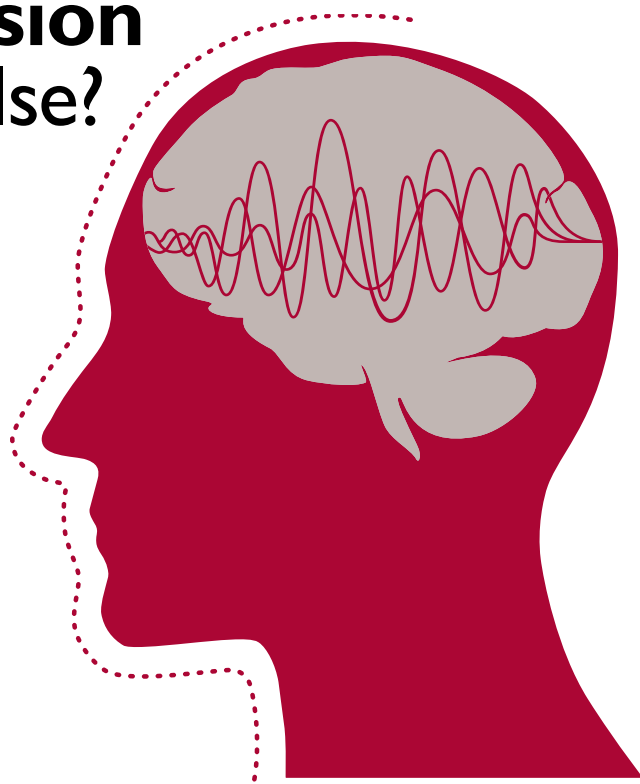


# Is It a Concussion or Something Else?

## Symptoms of a concussion

- Dizziness
- Blurred vision
- Headaches
- Difficulty concentrating
- Difficulty remembering



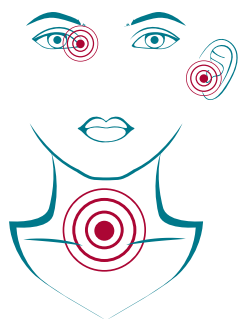
## How long have the symptoms lasted?

### LESS THAN 30 DAYS



Most people recover from a concussion within 2 to 4 weeks.

### MORE THAN 30 DAYS



The symptoms could be related to an injury in the neck, eyes or inner ear that happened at the same time as the concussion.

## Which group of symptoms continues?

Difficulty remembering



Changes in attention



Increased anxiety



Decreased mood



If you have any symptoms in this group, request an evaluation by a neuropsychologist at **410-614-3234**.

Dizziness



Difficulty reading



Neck pain



Headaches



If you have any symptoms in this group, request an evaluation by a neurophysical therapist at **410-614-3234**.