What People are Saying About the Lay Health Advocate Program

“LHA is an innovative program that equips individuals to be educated with the tools to advocate for patients, friends and neighbors. Every community needs advocacy to improve our health care system.”

“Participating in this program has been a blessing! The speakers provided information about medical conditions that have impacted my family members and friends. They explained how to provide support and encouragement to someone dealing with chronic medical conditions. This has been a life-changing experience for me.”

“This is an invaluable program. I believe that it would be of help to any faith organization or community group. I highly recommend this program to anyone in congregational leadership.”

“The LHA program is a very rewarding program that benefits individuals with chronic illness and helps them obtain resources to become educated and healthier people.”

Directions to Johns Hopkins Bayview

From points South (including BWI Airport):
Take I-95 north to the Harbor Tunnel Thruway (I-895). After exiting the tunnel, take exit 12, Lombard St. At the first stop light, proceed straight onto Bayview Blvd.

or
Take I-95 through the Fort McHenry Tunnel to exit 59, Eastern Ave. Turn left onto Eastern Ave. and proceed approximately one mile to Bayview Blvd. on the right.

From points North and East:
Take I-95 south to exit 59, Eastern Ave. Turn right onto Eastern Ave. and proceed about one mile to Bayview Blvd. on the right.

or
Take I-895 south to exit 12, Lombard St. At the first stop light, turn right onto Bayview Blvd.

Direction Line: 410-550-5748

Lay Health Advocate
A Program of the Healthy Community Partnership

Pictured above is the inaugural Lay Health Advocate class.
Living with a chronic medical condition can be overwhelming. Many patients find it helpful to have a family member or friend provide assistance and support. It is especially beneficial if that person understands the illness and treatment options.

The Lay Health Advocate Program (LHA) provides participants with the training and support that enables them to work one-on-one with individuals who need help managing chronic medical conditions. During the six-week program, participants learn about the basic aspects of caring for people with chronic illness, including topics such as:

- Establishing caring relationships
- Gathering information and reviewing treatment recommendations
- Managing medications
- Setting up home visits
- Patient privacy and HIPAA
- Advance Directives
- Making the most out of your doctor’s visit
- Fall prevention
- Community resources
- Emotional well-being

There is no cost to participate in the Lay Health Advocate Program. Classes are held on the Johns Hopkins Bayview Medical Center campus.

Role of a Lay Health Advocate

Upon completion of the program, lay health advocates will be able to assist patients with:

- Scheduling doctors’ appointments
- Monitoring medical conditions
- Understanding treatment options
- Preventing or reducing the risk of additional medical problems (e.g. injuries resulting from falls)
- Arranging follow-up health care

When appropriate, lay health advocates also may accompany patients to medical appointments.

About the Healthy Community Partnership (HCP)

The Healthy Community Partnership, an innovative program designed to enhance community health, grew out of relationships that Johns Hopkins Bayview established with a number of area religious congregations. The goals of the program are to:

- Improve access to medical care
- Offer educational programs on health topics that impact the community
- Equip individuals and groups with the resources and tools needed to become stronger advocates for good health and medical care
- Address health care disparities

Please mail this completed form to:

Johns Hopkins Bayview Medical Center
Attn: Kimberly Monson
5300 Alpha Commons Drive, Suite 347
Baltimore, MD 21224

For more information, call 410-550-1118 or e-mail kmonson1@jhmi.edu.