The Poggi Pediatric Orthopaedic Research Fellowship

Paul D. Sponseller, MD, MBA
Department of Orthopaedic Surgery
Chief - Division of Pediatric Orthopaedics
Professor of Pediatric Orthopaedic Surgery
Johns Hopkins Medicine

John E. Tis, MD
Ranjit A. Varghese, MBBS
R. Jay Lee, MD
Laura W. Lewallen, MD
The Poggi Fellowship Award

Award Details:
The Johns Hopkins Poggi Pediatric Orthopaedic Research Scholar Award promotes clinical research by giving extraordinary medical students the opportunity to investigate pertinent topics in clinical orthopaedic research at The Johns Hopkins Children's Center in Baltimore, MD. While there are many year-out programs for medical students to conduct research, this award is rare in that it is a fully funded opportunity specifically designed for students pursuing a career in orthopaedic surgery. The Poggi Fellowship focuses on giving its medical students clinical research opportunities, advanced orthopaedic skills through weekly clinical exposure, and mentoring for residency applications and beyond.

Department of Pediatric Orthopaedics at The Johns Hopkins Hospital:
The Johns Hopkins Children's Center offers one of the most comprehensive pediatric medical programs in the country, with more than 92,000 patient visits and nearly 9,000 admissions each year. Johns Hopkins Children Center is consistently ranked among the top children's hospitals in the nation by U.S. News & World Report. The Division of Pediatric Orthopaedics at The Johns Hopkins Children's Center offers a wide variety of state-of-the-art services for children and adolescents in a compassionate and caring environment. Division faculty and staff are leaders in their fields, whether as educators, clinicians, surgeons, or researchers. The division's faculty provide expertise in diagnosing and treating a wide variety of bone-related growth problems, including dwarfism, scoliosis, Marfan Syndrome, and skeletal dysplasias. In addition to its surgical and clinical offerings, the division also has ongoing basic sciences studies on bladder exstrophy and on tibial osteotomies for partial ACL tears.

Eligibility:
Applicants should be completing their third year of medical school (in rare circumstances, uniquely qualified students finishing their second year may be considered). Students must be in good academic standing and have an interest in pursuing a career in orthopaedic surgery. The successful applicant will be responsible, self-motivated, intellectually curious, and able to work independently.

Award Stipend and Benefits:
The recipient of this award will receive a $30,000 stipend to cover living expenses for the year, as well as travel expenses for national presentations.

How to Apply:
Eligible students can apply by filling out the application located online at http://www.hopkinsmedicine.org/orthopaedic-surgery/education/fellowships/peds-ortho-med-student.html, along with sending all supporting documents by email to PoggiFellowship@jhmi.edu. The application opens on November 11, 2019 and closes at 11:59pm EST on January 25, 2020.

Additional questions may be sent to PoggiFellowship@jhmi.edu.
The Poggi Fellowship
Research

The Poggi Pediatric Orthopaedic Fellowship’s goal is to launch the careers of tomorrow’s leaders. This funded year of research is designed for medical students between their third and fourth years pursuing a career in orthopaedic surgery. There are three components to the program: research, clinical exposure, and mentoring.

The Poggi Fellow will be involved in retrospective and prospective, single-center and multi-center research projects. The research is designed to answer questions and solve problems in the area of pediatric orthopaedic trauma, sports medicine, spine, hip and hand disorders, patient safety, and healthcare quality and value, as well as medical economics. Students meet with Dr. Sponseller and Pediatric Faculty several times weekly to assure satisfactory supervision and mentorship.

There is a long-established clinical research office in the Pediatric Orthopaedic Surgery Department at The Johns Hopkins Children’s Center. A few of the benefits of doing clinical research in our Department include the following:

• An orthopaedic research coordinator who will help Poggi Fellows design and complete IRBs, adhere to department and Johns Hopkins Research policies, review clinical data, measure X-rays, and complete manuscripts for publication. She offers crucial assistance to new students and researchers who join the department
• Active and engaged academic/surgical faculty who are well-known in the orthopaedic community
• Weekly clinical conferences, visiting speakers, monthly journal club, and many other educational events to inspire and educate medical student researchers
• A high-volume clinical practice (more than 15,000 outpatient visits, 500 in-patient visits, and 1,000 surgical procedures annually) that allows the Poggi Fellows to shadow and gain clinical exposure to inspire research ideas.
• A faculty member with an MBA, who can assist the Poggi Fellows with study design, statistical analysis, and designing healthcare quality, value, and medical economics projects

Completed projects by Poggi Fellows will be submitted for publication in the best orthopaedic journals and presentations at national and international conferences. In many cases, Poggi Fellows present their research at these national meetings. Additionally, there are several annual Department research meetings and an opportunity to present to the entire Johns Hopkins Pediatric Orthopaedic Division at the year-end orthopaedic research symposium.
The second component of this program includes robust clinical exposure. Poggi Fellows participate actively in the outpatient clinical program. There are weekly outpatient clinics where the Poggi Fellows will be trained and mentored. Poggi Fellows see patients alongside the pediatric orthopaedic faculty, developing mastery of pediatric physical exam of fractures, shoulders, knees, spines, and hips, image interpretation, and decision-making. By the end of the year, Poggi Fellows should function independently in the clinic.

In addition, there is an opportunity to observe surgical procedures. Poggi Fellows are welcomed and encouraged to attend a variety of clinical conferences including didactic lectures, case presentation conferences, Orthopaedic Grand Rounds, and a variety of clinical research journal clubs attended by faculty, students, residents and fellows. With the experience in clinic, observation in the operating room, attendance at conferences, and the interaction with the Johns Hopkins orthopaedic residents and fellows, Poggi Fellows will advance to the next level of their training ahead of those students who have not had such an immersive experience.
The Department of Orthopaedic Surgery at the Johns Hopkins Children’s Center has a very active clinical and biomedical research program that offers stimulating opportunities. The Orthopaedics Department also has its own dedicated editorial team and a media specialist. All attending physicians in our program are involved in research and available as mentors.

The Poggi Fellows and Orthopaedic Research:
The Poggi Fellows are a central part of the orthopaedic research team, playing a major role in the department’s research efforts. Poggi Fellows are trained within the Good Clinical Practice (GCP) guidelines including protection of human research subjects, with particular emphasis on pediatrics. Poggi Fellows are guided through the clinical research process from the development of a hypothesis to data collection and manuscript writing. Poggi Fellows have the opportunity to work independently in bringing their projects to completion. It is our intention that multiple publications result from the year’s effort.
Dr. Sponseller is the director of the Division of Orthopaedics and has been at the Johns Hopkins Children’s Center for more than 30 years. He earned his medical degree at the University of Michigan, and he completed residency at the University of Wisconsin. At Boston Children’s Hospital, Dr. Sponseller completed a fellowship in pediatric orthopaedics. More recently, he earned both a Master of Science degree in Business of Medicine and a Master of Business Administration at Johns Hopkins University.

Dr. Sponseller’s special interests include spine deformity, pediatric trauma, Marfan syndrome, bladder exstrophy, and hip disorders. He has been awarded the Arthur H. Heune Award for career research by the Pediatric Orthopaedic Society of North America (POSNA). In addition, he has received the Yamaguchi Award for best paper in pediatrics by the American Urological Association (AUA). He is the current President of the Scoliosis Research Society (SRS) and has served as the research committee chair for the Pediatric Orthopaedic Society of North America (POSNA). He is the Deputy Editor for Pediatrics of the Journal of Bone and Joint Surgeons (JBJS). He has more than 200 publications.

Honored on several occasions for his excellence in teaching and research, Dr. Sponseller was named Outstanding Teacher by the Union Memorial Orthopaedic Program and was twice awarded Teacher of the Year in Orthopaedic Surgery by The Johns Hopkins Hospital. Dr. Sponseller has traveled to Guyana, South America on three separate occasions to volunteer as a pediatric orthopaedic surgeon for Project Dawn while simultaneously teaching medical students, residents, and fellows.
Dr. Tis has been on the Hopkins faculty for 10 years, after having done 5 years of active military duty, including tours of Iraq and Afghanistan. His interests include pediatric sports medicine and hip arthroscopy. Dr. Tis earned his medical degree at Georgetown University and completed his residency at Walter Reed Army Medical Center. After his military service, he completed a fellowship in pediatric orthopaedics at Pediatric Orthopaedic and Scoliosis Specialists of San Diego.

Dr. Varghese has been at Hopkins for 6 years. His interests include cerebral palsy, clubfoot, and hip dysplasia. He earned his medical degree at Kasturba Medical College in Mangalore, India and completed a residency in orthopaedic surgery at Kasturba Medical College in Mangalore, India. He has completed fellowships in pediatric orthopaedic surgery at Kasturba Medical College in India, Gillette Children's Hospital, British Columbia Children's Hospital in Vancouver, and a fellowship in orthopaedic oncology at Massachusetts General Hospital.
Dr. Lee became a faculty member at Johns Hopkins in 2014. His research interests include sports medicine and resident education. Originally from California, he earned his medical degree at the Ohio State University and completed his residency in orthopaedic surgery at Hopkins. He pursued a fellowship in pediatric orthopaedics at the Children’s Hospital of Philadelphia.

Dr. Lewallen is the newest member of the department, having joined in the fall of 2019. Her clinical and academic interests include pediatric forearm and elbow fractures, post-traumatic conditions, cerebral palsy, arthrogryposis, limb deficiency, osteogenesis imperfecta, and multiple hereditary exostoses. Her medical degree is from the University of Minnesota. She completed her orthopaedic residency at the Mayo Clinic, followed by a hand fellowship at Johns Hopkins. Most recently, she completed an additional year of subspecialty training in pediatric upper extremity surgery at the Shriner’s Hospital for Children in Sacramento and Texas Scottish Rite Hospital in Dallas.
Adam Margalit, Poggi Fellow

Currently: Orthopaedic Resident at Johns Hopkins

Selected Abstracts and Presentations

- **Margalit A**, McKean G, Lee RJ, Sponseller PD. BMI Hides the Curve: Using the Scoliometer as a Referral Tool for Patients with Different BMIs. POSNA (Podium) 2016.

Selected Papers/Publications

Brian Sullivan, Poggi Fellow
July 2016 – June 2017

Selected Abstracts and Presentations


Selected Papers/Publications

- Homlar K, MD; **Sullivan BT**, BS; Sharma S, MD; Biddinger P, MD. Phosphaturic mesenchymal tumor: A single case report discussing diagnostic and therapeutic challenges of tumor induced osteomalacia. Accepted with revisions, AJSP: Reviews and Reports, August 2017.
- **Sullivan BT**, BS; Margalit A, BS; Garg V, BS; Njoku D, MD; Sponseller PD, MD. Incidence of Fractures from Perioperative Blood Pressure Cuff Use, Tourniquet Use, and Patient Positioning in Osteogenesis Imperfecta. Accepted with revisions, J Pediatr Orthop on August 2017.
- Jain A, MD; **Sullivan BT**, BS; Kuwabara A, MD; Kebaish K, MD; Sponseller PD, MD, MBA. Sacral-Alar-Iliac Fixation in Children with Neuromuscular Scoliosis: Minimum 5-Year Follow-Up. Accepted with revisions, World Neurosurgery on July 2017.
- Stroh DA, MD; **Sullivan BT**, BS; Shannon BA, MD; Sponseller PD, MD. MBA. Treatment of a Pediatric T-Type Intercondylar Humerus Fracture with Hybrid Percutaneous Pinning and External Fixation: A Case Report. 2017;Epub ahead of print, June 6.

Currently: Orthopaedic Resident at Johns Hopkins
Selected Abstracts and Presentations


- **Klyce W**, Cottrill E, Nhan DT….Sponseller PD. A Rabbit Model for Physeal Function in Bladder Exstrophy: Resection of the Pubic Symphysis Leads to Progressive Deformation of the Pelvic Skeleton. Accepted moderated poster presentation at Societies for Pediatric Urology Fall Congress, July 2018. Accepted poster to the AAOS Annual Meeting, June 2018.


Selected Papers/Publications


- **Klyce W**, Lee RJ. Pediatric Problems and Rehabilitation Geared to the Young Athlete. Baxter’s Foot and Ankle in Sport, 3rd ed. Accepted for publication, Elsevier, February 2018.

- **Klyce W**, Lee RJ. Osteochondritis Dissecans of the Knee. The 5-Minute Orthopaedic Consult, 3rd ed. Accepted for publication, Lippincott Williams & Wilkins, January 2018.

Currently: Orthopaedic Resident at Case Western
Selected Abstracts and Presentations


Selected Papers/Publications


Selected Abstracts and Presentations

- Gottlich C, Sponseller PD. "Ponte Osteotomy Essential Surgical Techniques." Submitted to JBJS EST.
- Gottlich C, Jalloh H, Sponseller PD. "Spondyloysis Repair." JBJS Essential Surgical Techniques. Accepted pending revisions.

Selected Papers/Publications

Francisco Eguia, Poggi Fellow
July 2018 – June 2019

Selected Abstracts and Presentations

- **Francisco Eguia**: Caleb Gottlich; Gilberto Lobaton; Sherif Hassan; Paul Sponseller; Rushyuan Jay Lee. “Lateral vs Crossed Pinning in Pediatric Supracondylar Humerus Fractures: No Difference in Long-Term Patient-Reported Outcomes”. Paper Presentation at AAOS 2020 Annual Meeting.

- **Francisco Eguia**: Caleb Gottlich; Sherif Hassan; Molly Vora; Walter Klyce; Jay Lee. “Radiographic Assessments of Pediatric Supracondylar Fractures and Long-Term Patient-Reported Outcomes”. Paper Presentation at AAOS 2020 Annual Meeting.


- **Francisco Eguia**: Brian Sullivan; Patrick Cahill; David Spiegel; Keith Baldwin; Suken Shah; Burt Yaszay; Peter Newton; Paul Sponseller. “Consider these Factors to End Fusion Short of the Pelvis in Children with CP”. Podium Presentation at Scoliosis Research Society (SRS) Annual Meeting 2019.


- **Francisco Eguia**: Derek Nhan; Suken Shah; Amit Jain; Amer Samdani; Burt Yaszay; Joshua Pahys; Michelle Marks; Paul Sponseller. ‘Major Perioperative Complications After Spinal Fusion Do Not Influence Health-Related Quality of Life Outcomes in Children with Cerebral Palsy’. Podium Presentation at 2019 POSNA (Pediatric Orthopaedic Society of North America).

- **Francisco Eguia**: Brian Sullivan; Patrick Cahill; David Spiegel; Keith Baldwin; Suken Shah; Burt Yaszay; Peter Newton; Paul Sponseller. “Of Cerebral Palsy Patients Fused Short of the Pelvis, What Predicts Good Radiographic Results?”. Podium Presentation at 2019 POSNA.

- **Francisco Eguia**: Caleb Gottlich; Sherif Hassan; Molly Vora; Walter Klyce; Rushyuan Jay Lee. “Pediatric Supracondylar Fractures: Do Pre/Postoperative Radiographic Criteria Predict Long-Term Outcomes?”. Podium Presentation at 2019 MOA.

Selected Papers/Publications


Currently: MS4 at Johns Hopkins University SOM
Majd Marrache 2019-2020

Medical school: American University of Beirut Medical Center
Undergraduate school and degree: American University of Beirut; B.S. in biology
Hometown: Beirut, Lebanon

I believe research is one of the most powerful tools in the hands of a surgeon. My interest in academic medicine drew me to pediatric orthopaedics at Johns Hopkins, and I was honored to have received the Poggi Fellowship. This opportunity allows me to work with leaders in the field and contribute to the orthopedic literature in a meaningful and impactful way. It also provides me with a network of amazing mentors and role models, including the faculty, residents, and prior Poggi fellows. Aside from research, I love watching and playing sports including rugby, basketball and tennis. I also enjoy traveling and outdoor activities such as hiking and kayaking.

Niyathi Prasad 2019-2020

Medical school: Washington University in St. Louis School of Medicine
Undergraduate school and degree: Emory University; B.S. in biology
Hometown: Augusta, Georgia

I was delighted to accept the position of Poggi Fellow and learn from some of the most respected orthopaedic surgeons in the country! This is an amazing opportunity to explore my interests in orthopaedics, particularly the subspecialties of pediatrics and sports, with the added ability to help advance the field overall through research! Outside of medical school, I enjoy dancing, kayaking, finding new shows and movies to watch and traveling whenever I get the chance! I also have a mouse named Daisy!

Graham Beutler 2019-2020

Medical school: Case Western Reserve University School of Medicine
Undergraduate school and degree: Tufts University; B.S. in biomedical engineering
Hometown: Westport, Connecticut

When I visited for the interview day, I was most struck by the faculty and residents’ clear focus on mentoring. The Poggi Fellowship goes beyond simply offering the opportunity and resources to complete high-quality research. I am so excited and grateful to be spending the year with the great people here at Johns Hopkins. It is truly one of the best personal and professional decisions that I have ever made. Outside of the medical world, I enjoy running, playing board games and baking. While at Tufts University, I competed in sprint events on the track and field team but have since transitioned to running longer distances in my old age. My board game collection includes 40 games and counting. I try to bake at least once per week — I like to think that my alternate career path would be a small-town baker.
Poggi Fellow Travel

Then-chief resident Jaysson Brooks, Dr. Sponseller, Amy Sponsorseller, then-resident Amit Jain, and ’15-16 Poggi Fellow Adam Margalit at the annual SRS meeting in Prague, Czech Republic

’16-17 Poggi Fellow Brian Sullivan, then-chief resident Mostafa El Dafrawy, Chief of Spine Surgery Dr. Khaled Kebaish, and Mayala Gamble, CRNP in Cape Town, South Africa for the annual IMAST meeting
The Johns Hopkins Children’s Center

Johns Hopkins’s state-of-the-art Charlotte R. Bloomberg Children’s Center building opened on May 1, 2012. Families and visitors now enter a world designed from the ground up for 21st-century pediatric medicine. From its soaring lobby and large operating rooms—equipped for the most technically complex procedures imaginable—to its spacious patient rooms and welcoming family facilities, the new building provides a hospital experience that matches the world-class medicine it affords.

The Charlotte R. Bloomberg Children’s Center for Pediatric Care features 205 private inpatient rooms including 120 acute care rooms, 85 intensive care rooms, a level 1 pediatric trauma service, pediatric burn services, 10 pediatric operating rooms, multiple playrooms, and a two-story indoor play area for patients.
The Johns Hopkins Department of Orthopaedic Surgery has been caring for patients, fostering innovation, and nurturing orthopaedic leaders for over a century. At the invitation of Dr. William Halsted, Chief of Surgery at Johns Hopkins, Dr. William S. Baer organized the first orthopaedic outpatient clinic in 1900. He graduated his first resident, Lewis C. Spencer, from the Department of Orthopaedic Surgery in 1915. Until his death in 1931, he graduated one resident annually, many of whom became leaders in American orthopaedics. One of Dr. Baer's partners in private practice, George E. Bennett, was appointed orthopaedic surgeon in charge in 1931. By 1937, one-sixth of the 150 surgeons certified as orthopaedists by the American Board of Orthopaedic Surgery had completed their residencies at Johns Hopkins.

A third partner of Drs. Baer and Bennett, Dr. R. W. Johnson, Jr. became the next program chairman. Among his many significant contributions was the organization of the Journal of Bone and Joint Surgery. Dr. Robert A. Robinson was appointed the first full-time professor of Orthopaedic Surgery at Hopkins in 1953. Under Dr. Robinson's tutelage, the residency program expanded to include additional residents, a research component, and rotations through affiliated hospitals. In 1973, with reorganization of the Department of Surgery into a section of surgical sciences, orthopaedics achieved greater organizational and financial independence with elevation to departmental status. Dr. Lee H. Riley, Jr., was appointed director of the Department in 1979 when Dr. Robinson became professor emeritus. Under Dr. Riley, the program expanded to graduate five residents annually; a new Orthopaedic Center was opened, in 1982; a rotation to the Maryland Institute for Emergency Medical Services was initiated to increase residents' experience with polytrauma; a spine service was added to the Department; and the residency program was approved for an additional year of training.

In April 1991, Dr. Richard Stauffer joined the Department of Orthopaedic Surgery as the orthopaedic surgeon in-chief. Dr. Stauffer's status as an internationally known orthopaedic surgeon enhanced the department and its involvement with the rest of the Johns Hopkins Medical Institutions. Dr. Stauffer expanded the already outstanding faculty and staff with the addition of world-renowned physicians and researchers. In 1998, Dr. John P. Kostuik, Professor of Spinal Surgery, led the department followed by Dr. Frank J. Frassica, Professor of Orthopaedic Oncology, in 2000. Dr. Frassica served as director until 2011, when Dr. James R. Ficke took over as Department Director after completing work as an orthopaedic surgeon for the United States Army.
The City of Baltimore:

Centrally located on the East Coast, Baltimore combines the advantages of a convenient urban center with access to cultural and athletic activities. A thriving community of young professionals promises important connection.

Baltimore and Medicine:

Baltimore and the Johns Hopkins School of Medicine have a history of a long, productive partnership, fostering medical innovation and leadership over the past two centuries. Hopkins, well-known for a long list of “firsts” including the first residency program, the development of CPR, and the first bone marrow transplant, boasts a diverse and highly touted medical staff.
Baltimore Sports:

Baltimore is home to both the Ravens, the two-time Super Bowl champions of the National Football League (NFL), and the Orioles, the three-time World Series champion of Major League Baseball (MLB). The Ravens’ M&T Bank Stadium offers the latest in technology, while Camden Yards is one of the most storied ballparks in professional baseball. The two stadiums are easily accessible from the Johns Hopkins campus via public transportation.

Baltimore’s Waterfront:

Baltimore’s Inner Harbor is the city’s premier tourist attraction. Here you can find the National Aquarium, Harborplace, Maryland Science Center, and a host of restaurants and shops. There is surely something for everyone to enjoy at the Inner Harbor. Other nearby attractions include Fort McHenry (birthplace of the “Star-Spangled Banner”), Lexington Market, and Walters Art Museum.
Complete the online application on the Poggi Fellowship website by 11:59pm EST on January 25, 2020.

Submit the following additional materials and any questions to PoggiFellowship@jhmi.edu

- One letter of recommendation addressed to Paul D. Sponseller, MD, MBA
- Unofficial medical school transcript
- Updated curriculum vitae
- Official USMLE Step 1 score report