

JOHNS HOPKINS MEDICAL INSTITUTIONS
Division of Pediatric Urology
1800 Orleans Street
Baltimore, MD 21287
DR. GEARHART'S POST-OP CARE:
MEATOPLASTY/MEATOTOMY

WHILE YOU ARE STILL IN THE HOSPITAL:

- Following surgery, after your son is fully awake, he will be encouraged to drink clear liquids.
- He will be discharged from the hospital when he is tolerating fluids. Nausea and vomiting are common after anesthesia and may last for 24 hours after surgery.
- Do not worry if you see a little spotting of blood.

UPON ARRIVAL HOME:

- **DIET:**
 1. You may feed your child clear liquids (juices, jell-o, broth) and advance as tolerated, no fried/fatty foods for at least a day after surgery.
 2. Do not force feed, especially if your child is nauseous. His appetite will return to normal with time.
 3. AVOID orange juice, soda, iced tea until next post-op visit.
- **POST-OP CARE:**
 1. Your son will not have a dressing. Apply Vaseline or Lubricating Jelly to the tip of the penis several times a day, or at each diaper change.
 2. If stitches were placed, they will dissolve within a few weeks and do not need to be removed.
- **ACTIVITY:** As long as your child is comfortable he may resume regular activities and return to school the day after surgery. If he is uncomfortable he should be restricted from school and activities for a few days.
- **MEDICATION:** For any discomfort give your child Tylenol (acetaminophen) as directed or other pain medications as ordered by your doctor.
- **BATHING:** You may bathe/shower your child on the first post-op day for no longer than 5 minutes.
- **COMMON FINDINGS:**
 1. Bruising at the base of the penis and scrotum is NOT unusual and will disappear in a short period of time.
 2. Scabbing at the tip of the penis is common. This may cause the urinary stream to spray and deviate. This may take a month to disappear.
 3. If there is mild discomfort with urinations, do not be alarmed. This will resolve shortly. Encourage him to drink plenty of fluids to alleviate this discomfort. A warm bath without soap may help relieve these symptoms.

PLEASE CALL YOUR DOCTOR: If eight hours has gone by and your child has not been able to urinate or has decreased urinary output. Your child has a fever over 101.5 degrees. The most common causes of post-op fever are colds and ear infections. A fever is relatively normal 24 hours after anesthesia.

POST-OP OFFICE VISITS: Your child should be seen in the office 7-10 days after discharge, unless otherwise directed by your doctor. At the post-op visit you will be instructed on using a meatal dilator. You will need to use this twice a day for 1 month and then once a day for 1 month. Please schedule an appointment by calling the office at 410-955-6108.

IF YOU HAVE ANY QUESTIONS: Please call the clinic nurse Karen Spriggs at 410-614-6304, Monday through Friday 8AM-4PM.

AFTER HOURS OR IN THE CASE OF AN EMERGENCY, please call the residents on-call at 410-955-6070