Have you ever been screened for prostate cancer? What were your PSA scores? Did your father have high PSA levels when he was your age? Were any of your relatives diagnosed with cancer?

Your risk doubles if your father or brother had prostate cancer and goes up further if your uncle or grandfather also had it.

Prostate-Specific Antigen Test measures a protein in your blood. Higher levels of PSA are associated with prostate cancer.

Prostate Health Index uses PSA and two PSA-related markers that help estimate your risk of prostate cancer.

PCA3 test looks for PCA3, a prostate cancer-related gene that is elevated in the urine of men with prostate cancer.

African-American men have the highest rate of prostate cancer and are twice as likely to die from it. You may also be at risk if other cancers run in your family — especially breast, colon or pancreatic cancers, which have been linked to mutations in the BRCA1 or BRCA2 genes.

Prostate cancer is the 2nd most common cancer among men. Doctors recommend that most men get screened around 55, but some men should start even sooner.

Ask your family to share medical history so everyone makes smarter screening decisions.

Eat more fruits and vegetables – and less red meat – to help reduce your risk.

Talk to your doctor about screening options if you are in a high-risk group.

Are you — or the men in your family — at an increased risk?

Prostate Cancer Risk: Pass the family history, please.

Doctors recommend that most men get screened around 55, but some men should start even sooner.

Ask your family to share medical history so everyone makes smarter screening decisions.

Eat more fruits and vegetables – and less red meat – to help reduce your risk.

Talk to your doctor about screening options if you are in a high-risk group.

Screening tests your doctor may recommend:

- PSA
- PHI
- PCA3

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Questions to ask the men in your life:

1. Have you ever been screened for prostate cancer?
2. What were your PSA scores?
3. Did your father have high PSA levels when he was your age?
4. Were any of your relatives diagnosed with cancer?