Keywords: Guidelines, preventive health

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I. ACTION

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II. POLICY DISCLAIMER

Johns Hopkins HealthCare LLC (JHHC) provides a full spectrum of health care products and services for Employer Health Programs, Priority Partners, Advantage MD and US Family Health Plan. Each line of business possesses its own unique contract and guidelines which, for benefit and payment purposes, should be consulted first to know what benefits are available for coverage.

Specific contract benefits, guidelines or policies supersede the information outlined in this policy.

III. POLICY

A. Johns Hopkins HealthCare LLC (JHHC) seeks to enrich clinical care and administrative services in every area of the health care delivery system. Preventive Health Guidelines support the providers in screening for chronic disease and providing preventive care.

B. All JHHC guidelines are based on national medical association and health organization recommendations, approved by the medical policy-making committees, and reviewed at least every two years or when national guidelines change.
IV. POLICY CRITERIA

PREVENTIVE HEALTH GUIDELINES

Care for Infants and Toddlers up to 36 months

- Centers for Disease Control. (2019). CDC Infants and Toddlers General Information
- Centers for Disease Control. (2019). Recommended Immunizations for Children from Birth through 6 Years Old
- Centers for Disease Control. (2019). Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger

Care for Children 4-11 years old

- Centers for Disease Control. (2019). CDC Children (Approximate Ages 4-11) General Information
- Centers for Disease Control. (2019). Recommended Immunizations for Children from Birth through 6 Years Old
- Centers for Disease Control. (2019). Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger

Care for Adolescents and Teens 12-19 years old:

- Centers for Disease Control. (2019). Recommended Immunizations for Adults by Age
- Centers for Disease Control. (2019). Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger
- Centers for Disease Control. (2019). Recommended Immunizations for Adults: By Age and Health Condition

Care for Adults 20-64 years old

- Centers for Disease Control. (2019). Recommended Immunization Schedule for Adults Aged 19 Years or Older
- Centers for Disease Control. (2019). Recommended Immunization Schedule for Adults Aged 19 Years or Older and General Information
- Centers for Disease Control. (2019). Recommended Immunizations for Adults by Age
- Centers for Disease Control. (2019). Recommended Immunizations for Adults: By Age and Health Condition

Care for Adults 65 years and older

- Office of Disease Prevention and Health Promotion. (2019). Understanding the Health of Older Adults
- Centers for Disease Control. (2019). Recommended Immunizations for Adults by Age
- Centers for Disease Control. (2019). Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger
- Office of Disease Prevention and Health Promotion. (2019). Understanding the Health of Older Adults
Guidelines for various age groups

- U.S. Preventive Services Task Force. (Nov 2019). General Health Recommendations
- U.S. Preventive Services Task Force. (October 2015). Screening for High Blood Pressure in Adults
- American Cancer Society. (May 2018). Colorectal Cancer Screening

The following evidence-based preventive health guidelines listed below are specific to the line of business as indicated:

**USFHP:**


**PRIORITY PARTNERS:**


**ADVANTAGE MD:**


**V. DEFINITIONS**

*Preventive Health Guideline:* A document created by JHHC or a nationally recognized medical organization with the aim of guiding decisions and providing criteria regarding preventive health care based on an examination of current evidence in the medical literature.

**VI. BACKGROUND**

Preventive care includes health services like screenings, check-ups, and patient counseling that are used to prevent disease, illnesses, and other health problems, or to detect illness at an early stage when treatment is likely to work best. Individuals that have a family history of certain diseases and those with other risk factors should discuss preventive health measures with their primary physician. Individuals that receive the recommended preventive services and who make healthy lifestyle choices are key steps to good health and well-being (Centers for Disease Control, 2019).

The American Cancer Society (May 2018) recommends Colorectal Cancer screening for people at average risk* to start regular screening at age 45. This can be done either with a sensitive test that looks for signs of cancer in a person's stool (a stool-based test), or with an exam that looks at the colon and rectum(a visual exam). (American Cancer Society, 2018).

*For screening, people are considered to be at average risk if they do not have:

- A personal history of colorectal cancer or certain types of polyps
- A family history of colorectal cancer
- A personal history of inflammatory bowel disease (ulcerative colitis or Crohn's disease)
• A confirmed or suspected hereditary colorectal cancer syndrome, such as familial adenomatous polyposis (FAP) or Lynch syndrome (hereditary non-polyposis colon cancer or HNPCC)
• A personal history of getting radiation to the abdomen (belly) or pelvic area to treat a prior cancer (American Cancer Society, 2018).

VII. REFERENCE STATEMENT
Analyses of the scientific and clinical references cited below were conducted and utilized by the Johns Hopkins HealthCare LLC (JHHC) Medical Policy Team during the development and implementation of this medical policy. The Medical Policy Team will continue to monitor and review any newly published clinical evidence and revise the policy and adjust the references below accordingly if deemed necessary.

VIII. REFERENCES


Centers for Disease Control (CDC), (February 2019). Recommended Immunizations for Adults by Age in Easy-to-read Format. Retrieved: https://www.cdc.gov/vaccines/schedules/easy-to-read/adult-easyread.html


Centers for Disease Control (CDC), (February 2019). Recommended Immunization Schedule for Adults Aged 19 Years or Older, United States, 2018. Retrieved: https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html


Centers for Disease Control (CDC), (February 2019). Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger. Retrieved: https://www.cdc.gov/vaccines/schedules


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IX. APPROVALS


Note: Additional references are embedded in the above policy criteria.