



COVID-19 Community Testing Patient Handout

Today, you are being tested for COVID-19. We are glad you are here.

What to expect:

- During the COVID-19 test, a long swab, like a Q-tip, is placed into the very back of your nose.
- Results from the test will be ready in MyChart (patient portal) in 2-4 days (48 – 96 hours).
- If you view your results in MyChart and have a **negative result**, which means you do not have COVID-19, you will not receive a phone call with your results. But if you have any questions you can call our dedicated line for COVID-19 results at 410-740-7601 and someone will be able to assist you. If you need documentation of your negative result, you can print it from your MyChart account.
- If you have a **positive result**, which means you have COVID-19, you will receive a call from a Johns Hopkins representative within 2-4 days to notify you of your test result.
- **If you test positive**, you will be given information about COVID-19 and told to self-quarantine (separate yourself from everyone else, even your family, to prevent spread of the virus). Self-quarantine is needed while you have symptoms. You can be with others after three days with no fever and after 10 days have passed since your symptoms first appeared. You will be given information about resources to help you self-quarantine, such as hotel rooms and food delivery.
- **If you test positive**, you may receive another phone call to ask you about whom you have been in contact with. This is known as contact tracing, a process that helps prevent the spread of the virus in the community.
- **If you test positive**, depending on your symptoms, a Johns Hopkins health care provider may call several times over the next few weeks to make sure you are OK.
- **If you test negative**, it is important to know that the test does have limitations, and it is possible you have COVID-19 or previously had COVID-19. If your symptoms worsen, you should seek care or consider getting tested again.
- **Even if you test negative**, it is still very important to wear a mask in public, wash your hands frequently, and practice physical and social distancing to keep from becoming infected with the virus.
- MyChart is free and available to all Johns Hopkins Medicine patients. You can sign-up for MyChart by visiting <https://mychart.hopkinsmedicine.org/MyChart/Authentication/Login> on your phone or home computer or scan the QR Code below.
- If you are having difficulty breathing or thinking clearly, if your lips are turning blue, or if you have another emergency, go immediately to an emergency room or call 911.

