



# Community Update

from your friends at Johns Hopkins Bayview Medical Center

April 2018

## Calendar of Events

### April 3 & 10: Weight Loss Surgery Info.

For individuals 100 pounds or more overweight who are considering weight loss surgery. This seminar is required to receive a consult for bariatric surgery.

4:30 to 6 p.m.

Johns Hopkins Bayview Medical Center

Register: 410-550-0409

### April 9: Diabetes 101—Living with Type 2 Diabetes

For individuals who want to learn about strategies to manage blood glucose levels, the importance of making the right food choices and medications to help manage type 2 diabetes.

5:30 p.m.

Johns Hopkins Bayview Medical Center

Register: 410-550-KNOW (5669)

### April 18: Inch-by-Inch Support Group

For stroke survivors and their family members

6 to 7:30 p.m.

Johns Hopkins Bayview Medical Center

Info.: 410-550-8065

### April 24: ABCs of Kidney Disease

For individuals with kidney disease who want to learn about normal kidney function, the causes and stages of chronic kidney disease, the effects of kidney disease on the body and treatment options for kidney disease and failure.

5 p.m.

Johns Hopkins Bayview Medical Center

Register: 410-550-2820

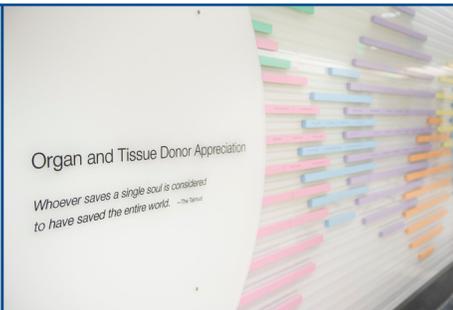
### April 28: Día del Niño/Kids' Day

Back for its 8th year on Pagoda Hill, this day is all about celebrating our youth!

11 a.m. to 2 p.m.

Pagoda Hill, Patterson Park

Info.: [pattersonpark.com/diadelnino](http://pattersonpark.com/diadelnino)



## April is Donate Life Month

With at least 115,000 people nationwide waiting for a life-saving organ transplant—including more than 3,600 people

in Maryland—Donate Life Month is a great way to bring attention to the need for organ, eye and tissue donors.

In celebration of this special month, The Living Legacy Foundation and Johns Hopkins Bayview have partnered together to host several special activities.

### Wednesday, April 4, 11 a.m.

Facebook Live Chat

[Facebook.com/johns.hopkins.medicine](https://www.facebook.com/johns.hopkins.medicine)

Join organ recipient **Clint Burns, RN**, and podcast host **Elizabeth Tracey** for a Facebook Live event that will discuss the myths and misconceptions about organ donations, living donation and how to register as a donor. Viewers can submit questions through the comments section.

### Thursday, April 5, 12 p.m.

Flag Raising

Entrance of Francis Scott Key Pavilion (red awning)

Johns Hopkins Bayview's Donor Council will raise the Living Legacy donor flag to show its appreciation for past and present donors. In addition to Medical Center and Living Legacy leadership, donor families and recipients will be present to share their stories.

Attendees can also take this opportunity to view the Organ & Tissue Donor Memorial Wall (pictured above), which is located in the lobby of the Francis Scott Key Pavilion (red awning entrance).

### Friday, April 13: National Green and Blue Day

Wear a green- and blue-colored item of clothing or accessory to show your support for organ, eye and tissue donation. Share your photos on social media using #BlueGreenDay.

To learn more about organ donation or to become a registered donor, visit [donatelifemaryland.org](http://donatelifemaryland.org).



## Breathe Easy

Lung Cancer Prevention,  
Screening and Treatment

**Friday, April 27, 2018**

9 a.m. to 3 p.m.\*

Mt. Washington Conference Center  
5801 Smith Avenue, Baltimore, MD

### Topics will include:

- Emerging uses of immunotherapy
- New options for patients with targetable mutations
- Integrative medicine (*mindfulness, diet and exercise*)
- Support for caregivers
- Surgery and radiation in stage 4 disease (*emerging options*)
- Lung cancer prevention and early detection (*screenings, smoking cessation*)
- Lung Cancer 2025: Where Are We Headed?

Local lung cancer support groups and advocacy organizations also will be on-site to provide information and resources.

**To register, call 410-550-KNOW (5669)  
or visit [hopkinsmedicine.org/healthseminars](http://hopkinsmedicine.org/healthseminars).**

SAVE A LIFE GIVE BLOOD



Blood is being distributed to hospitals as quickly as it's being donated. Nearly 44,000 blood donations are needed each and every day to meet the needs of accident victims, cancer patients and children with blood disorders. These patients and countless others rely on blood products for survival. Donating blood is a simple thing that can make a big difference in the lives of others.

Johns Hopkins Bayview is hosting an American Red Cross blood drive **April 23-25, from 7:30 a.m. to 5 p.m. in the Knott Conference Center**. Every participant will receive a parking pass, meal coupon and special gift. More important, participants will take pride in knowing they saved up to three lives!

For more information or to schedule a life-saving donation, call **410-550-0289**.



## Autism Awareness Month

Autism— also known as autism spectrum disorder (ASD)—is a disorder that causes impairment

in social interaction, as well as the presence of repetitive, restricted behaviors and interests. It is usually first diagnosed in early childhood.

According to the Centers for Disease Control and Prevention, ASD affects roughly 1 in 68 children. There is no medical test for autism. A diagnosis of autism is made by observing behaviors, and psychological and educational testing. Symptoms of autism include, but are not limited to: lack of eye contact, repetitive language or movements, inability to create friendships, and a delay or lack of spoken language.

The Adult Autism and Developmental Disorders Center at Johns Hopkins Bayview provides treatment to adult patients with known or suspected developmental disorder or disability, such as:

- ASD
- Asperger syndrome
- Fetal alcohol exposure
- Genetic disorders, such as Down's, Fragile X and others
- Cerebral palsy
- Various intellectual disabilities

The program is designed to meet the unique and complex needs of this patient population and is committed to providing expert mental health assessment and treatment in a caring and supportive environment.

For more information or to schedule an appointment, call **410-550-0104**.

*Heartfelt Thanks to Our Volunteers!*



National  
Volunteer Month

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*Community Update* is published 11 times a year by Johns Hopkins Bayview's Community Relations Department. **Selwyn Ray, J.D.**, director; **Meghan Rossbach**, editor and designer; **April Meise, Sharon Jones, Elaine Welkie**, contributors.

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