

Psychosocial Rounds Focus:

The overall goal of this series is to provide a forum for us to debrief cases that have had a personal impact on each of us so that we can learn from them. To do this we will focus on our own responses to challenging cases, rather than reviewing best-practice management strategies in a cognitive way as we might in another setting (e.g., IDT meeting).

Presenter Guidelines:

Step 1: Select a case you would like to present to the group.

Choose a case that you found particularly meaningful, challenging, and/or difficult personally – a case that was on your mind more than others, or that just “struck a nerve” in one way or another.

Step 2: Invite other care providers to co-present with you. This can be any other health care providers who have also interacted with this patient/family and can share their own perspective on the case.

Some ideas for possible co-presenters: other palliative care providers (doctor, APP, SW, nurse, chaplain), floor/unit nurses or social workers, hospice care providers

Step 3: Reflect on the case in preparation for presenting to the group

- Refresh your memory of the general events of the case.
- In addition to the objective events, try to recall your own responses to the case at the time.
Note if you find yourself feeling differently about it now.
- Consider the following questions:
 - o What made this case particularly salient for me? What about the case made it stick with me more than others? Why was this specific case challenging for me?
 - o Which parts of the case would I consider handling differently if I had it to do over again?
 - o What aspects of this case would I like input from the group on?
 - o What did I learn from this case that has affected (or will affect) my future practice?

Step 4: Present the case to the group with your colleagues

- Begin with the objective aspects of the case for a few minutes (max 3 min)
- Share your reflections and central theme(s) with the group for ~10 minutes.
If you are looking for advice from the group, you can ask for it; if you are not, you don't have to.