How to Clean Hands?

Alcohol-based Hand Rubs (Purell)

Primary method for cleaning hands:
- Easier to use
- Take less time
- More effective in killing bacteria than soap and water

Soap and Water

Use when:
- Hands are visibly soiled
- After using alcohol-based hand rubs several times
- After using restroom
- Contamination with spore-forming bacteria is likely (such as C. diff)

Pump gel around the size of a quarter into palm of hand
Rub hands, covering all surfaces until dry