



# Access Your Port, Flush Your Port, De-access Your Port

[https://www.youtube.com/watch?v=cxqjWVHptGE&feature=emb\\_logo](https://www.youtube.com/watch?v=cxqjWVHptGE&feature=emb_logo)

For additional education please contact your agency for assistance

## Four Steps for Performing Infusions:

- Practice good hand-washing **1**    Prepare supplies and workspace **2**    Obtain access & flush **3**    De-access port **4**

### STEP 1: PRACTICE GOOD HAND-WASHING

- Always remember to **WASH YOUR HANDS** for a full 20 seconds when instructed.

### STEP 2: PREPARE SUPPLIES & WORKSPACE

- Clean workspace with cleaning solution (alcohol/sanitizing wipes or Lysol + paper towels). **WASH HANDS.**
- Gather supplies: 2 alcohol pads; Central Line dressing change kit; 1 normal saline prefilled syringe 1 huber needle; sharps container, small trash bag. **WASH HANDS.**
- Prepare supplies: Unwrap saline, remove bubbles; all other items within hands reach.
- Have a trash bag ready for your regular garbage disposal. **WASH HANDS.**
- Open the dressing change kit using sterile technique and place in a safe work area.
- Put on face mask; remove the gloves and set up the sterile drape.
- Prepare the Huber needle following sterile technique and prime the needle with saline. **WASH HANDS.**

### STEP 3: OBTAIN ACCESS AND FLUSH

- Palpate the port to identify the edges. **WASH HANDS.** Put on the sterile gloves.
- Clean the site with Chlorohexidine.
- Insert needle and obtain blood return.
- Flush the port with 10ml prefilled saline syringe.

### STEP 4: DE-ACCESS PORT

- Anchor the port with two fingers of one hand and pull the needle straight out or pinch the wings together to remove.
- Dispose in sharps container, remove gloves and mask and dispose in trash.
- WASH HANDS.**