614-3234

- **Odenton Clinic**  
  1132 Annapolis Road  
  Suite 101  
  Odenton, MD 21113  
  **Phone:** 410-874-1700

- **White Marsh Clinic**  
  4924 Campbell Blvd.  
  Suite 130-A  
  Nottingham, MD 21236  
  **Phone:** 443-442-3800

  *Physical Therapy, Lymphedema Therapy and Pelvic Health Therapy*

We accept most major insurances and work closely with our patients to verify benefits and accommodate individual needs.

Visit us online:  
[hopkinsmedicine.org/PMR](http://hopkinsmedicine.org/PMR)