Why Can’t I Visit?

Our hospital has a new rule. This new rule is that only one adult can visit kids while in the hospital – this means no brothers, sisters, cousins, or other family members.

Why can’t I visit my brother, sister, or cousin in the hospital right now?
There is a newly discovered type of coronavirus that causes an illness called COVID-19. A lot of signs are similar to the flu, which you or someone you know may have had. The hospital made a new rule to help stop the germs from COVID-19 from spreading in our hospital. Do you have rules or directions at home or at school that you follow? Rules keep both kids and adults safe.

How can I talk to my family member while they are at the hospital?
We don’t know how long this new rule will last, so here are some ways you can talk to your family member while they are in the hospital:

- Talk on the phone
- FaceTime
- Write letters or cards
- Decorate a sign for their room

What can I do to keep people healthy?
You can help others by washing your hands, staying home if you are sick, coughing/sneezing into a tissue or your elbow, and by keeping your hands away from your face to help stop germs from spreading.