Recovery from complex medical conditions requires hard work, for both patients and their rehabilitation caregivers. The team at The Johns Hopkins Hospital’s Comprehensive Integrated Inpatient Rehabilitation Program (CIIRP) is committed to providing the physical and emotional support needed to help our patients regain control of their lives.

This multidisciplinary team cares for individuals experiencing disability as a result of a complex medical condition, including heart and lung surgery, transplantation, and cancer. The team includes:

- A highly skilled group of professionals who plan each patient’s care under the direction of a rehabilitation physician (physiatrist) from the Johns Hopkins University School of Medicine
- Physical and occupational therapists and speech-language pathologists who plan therapies and activities designed to improve each patient’s functional skills
- Case managers, rehabilitation nurses and nursing assistants who assist with care coordination and help the patient and his/her family understand the recovery process

The team is uniquely suited to provide intensive rehabilitation, medical management and guidance through the continuum of care for patients whose daily activities may have been impacted due to complex illness or injury. Because CIIRP is located within The Johns Hopkins Hospital, patients have access to all other medical specialties, should the need arise.

For more information or to speak with one of our rehabilitation clinical customer service coordinators, please call 443-444-4701.
Our clinical staff members work together as an interdisciplinary team to design a unique rehabilitation program for each patient. The team helps patients attain their highest levels of function and independence.

**Core goals of rehabilitation include:**
- Involving the patient and his/her family in discharge planning and the development of realistic expectations for recovery.
- Assessing the patient’s ability to function, with instruction in transfers and mobility.
- Increasing the patient’s overall strength, endurance, flexibility and range of motion.
- Managing pain.
- Designing a home exercise program to maintain range of motion and prevent tightness in joints and muscles.
- Supporting the patient and his/her family as they learn to adjust to the patient’s physical limitations.
- Determining home equipment needs and coordinating outpatient rehabilitation services and community resources as needed.

**Referral and Admission**

Prior to admission, patients who are referred to CIIRP are evaluated by a rehabilitation nurse or physician to determine if they can benefit from intensive rehabilitation services.

**Specifically, patients should:**
- Be medically stable and able to participate in and benefit from an intensive, structured rehabilitation program.
- Be limited in mobility, self-care and/or the ability to function independently in a safe manner.
- Have plans upon discharge from the program.

**Insurance and Financial Arrangements**

The admission process includes verifying insurance and obtaining pre-certification and authorization to treat prior to admission. A deposit may be required on the difference between the amount covered by insurance and the estimated charges. In cases where insurance and personal resources are inadequate to meet anticipated expenses, we will provide financial counseling to patients and families.