



Community Update

from your friends at Johns Hopkins Bayview Medical Center

July/August 2018

Calendar of Events

July 10 & 17, August 7 & 14: Weight Loss Surgery Info.

For individuals 100 pounds or more overweight who are considering weight loss surgery. This seminar is required to receive a consult for bariatric surgery.

4:30 to 6 p.m.

Johns Hopkins Bayview Medical Center

Register: 410-550-0409

July 16: Living with Type 2 Diabetes

Learn about strategies to manage blood glucose levels, the importance of making the right food choices and medications to help manage Type 2 diabetes.

5:30 p.m.

Johns Hopkins Bayview Medical Center

Register: 410-550-KNOW (5669)

July 24 & Aug. 28: ABCs of Kidney Disease

Learn about normal kidney function, the causes and stages of chronic kidney disease, the effects of kidney disease on the body and treatment options for kidney disease and failure.

5 p.m.

Johns Hopkins Bayview Medical Center

Register: 410-550-2820

August 7: Caregiver 101 Mini-Workshop

This condensed version of Caregiver 101: Family Caregiver Education, brings together family caregivers and health care professionals to discuss common issues and share ideas about caregiving.

11:30 a.m. to 2 p.m.

Johns Hopkins Bayview Medical Center

Register by July 30: 410-550-1118



Johns Hopkins Bayview Recognized for Stroke Care

Johns Hopkins Bayview achieved the American Heart Association/American Stroke Association's Gold Plus and Target: Stroke Elite Plus Honor Roll recognition in the Get With The Guidelines-Stroke® program. These distinctions recognize the Medical Center's commitment to delivering advanced stroke treatments to patients quickly and safely.

The Medical Center earned the Gold Plus Quality Achievement Award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. These measures include evaluation of the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients.

To qualify for the Target: Stroke Elite Plus Honor Roll, hospitals must meet quality measures developed to reduce the time between the patient's arrival at the hospital and treatment with the clot-buster tissue plasminogen activator, or tPA, the only drug approved by the U.S. Food and Drug Administration to treat ischemic stroke. If given intravenously in the first three hours after the start of stroke symptoms, tPA has been shown to significantly reduce the effects of stroke and lessen the chance of permanent disability.

Community Update is published 11 times a year by Johns Hopkins Bayview's Community Relations Department. **Selwyn Ray, J.D.**, director; **Meghan Rossbach**, editor and designer; **April Meise**, **Sharon Jones**, **Elaine Welkie**, contributors.

Phone: 410-550-0289; **Web:** hopkinsmedicine.org/jhbmc

Advanced New Robots Come to Johns Hopkins Bayview

Johns Hopkins Bayview now has two of the most advanced surgical robots. They enable our surgeons to use minimally invasive robotic techniques instead of performing open surgery for some colorectal, bariatric and pelvic floor procedures, as well as some complex hernia repairs.

Hands-on training is required before the new robots can report for duty in the operating room. Pictured above is urologist **Christian Pavlovich, M.D.**, learning how to work with the new equipment.



Clean Hands. Everyone, every time.

Clean Hands. Every One, Every Time.

Hand hygiene is the single most effective intervention to stop the spread of health care-related infections. It's not just the responsibility of employees—it's everyone's responsibility. That's why

Johns Hopkins Bayview's Patient and Family Advisory Council (PFAC) partnered with the burn-wound unit (BWU) and hand hygiene committee on a campaign geared toward patients and visitors.

"The goal of this campaign is to make hand hygiene a habit," says **Richard Bennett, M.D.**, president of Johns Hopkins Bayview. "When you get into your car, you buckle your seatbelt without even thinking about it. That's how we want hand hygiene to be. Every person who enters and leaves a room should automatically gel in and gel out."

Adds **Jerry Dzierwinski**, PFAC member and campaign champion, "The Medical Center already does a good job of holding employees accountable for hand hygiene. Now, we are asking our patients and visitors to support these efforts."

Upon admission, all BWU patients receive a small bottle of Purell and are encouraged to ask their visitors to sanitize their hands. Second, as staff see visitors enter the unit, they gently ask them to "gel in" before going into a patient room. And finally, during rounds, the charge nurse reminds the patient that it's okay to ask their visitors and staff if they've sanitized or washed their hands.

All of this is reinforced by visuals (*pictured above*) posted near Purell dispensers on the unit, on the small bottles given to patients and in the third floor waiting room.



You might not realize how important certain letters are until they're gone. A, B and O are the main blood types. When not enough people donate blood, As, Bs and Os may be missing from hospital shelves when a critical patient arrives.

Ensure there is an ample blood supply in our region by participating in Johns Hopkins Bayview's blood drive **August 27-29 from 7:30 a.m. to 5 p.m. in the Knott Conference Center**. Every participant will receive a meal coupon, parking pass and special gift from the Medical Center. More importantly, donors will take pride in knowing they saved up to three lives!

For more information or to schedule your life-saving donation, call **410-550-0289**.



According to the FDA, vaccines have contributed to a significant reduction in many childhood diseases, such as diphtheria, polio,

measles and whooping cough. Most immunizations begin at birth and continue through the teenage years. By following the recommended vaccination schedule, you are protecting your child from diseases that can be spread at day care or schools.

To view an immunization schedule—and to ensure sure you and your child are up-to-date on your vaccines—visit **cdc.gov/vaccines** or speak with your primary care doctor.