

COBBLESTONE CAFÉ WEEKLY MENU



WEEK OF:	Monday	Tuesday	Wednesday	Thursday	Friday	
Monday, August 30, 2021	Super Bowl Mediterranean Bowl	Chef's Table Balsamic Pork Tenderloin Roasted Butternut Squash Cabbage w/Bacon Fresh Fruit	Sauteed Chicken w/Spinach & Mozzarella, Red Pepper Coulis Barley Pilaf Steamed Broccoli Fresh Fruit & Whole Wheat Dinner Roll	Pot Roast Roasted Potatoes Carrots, Celery & Onions Fresh Fruit Whole Wheat Dinner Roll	Curry Chicken Cumin Scented Rice Steamed Broccoli Roasted Carrots Fresh Fruit & Whole Wheat Dinner Roll	Blackened Salmon Roasted Red Potatoes Grilled Asparagus Fresh Fruit Whole Wheat Dinner Roll

WEEK OF:	Monday	Tuesday	Wednesday	Thursday	Friday	
Monday, September 6, 2021	Super Bowl Bibimbap Bowl	Chef's Table Grilled Chicken Breast w/ Mango Pineapple Salsa Rice Cilantro & Corn Roasted Asparagus Whole Fruit Wheat Roll	Steak Flank w/Chimichurri Sauce Brussels Sprouts Roasted w/Parmesan Salad Arugula w/Orange Pecan & Fenel Whole Fruit	Horseradish-Crusted Salmon Risotto-Style Israeli CousCous Asparagus Roasted w/Roasted Tomatoes Whole Fruit	Turkey Breast Cutlet Brined Apple Cider Potato Sweet Wedges Roasted Blanched Green Beans Whole Fruit	Shrimp & Grits Braised Collard Greens Wheat Dinner Roll Whole Fruit

WEEK OF:	Monday	Tuesday	Wednesday	Thursday	Friday	
Monday, September 13, 2021	Super Bowl Burrito Bowl <i>(Hispanic Heritage Month Special)</i>	Chef's Table Balsamic Pork Tenderloin Roasted Butternut Squash Cabbage w/Bacon Fresh Fruit	Sauteed Chicken w/Spinach & Mozzarella, Red Pepper Coulis Barley Pilaf Steamed Broccoli Fresh Fruit & Whole Wheat Dinner Roll	Pot Roast Roasted Potatoes Carrots, Celery & Onions Fresh Fruit Whole Wheat Dinner Roll	Curry Chicken Cumin Scented Rice Steamed Broccoli Roasted Carrots Fresh Fruit & Whole Wheat Dinner Roll	Blackened Salmon Roasted Red Potatoes Grilled Asparagus Fresh Fruit Whole Wheat Dinner Roll

WEEK OF:	Monday	Tuesday	Wednesday	Thursday	Friday	
Monday, September 20, 2021	Super Bowl Cajun Bowl Cubano Sandwich <i>(Hispanic Heritage Month Special)</i>	Chef's Table Grilled Chicken Breast w/ Mango Pineapple Salsa Rice Cilantro & Corn Roasted Asparagus Whole Fruit Wheat Roll	Steak Flank w/Chimichurri Sauce Brussels Sprouts Roasted w/Parmesan Salad Arugula w/Orange Pecan & Fenel Whole Fruit	Horseradish-Crusted Salmon Risotto-Style Israeli CousCous Asparagus Roasted w/Roasted Tomatoes Whole Fruit	Turkey Breast Cutlet Brined Apple Cider Potato Sweet Wedges Roasted Blanched Green Beans Whole Fruit	Shrimp & Grits Braised Collard Greens Wheat Dinner Roll Whole Fruit

WEEK OF:	Monday	Tuesday	Wednesday	Thursday	Friday
Monday, September 27, 2021	Super Bowl American Bowl	Chef's Table Balsamic Pork Tenderloin Roasted Butternut Squash Cabbage w/Bacon Fresh Fruit	Sauteed Chicken w/Spinach & Mozzarella, Red Pepper Coulis Barley Pilaf Steamed Broccoli Fresh Fruit & Whole Wheat Dinner Roll	Lomo Saltado <i>(Hispanic Heritage Month Special)</i> Curry Chicken Cumin Scented Rice Steamed Broccoli Roasted Carrots Fresh Fruit & Whole Wheat Dinner Roll	Blackened Salmon Roasted Red Potatoes Grilled Asparagus Fresh Fruit Whole Wheat Dinner Roll

WEEK OF:	Monday	Tuesday	Wednesday	Thursday	Friday
Monday, October 4, 2021	Super Bowl Noodle Bowl	Chef's Table Fish Veracruz <i>(Hispanic Heritage Month Special)</i> Steak Flank w/Chimichurri Sauce Brussels Sprouts Roasted w/Parmesan Salad Arugula w/Orange Pecan & Fenel Whole Fruit	Horseradish-Crusted Salmon Risotto-Style Israeli CousCous Asparagus Roasted w/Roasted Tomatoes Whole Fruit	Turkey Breast Cutlet Brined Apple Cider Potato Sweet Wedges Roasted Blanched Green Beans Whole Fruit	Shrimp & Grits Braised Collard Greens Wheat Dinner Roll Whole Fruit

WEEK OF:	Monday	Tuesday	Wednesday	Thursday	Friday	
Monday, October 11, 2021	Super Bowl Caribbean Bowl	Chef's Table Balsamic Pork Tenderloin Roasted Butternut Squash Cabbage w/Bacon Fresh Fruit	Sauteed Chicken w/Spinach & Mozzarella, Red Pepper Coulis Barley Pilaf Steamed Broccoli Fresh Fruit & Whole Wheat Dinner Roll	Pot Roast Roasted Potatoes Carrots, Celery & Onions Fresh Fruit Whole Wheat Dinner Roll	Curry Chicken Cumin Scented Rice Steamed Broccoli Roasted Carrots Fresh Fruit & Whole Wheat Dinner Roll	Blackened Salmon Roasted Red Potatoes Grilled Asparagus Fresh Fruit Whole Wheat Dinner Roll

WEEK OF:	Monday	Tuesday	Wednesday	Thursday	Friday	
Monday, October 18, 2021	Super Bowl Indian Bowl	Chef's Table Grilled Chicken Breast w/ Mango Pineapple Salsa Rice Cilantro & Corn	Steak Flank w/Chimichurri Sauce Brussels Sprouts Roasted w/Parmesan	Horseradish-Crusted Salmon Risotto-Style Israeli CousCous	Turkey Breast Cutlet Brined Apple Cider Potato Sweet Wedges Roasted	Shrimp & Grits Braised Collard Greens

		Roasted Asparagus Whole Fruit Wheat Roll	Salad Arugula w/Orange Pecan & Fenel Whole Fruit	Asparagus Roasted w/Roasted Tomatoes Whole Fruit	Blanched Green Beans Whole Fruit	Wheat Dinner Roll Whole Fruit
		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK OF:	Super Bowl	Chef's Table				
Monday, October 25, 2021	Mediterranean Bowl	Balsamic Pork Tenderloin Roasted Butternut Squash Cabbage w/Bacon Fresh Fruit	Sauteed Chicken w/Spinach & Mozzarella, Red Pepper Coulis Barley Pilaf Steamed Broccoli Fresh Fruit & Whole Wheat Dinner Roll	Pot Roast Roasted Potatoes Carrots, Celery & Onions Fresh Fruit Whole Wheat Dinner Roll	Curry Chicken Cumin Scented Rice Steamed Broccoli Roasted Carrots Fresh Fruit & Whole Wheat Dinner Roll	Blackened Salmon Roasted Potatoes Grilled Asparagus Fresh Fruit Whole Wheat Dinner Roll
		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK OF:	Super Bowl	Chef's Table				
Monday, November 1, 2021	Burrito Bowl	Grilled Chicken Breast w/ Mango Pineapple Salsa Rice Cilatro & Corn Roasted Asparagus Whole Fruit Wheat Roll	Steak Flank w/Chimichurri Sauce Brussels Sprouts Roasted w/Parmesan Salad Arugula w/Orange Pecan & Fenel Whole Fruit	Horseradish-Crusted Salmon Risotto-Style Israeli CousCous Asparagus Roasted w/Roasted Tomatoes Whole Fruit	Turkey Breast Cutlet Brined Apple Cider Potato Sweet Wedges Roasted Blanched Green Beans Whole Fruit	Shrimp & Grits Braised Collard Greens Wheat Dinner Roll Whole Fruit
		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK OF:	Super Bowl	Chef's Table				
Monday, November 8, 2021	Bibimbap Bowl	Balsamic Pork Tenderloin Roasted Butternut Squash Cabbage w/Bacon Fresh Fruit	Sauteed Chicken w/Spinach & Mozzarella, Red Pepper Coulis Barley Pilaf Steamed Broccoli Fresh Fruit & Whole Wheat Dinner Roll	Pot Roast Roasted Potatoes Carrots, Celery & Onions Fresh Fruit Whole Wheat Dinner Roll	Curry Chicken Cumin Scented Rice Steamed Broccoli Roasted Carrots Fresh Fruit & Whole Wheat Dinner Roll	Blackened Salmon Roasted Potatoes Grilled Asparagus Fresh Fruit Whole Wheat Dinner Roll
		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK OF:	Super Bowl	Chef's Table				
Monday, November 15, 2021	Cajun Bowl	Grilled Chicken Breast w/ Mango Pineapple Salsa Rice Cilatro & Corn Roasted Asparagus Whole Fruit Wheat Roll	Steak Flank w/Chimichurri Sauce Brussels Sprouts Roasted w/Parmesan Salad Arugula w/Orange Pecan & Fenel Whole Fruit	Horseradish-Crusted Salmon Risotto-Style Israeli CousCous Asparagus Roasted w/Roasted Tomatoes Whole Fruit	Turkey Breast Cutlet Brined Apple Cider Potato Sweet Wedges Roasted Blanched Green Beans Whole Fruit	Shrimp & Grits Braised Collard Greens Wheat Dinner Roll Whole Fruit
		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK OF:	Super Bowl	Chef's Table				
Monday, November 22, 2021	American Bowl	Balsamic Pork Tenderloin Roasted Butternut Squash Cabbage w/Bacon Fresh Fruit	Sauteed Chicken w/Spinach & Mozzarella, Red Pepper Coulis Barley Pilaf Steamed Broccoli Fresh Fruit & Whole Wheat Dinner Roll	Pot Roast Roasted Potatoes Carrots, Celery & Onions Fresh Fruit Whole Wheat Dinner Roll	Curry Chicken Cumin Scented Rice Steamed Broccoli Roasted Carrots Fresh Fruit & Whole Wheat Dinner Roll	Blackened Salmon Roasted Potatoes Grilled Asparagus Fresh Fruit Whole Wheat Dinner Roll
		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK OF:	Super Bowl	Chef's Table				
Monday, November 29, 2021	Noodle Bowl	Grilled Chicken Breast w/ Mango Pineapple Salsa Rice Cilatro & Corn Roasted Asparagus Whole Fruit Wheat Roll	Steak Flank w/Chimichurri Sauce Brussels Sprouts Roasted w/Parmesan Salad Arugula w/Orange Pecan & Fenel Whole Fruit	Horseradish-Crusted Salmon Risotto-Style Israeli CousCous Asparagus Roasted w/Roasted Tomatoes Whole Fruit	Turkey Breast Cutlet Brined Apple Cider Potato Sweet Wedges Roasted Blanched Green Beans Whole Fruit	Shrimp & Grits Braised Collard Greens Wheat Dinner Roll Whole Fruit
		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK OF:	Super Bowl	Chef's Table				
Monday, December 6, 2021	Caribbean Bowl	Balsamic Pork Tenderloin Roasted Butternut Squash Cabbage w/Bacon Fresh Fruit	Sauteed Chicken w/Spinach & Mozzarella, Red Pepper Coulis Barley Pilaf Steamed Broccoli Fresh Fruit & Whole Wheat Dinner Roll	Pot Roast Roasted Potatoes Carrots, Celery & Onions Fresh Fruit Whole Wheat Dinner Roll	Curry Chicken Cumin Scented Rice Steamed Broccoli Roasted Carrots Fresh Fruit & Whole Wheat Dinner Roll	Blackened Salmon Roasted Potatoes Grilled Asparagus Fresh Fruit Whole Wheat Dinner Roll
		Monday	Tuesday	Wednesday	Thursday	Friday
WEEK OF:	Super Bowl	Chef's Table				
		Grilled Chicken Breast w/ Mango Pineapple Salsa	Steak Flank w/Chimichurri Sauce	Horseradish-Crusted Salmon	Turkey Breast Cutlet Brined Apple Cider	Shrimp & Grits

<p>Monday, December 13, 2021</p>	<p>Mediterranean Bowl</p>	<p>Rice Cilatro & Corn Roasted Asparagus Whole Fruit Wheat Roll</p>	<p>Brussels Sprouts Roasted w/Parmesan Salad Arugula w/Orange Pecan & Fenel Whole Fruit</p>	<p>Risotto-Style Israeli CousCous Asparagus Roasted w/Roasted Tomatoes Whole Fruit</p>	<p>Potato Sweet Wedges Roasted Blanched Green Beans Whole Fruit</p>	<p>Braised Collard Greens Wheat Dinner Roll Whole Fruit</p>
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